ST. MARGARET MARY
CATHOLIC SCHOOL

3950 N. 92nd Street
Milwaukee, WI 53222

Telephone: (414) 463-8760
Fax: (414) 463-2373
Website: www.stmmp.org; Click on School

Weekly Newsletter
March 23, 2017

From Desk of

Mrs. Jocelyn White, Principal

Dear Parents/Guardians,

Happy Spring!!

Quarter 3 ends tomorrow. Report cards will go home on Friday, March 31st. Please be on the look out!

Wisconsin Forward testing will begin on Monday. All third-eighth grade students will take this computer based assessment.

April 7th is the Father/Daughter dance from 6:00pm-8:00pm. We hope to see you there!

April 14th is the first day of Spring Break! Classes will resume on Monday, April 24th. Enjoy!

Happy Lent!

Have a great weekend.
Mrs. White

Enclosures:

- Fundraiser - deadline extended flyer
- Parking lot flyer
- UWM Reading Skills Program for K4 – 11th grade flyer

Calendar Dates Reminders:

- 3/24 – 3rd Qtr Ends
- 3/29 – Noon Dismissal
- 3/31 – Report Cards go home

It is the mission of St. Margaret Mary School to:

Strive for academic excellence
Thrive in a unified learning community
Model Christ-like behavior
Minister Catholic values of the Gospel for
Successful character development

Office Reminders and Updates:

- **2017-2018 Registration**: Next enrollment period is April 1 – April 20. Remember though the school is closed from April 14 – April 23 so everything should be in by Thursday, April 13th!
- **Parking Lot:** See the enclosed flyer but please slow down so all our students and staff will be safe in our parking lot.
- **Talent Show rescheduled** to April 28th due to a conflict. Details will be coming soon.
- **Pius XI Catholic High School 2017 Summer Camps – Learning All Summer Long**
  - Pius XI summer camps give area middle school students the chance to further explore their God-given talents and interests outside the academic school year. Campers may register for one class or stay the whole day by choosing a morning and afternoon class. Camps available include Forensics Speaking, Creative Writing, Rube Goldberg, Drawing, and Musical Theater. The athletic offerings including Golf, Softball, Basketball, Volleyball and an evening Run Camp.
  - To view all offerings and download a registration form visit www.piusxi.org/summer-camps.

School Nutrition:

Please help the lunch lady!

I work very hard to give our "kids" the best possible lunches every day. There's a lot that goes into the process: choosing meals, making the meals, cooking and

See Other Side

ST. MARGARET MARY
CATHOLIC SCHOOL

3950 N. 92nd Street
Milwaukee, WI 53222

Telephone: (414) 463-8760
Fax: (414) 463-2373
Website: www.stmmp.org; Click on School

serving the meals and cleaning up. Really just like home! Each meal is REQUIRED to comply with the guidelines of the USDA (see below). Often I hear "I don't like beans, I don't want the chicken, put that meat stuff to the side". Besides that fact that we serve over 200 kids daily in a limited timeframe so it would be next to impossible to "special" serve the lunches, I am unfortunately unable to offer your student what they request because of the guidelines. I would appreciate your help in explaining the rules, and in doing so perhaps the students may change their minds that the lunch lady is just a big meany! LOL

As a Community Eligibility Program (CEP), School St. Margaret Mary offers your student a FREE breakfast and lunch daily. This requires the school to serve balanced and nutritious meals that comply with the United States Department of Agriculture (USDA). To be in compliance we must serve meat/meat alternatives (cheese), whole grains, fruits, vegetables and low-fat dairy options. Taking any of these items away from your student's breakfast or lunch tray means our school is not in compliance.

Please help me by explaining to your child that I am not a mean lunch lady...on the contrary I am a lunch lady that loves our students, and want them to be the best students they can be, so they grow into the best adults too!

Good Fat/Bad Fat in food – how do you know?

St. Margaret Mary parents did you know that not all fat is bad? As parents we watch our "fat intake" or we purchase "No" or "Low Fat" foods. While I agree that various fats in foods have different effects on health, some fats can offer health-protective benefits. For example OMEGA-3 and Monounsaturated fats can help lower cholesterol levels and support heart health.

