

# God is Power

Bingo Camin

Enjoy these activities with your family!

# Worship

Sing along to the lyrics of
"There is Power in the Name of
Jesus". Every time the song says
"There is Power", flex and show
off your muscles!

https://www.youtube.com/wat ch?v=UoOJwel1CQU

## Craft

Make a superhero cape out of an old t-shirt. Add "God Is Power" to the back with a marker or puff paint.

https://youtu.be/K\_MHDsIWlz8

# **Get Physical**

Practice your power poses and feel God's power living inside of you!

https://www.youtube.com/wat ch?v=5EHB03268NQ&feature=y outu.be

#### In the Kitchen

Power up for your day with this Power House Protein Smoothie! Watch the powerful blender swirl the nutritious ingredients to energize your body. Say a prayer of thanks to God for this yummy

https://www.youtube.com/watch
?v=D5D7-WHiB1A

#### **Read the Bible**

Read Jeremiah 10:12-13 and then go outside and run through the lawn sprinkler pretending it is raining. Praise God for his mighty power to create the rain that helps His creation to grow and thrive.

https://www.biblestudytools.com/ jeremiah/passage/?q=jeremiah+10 :12-13

#### Science

For a cool, powerful experiment, grab a package of Mentos and a warm Diet Coke and see what happens.

"Great is our Lord and mighty in power; His understanding has no limit." – Psalm 147:5 (NIV).

https://youtu.be/ZwyMcV9emmc

#### **Hour of Power**

Show God's power in your life by helping others for ONE HOUR! Choose a task or two and help someone out: pick up trash, pull weeds, wash the dishes, play a game with your sibling, write a letter to your grandparents.

### **Group Game**

Gather up a group of family members or friends and a long rope. Play tug of war and feel how powerful your team is and how powerful the other team is. God is more powerful than all of you combined. How have you experienced God's power in your life?

## **Personal Reflection**

Draw a picture or write a letter about how you have seen God's power in your life.

Ephesians 6:10
Be strong in the
Lord and in his
mighty power.

