

Lenten Events and Schedule 2018

Ash Wednesday Masses: February 14 – 8:30 AM, 12 Noon & 6:00 PM

Rice Bowls: Available at the back of Church starting Ash Wednesday

Lenten Program: “Don’t Give Up Chocolate for Lent” a free email program from *Dynamic Catholic* featuring Matthew Kelly.

To sign up: DynamicCatholic.com/Lent

Rediscover Jesus for Lent: Fr. Paul will present a series of lectures on this book by Matthew Kelly on Wednesdays, at 6:00 PM or Thursdays at 9:30 AM for 4 weeks February 21 to March 15

Simple Suppers: Fridays during Lent 6:00 – 6:45 PM, Founders Hall, before Stations of the Cross

(K of C Fish Dinner: February 23 in PLC, 5:00 – 6:45 PM)

Stations of the Cross: Every Friday 7:00 PM, February 16 – March 23

Day of Prayer: Tuesday, March 6 – Rosary at 9:20 AM, Mass at 10:00 AM, Program with Sr. Pam Smith in PLC after Mass

(Hosted by the Women’s Club – reservations required)

Reconciliation Service: Thursday, March 8, 6:00 PM

Ecumenical Service: Wednesday, March 21 at Noon –

Hosted by Precious Blood - Guest preacher: Rev. Mitchell Adger

Light lunch in PLC after the service

Fr. Paul will be guest preacher at Holy Cross Episcopal on February 28.

FORMED: “A Lent To Remember” is a beautiful presentation of the transforming power of mercy in the Sacrament of Reconciliation.

Go to FORMED.org and enter the parish access code RG38PD to enjoy this presentation with your free subscription.

Lenten Regulations 2018

Each year the holy season of Lent provides us a special time of grace and spiritual renewal so that we may become better instruments in sharing the Gospel Message.

This year Ash Wednesday, the beginning of Lent, falls on February 14th. The present laws of the church regarding fast and abstinence during the season of Lent are as follows:

Ash Wednesday and Good Friday are days of fast. On days of fast, one full meal is allowed. Two lesser meals sufficient to maintain strength may be taken according to each one's needs, but together they should not equal another full meal. Eating between meals is not permitted. Catholics who have completed their 18th year are bound by this law until the beginning of their 60th year.

Ash Wednesday and all Fridays in Lent are also days of abstinence. On days of abstinence, meats should not be taken at any meal. The law of abstinence binds all Catholics who have completed their 14th year.

The obligation to observe is a serious obligation. The new Code of Canon Law states:

"On these days of penance, the faithful are in special manner to devote themselves to prayer, to engage in works of piety and charity, to deny themselves, by fulfilling their obligations more faithfully and especially by observing the fast and abstinence..."

