



Knights of Columbus • St. Eugene Council #6753

GUMBO COOK OFF • Saturday, Oct. 27

Sale Sunday, October, 28 after Mass

See a KC member for Cook Off participation details.

Please support our KC's in their endeavors. They actively support our parishes!

Everyone can participate, not just KC's!

Planning for the next parish pilgrimage to Italy, focusing on the Eucharistic miracles of southern Italy, will take place on **Sunday, October 28, 2018 at 3:00 pm** in the **St. Joseph Hall**. The trip, lead by Fr. Jason, is scheduled for September 30—October 11, 2019, and will include visits to Rome, Orvieto-Bolsana, Assisi, Siena, Cascia, San Giovanni, Rotondo, Loreto, and Lanciano. Travel insurance is available for the trip which will cost approximately \$4,000 for 12 days.

St. Louise de Marillac Court will celebrate "**National Catholic Daughters of the Americas Day**" on **October 21, 2018** with a **membership drive following 10:45 Mass**. We look forward to seeing you outside the main entrance of the church for **refreshments**. Catholic Daughters will be present to share information about the spiritual activities and charitable causes our court supports. We invite **female parishioners, 18 years and older to join!** Look for us in purple!

St. Louise de Marillac Catholic Daughters of the Americas of St. Stephen Parish will be **selling jambalaya dinners**, on **Sunday November 4 after 10:45am Mass**. Dinners will be **\$8 a plate** and will be served first come first served. All proceeds will be sent to **Metanoia Manor** to help support their efforts to **help young adolescent victims rescued from human trafficking**. Human trafficking is real in our state. According to national statistics, one of the busiest trafficking corridors stretching from Houston to New Orleans. The victims ultimately reach virtually every corner of Louisiana. The victims of human trafficking are nothing more than income-producing property for their handlers. They have been robbed of their childhood and there is no joy in their lives. Metanoia Manor provides a place where caring adults can help these terribly damaged children heal emotionally, physically and spirituality. It is a place of recovery, of learning and of preparation to function in society when they reach adulthood. Help us help Metanoia Manor with their mission of creating a place that these children can begin the journey of changing one's mind, heart, and way of life.

Putting the Fire of the Spirit Back into Community • Preparing for the season of Advent
Sunday, Oct 21@6pm, Monday & Tuesday, Oct. 22-23@7pm • **St. Mark Catholic Church, Gonzales**
The Three Heavenly Virtues to "Light your Spirit on Fire" • Presenter: Sammy Chestovich
The three Theological Virtues, from the letters of St. Paul of Tarsus—"Faith, Hope, Charity (love)

Beneath the Weight • October 20, 2018 • 8:30am-3:30pm

Overeating begins in the mind and the mind is the place to end overeating. The program is built to end emotional eating and to achieve a new eating lifestyle that will result in permanent weight health. Participants help each other in small groups using a series of self-discover activities. Discussions are designed to be confidential, supportive and positive.

- New approach to discarding excess weight.
- No lectures. No diets. No products.
- Getting in touch with your mind about overeating.
- Bringing God on your "Journey to My Right Weight".
- Switching on your eating mindfulness.
- Overcoming sugar cravings.
- Building your own Right Weight Eating Lifestyle.
- Creating the support, you need.

A HEALTHY LUNCH WILL BE PROVIDED.

Beneath the weight was developed by Dr. Lynn Brayton, a doctor of psychology and certified nutritionist, Danielle Paciera.

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