

# ST. CLARE PERPETUAL EUCHARISTIC ADORATION CHAPEL



Located at:  
St. John the Evangelist  
Catholic Church  
5301 Daylight Drive  
Evansville, Indiana  
(812)867-3718

## ST. CLARE

St. Clare, born in Assisi in 1194, lived an extraordinary life for the Lord. At a young age, she showed a yearning for a deeper spiritual life. When she was eighteen, St. Francis came to preach at her parish. Afterwards, she met with Francis and begged him to let her join in his simple lifestyle of following the gospels. Clare ran away from her noble home and traded her gown for a brown tunic.

St. Francis placed her at San Damiano where several other women soon followed in her footsteps. Due to their simple, prayerful lifestyle the women became known as the Poor Clares. Clare became a living example of poverty, humility, and mortification. In addition, she had a special devotion to the Holy Eucharist.

In 1234, the army of Fredrick II invaded Assisi by night. Clare rose from her sick bed, grabbed the Monstrance, and held the Blessed Sacrament in the window facing the approaching army. The soldiers, suddenly gripped with fear, retreated immediately. Assisians attributed their deliverance to this great woman. She died peacefully in 1253 after serving as abbess to her followers for nearly 40 years.

## SIGN UP FORM

\_\_\_\_\_  
Name

\_\_\_\_\_  
Address

\_\_\_\_\_  
City/State/Zip

\_\_\_\_\_  
Home Phone                      Cell Phone

\_\_\_\_\_  
E-mail

\_\_\_\_\_  
Day of the Week

\_\_\_\_\_  
Time of Day                      AM or PM

\_\_\_\_\_  
Second Choice of Day of the Week

\_\_\_\_\_  
Time of Day                      AM or PM

I am also willing to be a substitute Adorer:  
Yes    No

Day(s) & Time(s) Available

\_\_\_\_\_  
**PLEASE RETURN THIS TO THE PARISH  
OFFICE OR DROP IT IN THE COLLECTION  
BASKET.**

## **WHAT IS PERPETUAL EUCHARISTIC ADORATION?**

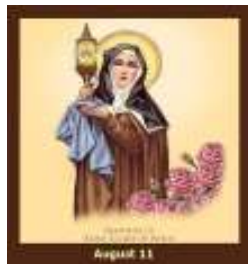
Perpetual Eucharistic Adoration is when a parish sets aside a little room, or chapel, that is open 7 days a week, 24 hours a day with permanent exposition of Jesus in the Most Blessed Sacrament.

## **WHY IS PERPETUAL EUCHARISTIC ADORATION NECESSARY?**

The more we limit the hours of Adoration, the more we limit the availability of Christ to His people. Only a few can respond to the Lord's invitation "Could you not watch one hour with Me?" when we only have one hour, or a few hours (of Adoration), during the week. The more we expand the hours the more we extend the opportunity to adorers.

## **HOW TO SPEND YOUR ADORATION TIME**

This hour of silence that Jesus wants you to spend with Him can be spent any way you want. You may bring your own prayer books, use the books in the chapel, read the Bible, pray the Rosary, or just sit, relax and enjoy the sweet peace that comes from simply being in the Presence of God. You may feel you cannot pray very well but do not let this discourage you. The mere fact that you take time out for a specific hour each week with Jesus in the Blessed Sacrament pleases Him very much, and is in itself a prayer of great faith.



## **WHY IS EXPOSITION NECESSARY?**

The difference between spending time with Jesus in the Blessed Sacrament exposed in a monstrance, rather than in the tabernacle, is the same as the difference between conversing with a friend face-to-face instead of having a closed door between you.

Most adorers say that seeing Jesus under the appearance of the Sacred Host is much more conducive to intimacy than Him being hidden in a tabernacle. It helps adorers to be faithful to their scheduled hours because they know that Jesus cannot be left alone in the Blessed Sacrament exposed in a monstrance. The scheduled adorers are guardians of the Blessed Sacrament, so their presence is necessary.

Yet the most compelling reason for exposition is because the Holy Spirit asks for it. During his Eucharistic discourse, Jesus made this unmistakably clear: "Indeed this is the will of My Heavenly Father, that everyone who looks upon the Son and believes in Him shall have eternal life. Him I will raise up on the last day." (John 6:40)

## **WHAT ARE THE BENEFITS?**

Each person that spends time in the presence of Jesus in the Most Blessed Sacrament grows in holiness. Communally, increased Mass attendance, conversions, the return of fallen away Catholics and vocations to the Priesthood and Religious Life are among the many fruits of Perpetual Eucharistic Adoration.

Through our Holy Hours of prayer, Our Holy Father declared that we are contributing to "the radical transformation of the world," the "establishing of everlasting peace," and the coming of Christ's Kingdom on Earth.

## **WHAT DO THE POPES SAY?**

The Spiritual Centre: At the height of the Second Vatican Council, Pope Paul VI wrote a prophetic encyclical entitled *Mysterium Fidei*. In the encyclical the Pope states that the Eucharist is reserved in our Church as the "spiritual centre" of the parish. In this encyclical he also writes: "Anyone, therefore, who approaches this august Sacrament with special devotion and endeavors to return generous love for Christ's own infinite love, experiences and fully understands..... how great is the value of converse with Christ, for there is nothing more consoling on earth and nothing more efficacious for advancing along the road to holiness."

Pope Paul said he wrote this encyclical "so that the hope aroused by the Council that a new era of Eucharistic piety pervade the whole Church - be not frustrated." He pleaded with Pastors and Bishops to "tirelessly" promote devotion to the Blessed Sacrament so that a new era of Eucharistic piety pervades the whole Church.

## **WHAT IF I CAN'T MAKE IT?**

A list of substitute Adorers is automatically emailed to adorers who have provided us with an email address. If, using this list, you cannot find your own substitute, please contact your Hour Coordinator or Division Leader immediately so that a substitute can be arranged. If you do not receive the substitute list by email, you can contact the church office for a list. Information packets and training for all adorers will be provided.

***"So you could not keep watch  
with me for one hour?"  
- Matthew 26:40***