

RELATIONSHIPS

**Relationships
form ME**

Definition and Types of Relationships

DEFINITION

The way in which two individuals regard and behave towards each other.

TYPES

NATURAL

SUPERNATURAL

NATURAL (Seen)

Natural relationships are with other people

People can create, establish, and reinforce the LIES I believe

(From the World)

People can reinforce the TRUTHS I do or do not believe
(From God)

SUPERNATURAL (Unseen)

Supernatural relationships are with God, Jesus, Holy Spirit, Mother Mary, Angels, Saints and Satan

SUPERNATURAL BEINGS CAN CREATE, ESTABLISH, AND REINFORCE THE LIES

(SATAN USES SUPERNATURAL SCHEMES AND TACTICS TO OVERCOME HIS VICTIM. SATAN IS A SUPERNATURAL BEING WITH GREAT POWER TO DECEIVE JOB 1:7)

GOD CREATES AND ESTABLISHES TRUTHS. ALL OTHER SUPERNATURAL BEINGS, EXCEPT SATAN REINFORCE TRUTHS.

EXERCISE Answer these personal questions:

Identify a key human relationship in your life that has influenced who you are. Write it here. Then rate the “healthiness” of this relationship on a scale of 1 to 10.

What specifically is one aspect of this relationship that you feel has positively or negatively impacted who you are.

Is there anything about this relationship that you wish would change? Why do you wish for this change and what do you believe the result of this change would do for you personally?

What specific actions do you believe this person needs to do to create the change that you seek?

What specific action do you believe that YOU need to take to create the change that you seek?

EXERCISE What is My Relationship with God the Father

This exercise allows you to evaluate your relationship with God. Because it is subjective, there are no wrong answers. On a scale of 1-10, rate how real this characteristic is to you in your relationship with God.

I see God as:

_____ Loving 1 2 3 4 5 6 7 8 9 10

_____ Caring 1 2 3 4 5 6 7 8 9 10

_____ Forgiving 1 2 3 4 5 6 7 8 9 10

_____ Compassionate 1 2 3 4 5 6 7 8 9 10

_____ Giving 1 2 3 4 5 6 7 8 9 10

_____ Understanding 1 2 3 4 5 6 7 8 9 10

_____ Accepting 1 2 3 4 5 6 7 8 9 10

_____ Satisfies 1 2 3 4 5 6 7 8 9 10

_____ Persistently pursuing 1 2 3 4 5 6 7 8 9 10

_____ Reasonable 1 2 3 4 5 6 7 8 9 10

Psalm 103 contains many characteristics of God the Father. With each characteristic, rate yourself as to how real this characteristic is to you in your relationship with God the Father.

_____ Pardon 1 2 3 4 5 6 7 8 9 10

_____ Heals 1 2 3 4 5 6 7 8 9 10

_____ Redeems 1 2 3 4 5 6 7 8 9 10

_____ Loving 1 2 3 4 5 6 7 8 9 10

_____ Kind 1 2 3 4 5 6 7 8 9 10

_____ Compassion 1 2 3 4 5 6 7 8 9 10

_____ Renew 1 2 3 4 5 6 7 8 9 10

_____ Righteous 1 2 3 4 5 6 7 8 9 10

_____ Gracious 1 2 3 4 5 6 7 8 9 10

_____ Forgiving 1 2 3 4 5 6 7 8 9 10

_____ Sovereign 1 2 3 4 5 6 7 8 9 10

CHARACTERISTICS OF RELATIONSHIPS

Our relationships reflect our belief system

Our relationships are a gauge of our
spiritual health and maturity

Our relationships reflect the woundedness
of our hearts

Our past relationships are a predictor of
new relationships

Our relationships are inhibited by
sinfulness

Our relationships reflect the ME that I see

WHAT DO I DO with RELATIONSHIPS

CLASSIFY THE TYPE OF RELATIONSHIP

Parent, Sibling, Spouse (Vocation), Child, Friend, Colleague, Other

ACCESS the RELATIONSHIP

Does this relationship create, establish, and reinforce ME?
Is it life giving? Does it lend itself to my spiritual growth?

CHOOSE AN ACTION

Leave, remain at a distance, or stay.

FOCUS ON YOU AND WHAT YOU KNOW

Pray for revelation

Step out into the revelation

Ask God for His grace for courage, strength, and wisdom

Intercede for the other

Love them where they are

DEAL WITH SIN

Personal Sin

Unforgiveness

Family Sin Patterns

JOURNEY WITH OTHERS

God desires us to be in community with other believers.

**ALL SUPERNATURAL RELATIONSHIPS ARE LIFE GIVING WITH THE
EXCEPTION OF SATAN.**

**ALL OF THESE SUPERNATURAL RELATIONSHIPS REINFORCE “ME” and
SHOULD BE NURTURED AS THEY WILL ALL ASSIST IN MY
TRANSFORMATION.**

REMEMBER

Life changes begin with the most important relationship we have-a **RELATIONSHIP WITH GOD.**

God wants to transform YOU.

You cannot direct or control another's part of the relationship

You are not responsible for the relationships of others

You can only change through God's transformative grace

Your holiness is a conduit of God's grace and can create change in others

Our relationship, and thus most of life changes begin with us **ALONE WITH GOD.** In that solitude God gives us **REVELATION.** If we act on the revelation that He gives us, He will have full access to our hearts. He will do an inner work of **TRANSFORMATION.**

We must focus on the TRUTHS from God's perspective; dispel the LIES from the world; and ask for revelation.

Every moment that we allow God to take over a part of our lives, we are one Holy Spirit breath away from drawing closer to Him and from transformation into the ME that He sees

"Whoever remains in me and I in him will bear much fruit, because without me you can do nothing." John 15:5