

# Sisters in Christ

## MAGNIFY 2022

**Fall Kickoff**

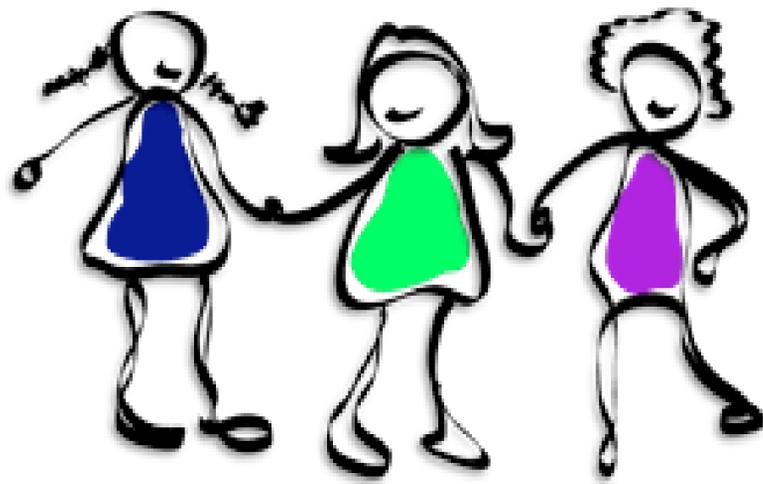
**October 1, 2022**

**8:00 am-12:00 pm**



**The Path to Holiness**

- |                |  |
|----------------|--|
| 8:00-8:45 am   | Registration and Continental Breakfast |
| 8:45-9:00 am   | Welcome and Opening Prayer             |
| 9:00-10:00 am  | Becoming Small                         |
| 10:00-10:30 am | Small Groups                           |
| 10:30-10:45 am | Break                                  |
| 10:45-11:15 am | Introduction to Charisms               |
| 11:15-11:45 am | Small Groups                           |
| 11:45-12:00 pm | Response/Praise and Worship            |



**Sisters in Christ**  
presents

**MAGNIFY**

**Becoming Small**

*“You are to love the Lord your God with  
all of your heart, all of your soul, and  
all of your mind.”*

**Matthew 22:37**

# Types of Work

## Physical (of the Body)

Manual labor, by a craft, or in service of another. This kind of work is the easiest. The work of the BODY.

## Intellectual (of the Mind)

Work of the mind; the scholar, the thinker, the writer, the professor, who puts everything they have into the effort to communicate all they know to others. This kind of work is far more difficult than PHYSICAL work. The work of the MIND.

## Interior Life (of the Soul)

The most difficult form of work yet it offers the most satisfaction. It is the most important work, The work of the SOUL. If is not a man's profession, it makes the man himself. This labor is necessary to be a disciple/apostle. When lived out well, this labor draws from it the most unlimited capacity for work. This is the only labor that sanctifies souls, ours and others.

*“To all of your work add half an hour of meditation. Not only will you get through all of your business, but you will find time for still more.”*

Dom Jean-Baptiste Chautard

# Forming the Interior Life

The interior life is where holiness resides. The interior life is the heart of the soul.

A man who is determined to acquire an interior life must take, for his/her ideal, unremitting domination of self and complete control over his environment in order to act in all things for the glory of God.

The labor of the interior life receives the grace of God in abundance. Its rewards are the fruits of the Holy Spirit.

# IN HUMILITY WE BECOME SMALL

True humility needs a special grace that comes directly from God. **It is DIVINE.**

TRUE humility is the **chief means of converting souls**, mine and those of others. If we desire another to change, we must become holier, we must become small.

Only one who is **disinterested, humble, and detached** can lead souls into the battle against the ever growing forces of the world. Without humility, your efforts are useless. You will do nothing for the Kingdom of God and the salvation of souls without humility.

We need God's grace to become holy. Humility is a **VIRTUE that requires our participation with God's grace.**

Through humility we are **transformed into the ME** that God created us to be.