Foods that have Omega-3 fats may already be in your family's diet: Fatty fish, walnuts, oil (canola and soybean not butter or margarine), flaxseed, and eggs (check the labels as some farmers add it to their chicken's feed). Some families I'm sure eat some of these foods almost daily.

A food that has a Monounsaturated fats may also be in your family's diet: Avocados. What's awesome is that Avocados also contain other goodies like folate, vitamins E, C & B6, potassium and fiber. Another Monounsaturated-fat food that may be a staple in some St. Margaret Mary student's home is PEANUT BUTTER! Peanut butter is yummy, and the fat can be good for you. One word of caution: read the label of your brand to make sure there isn't too much sugar. The best Peanut butter is the natural stuff...just don't pour out the oil on the top...mix it in!

So before you switch to a no-fat diet, remember the words of Ms. Barb, "Everything in moderation...even fat...because that is the way God made our bodies in order for them to function."

Eat right and exercise!

Barbara Marr
Food Service Director

See Other Side

Calendar - Announcements/Reminders:

Breakfast Drop Off – 7:15 A.M.
School Drop Off – 7:15 - 7:45 A.M. at Cafeteria; 7:45 A.M. Students begin to leave cafeteria by grade
Bell Rings 7:50 A.M. – Students meet teacher and enter building
In Classroom – 8:00 A.M.
Tardy – any time after 8:00 A.M. – use South doors near flagpole until 8:15 A.M.
Tardy – after 8:15 A.M. enter main office building and student meets with Principal or Vice-Principal
Early Release – every Wednesday at 2:10 P.M. unless noted
After school pick up is at the South doors near the flagpole

Month	Sun	Mon	Tue	Wed	Thu	Fri	Sat
Mar 2017	**19**	**20** Spring Begins (Northern Hemisphere) Great American Fundraiser order forms due 3/22.	**21**	**22** Great American Fundraiser order forms due today! (Deadline extended to Monday, 3/27 – NOON)	**23**	**24** World Tuberculosis Day 3rd Qtr Ends	**25**
	26	**27** Fundraiser Deadline Extension to NOON Today!!	**28**	**29** NOON DISMISSAL	**30**	**31** 3rd Qtr Report Cards Home Talent Show (Rescheduled to April 28th)	**1**
Apr 2017	**2**	**3**	**4**	**5**	**6**	**7** Father/Daughter Dance 6 -8 p.m.	**8**
	9 Palm Sunday	**10**	**11**	**12**	**13** Holy Thursday	**14** Good Friday NO SCHOOL	**15**
	16 Easter	**17** Tax Day (Taxes Due) NO SCHOOL	**18** NO SCHOOL	**19** NO SCHOOL	**20** NO SCHOOL	**21** NO SCHOOL	**22** Earth Day
	23 World Immunization Week	**24** BACK TO SCHOOL	**25**	**26** Administrative Professionals	**27** Great American Fundraiser orders arrive for pick up today!	**28** Arbor Day Talent Show 5 – 7pm	**29** SCHOOL/PARISH AUCTION

See Other Side

FUNDRAISER TURN IN DATE

Extended

- Buying even one item will help!
- If you need another packet, let the office know
- Forms MUST be turned in by Monday, March 27 no later than NOON.

Thank you for supporting our school wide fundraiser that benefits all students!

FUNDRAISER TURN IN DATE

Extended

- Buying even one item will help!
- If you need another packet, let the office know
- Forms MUST be turned in by Monday, March 27 no later than NOON.

Thank you for supporting our school wide fundraiser that benefits all students!

There have been several incidences in the parking lot, especially in the morning, of cars coming through at too fast of speeds. One of our teachers was almost hit this week with children very close by. Teachers are not only out there to welcome students to school, but also help students get from the cafeteria to the school safely.

You may be in a hurry to drop off to get to your next location,

BUT

we need all students and staff to be safe in our parking lot.

PLEASE

SLOW DOWN IN OUR PARKING LOT.

BE RESPECTFUL - DRIVE AS YOU WOULD WANT SOMEONE TO DRIVE IF YOU WERE STANDING OUT THERE OR YOUR CHILD WAS IN THE PARKING LOT AT THAT TIME.

THANK YOU!

PARKING LOT SPEED LIMIT IS 5 MPH