**“Jesus Transforms: A Retreat for Healing the Body, Mind and Spirit”**

**St. John’s Parish Hall - Saturday, April 17th 2021**

\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_

First Name Last Name

\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_

Street Address City State

\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_

Phone No. Email

Food

* Do you have any food allergies? If yes, please list:
* Vegetarian

**Retreat Timeline**

8:30am – 9:00am Check In

9:00am – 9:05am Introduction of Sterling Jay

9:05am – 10:00am Sterling Jay Presentation + Activity

“Transformed by The Renewing of Your Mind”

10:00am – 10:10am Break

10:10am – 10:15am Introduction of Rosemary Baron

10:15am – 10:55 am Rosemary Baron Presentation + Activity

“Healing: Mind, Body and Spirit”

11:00 – lunch Mass by Fr. Mariusz

12:00pm – 1:00pm Thank you to speakers, prayer and lunch

Please enclose a check made out to St. John’s for $25 with your registration form. The fee includes everything for the retreat – lunch, beverages and activities. Scholarships are available.

Registrations may be dropped off at the Parish Hall or mailed to Angie Shaltry 5056 W. Banker Dr. Boise, ID 83714. Alternatively, you can email the form to [angieshaltry@gmail.com](mailto:angieshaltry@gmail.com) and send your payment via Venmo @angie-shaltry with **Jesus Transforms** as the message, or if it’s easier, you may bring check or cash to the retreat. Masks will be required while indoors at the retreat.

**Registration is due no later than April 13th**