

Choosing A Saint Name and Confirmation Saint Report Guidelines

- A name identifies you in a unique way. It identifies who you are as person. One of the traditional practices in the Church at the time of Confirmation is choosing a name that will remind you of this sacrament. Your prayerful reflection will help you determine that name.
- Look at the lives of the Saints of the Catholic Church to select one particular Saint whose life serves as a model and patron for you during your life.
- You might want to recommit yourself to your Baptismal name since it expresses the relationship that exists between these two sacraments, especially after you reflect on its meaning and discover some of the people who shared your name in Christian history OR you might want to choose the name of a saint who represents the type of Christian you wish to be; one who inspires you to strive for holiness. It is important to learn as much as you can about your patron saint. After all, you are asking this saint to be your friend and advocate for the rest of your life. You need to develop a spiritual relationship with your Saint so you can ask him or her to pray for you.
- Whether you decide to stay with your Baptismal name or pick a new name, take the time to research and explore the root meaning of the name, for as Scripture says, "God calls each of us by name."
- For more information on Saints, you are encouraged to visit the following sites:
 - <https://www.catholic.org/saints/>
 - <https://catholicsaints.info/>

Saint Report Guidelines:

- Report should be Typed and Double Spaced
- Include your Name and the Saint Name
- Answer the following questions on your Saint:
 - When and where was your Saint born?
 - What virtues does your Saint possess?
 - What works or services is your Saint known for? (i.e. missionary, doctor, teacher etc.
 - What is your Saint's Feast Day?
 - Why did you choose this Saint as your Confirmation Saint?
 - What about your Saint do you hope to imitate?