*“God resists the proud but gives grace to the humble.” James 5:5*

# **SMALLNESS**

**“All is as it should be.”**

## **Surrender/Sacrifice**

**“I will serve You, right here, right now.”**

## **Obedience**

**“You are God, I am not”**

## **Detachment**

**“I must get out of the way.”**

## **Discipline**

**“Embrace it and God will grace it.”**

**S.O.D.D. builds a solid foundation for  
building of the soul/interior life**

# **BECOMING SMALL**

## **Stages in forming the interior life**

### **Conformity**

Surrender of the Body  
Joining our will to God's  
Encounter-"to meet"

#### **PURGATIVE**

Spiritual maturity at infant level  
Actions represent independence-like a mature adult

### **Transformity**

Surrender of the Mind  
Forming our will to God's  
Relationship-"falling in love"

#### **ILLUMINATIVE**

Spiritual maturity at adolescent level  
Action is everchanging -selective to authority-like a  
teenager

### **Uniformity**

Surrender of the Soul  
Living our will to God's

#### **UNITIVE**

Spiritual maturity at adult level  
Action represents dependence-like a child

# BECOMING SMALL

## Stages in forming the interior life

### Conformity

First level. Surrender of the body (flesh).

It is an intentional, conscious movement away from sinfulness (sins of the flesh, rooting out and contempt for sin), a purification.

It is a decision ON MY PART to move towards God's will and away from my own. I may not have any knowledge or experience on how to build but I choose to put forth the effort to begin and to learn how.

The soul is like the moon, changing with whatever happens, not yet ready or able to be unmoved by life's events.

Movement is being made from the body to the mind. The mind is starting to become engaged with the heart which is not yet engaged in the relationship.

This surrender leads to an encounter with Christ. The encounter is the doorway into the relationship.

The use of the TOOLKIT is essential for ongoing growth and to move to the next stage of transformity.

*"Whether he is a sinner, I do not know; one thing I do know, that though I was blind, now I see."* John 9:25

# BECOMING SMALL

## Stages in forming the interior life

### Transformity

Second level. It is a surrender of the mind (of our emotions).

It is less of a movement away from sin and more of a movement into a relationship with Jesus.

The toolkit continues to be essential but there is more of a yearning to use the tools.

One must be intentional about the practice of virtue. Acts of virtue must be exercised continuously however practicing virtue is easier, requiring less effort.

Many sins of the past are no longer impacting the soul. The soul is seeking and longing for a deeper relationship with Jesus. There is knowledge that not only is Jesus real but that Jesus loves me.

There is movement from the mind to the heart. The mind is now engaging with the heart in relationship.

The soul is like the clouds, every changing, sometimes heavy, sometimes light.

*“Do not conform yourselves to this age but be transformed by the renewal of your mind, that you may discern what is the will of God, what is good and pleasing.”* Romans 12:2

# BECOMING SMALL

## Stages in forming the interior life

### Uniformity

Third level. The surrender of the heart/soul (the interior life).

Everything is given to God; heart, mind, and soul. The individual is living a virtuous life, free from major sin.

The individual is in deep unity with the Lord and this is demonstrated by the way in which they love, it is not only effortless, but is divinely given.

This is the summit of perfection. Living God's will. My will is in line with God's Will, I want whatever God wants. I know that God has the plan and I am open to whatever He has for me.

This stage is evidenced by peace. A peace that surpasses all understanding and exists as peace can only exist in the soul.

The mind, the heart, and the will are surrendered.

The soul is like the sun, constant and unchanging with whatever happens. It produces light, warmth, and comfort.

*"Blessed are the pure of heart for they shall see God."*

Matthew 5:8

# **BECOMING SMALL**

## **GRACE WORKS ON NATURE**

God's divine power (GRACE) will strengthen our actions (our NATURE) to a place of deep transformation and healing of mind, body, and soul.

If you are not changing lives, you are not in unity with God. You are not allowing Christ to live in you. You are not "small" enough. You have not surrendered something to the God's dominion.

**Becoming SMALL is the key...to HOLINESS is the key...to becoming the ME that God sees.**

Every act of virtue (S.O.D.D.) earns grace. Every act of virtue is a step to humility.

**HOLINESS IS A SURRENDER AWAY.**