

OLV-OLS Grades 7-10+ Prayer & Service

Along with faith learning sessions, young people in Grades 7 -10+ are expected to complete **prayer & service** experiences within our parish, community and world as part of the preparation for the Sacrament of Confirmation and their role as missionary disciples.

- A reflection sheet is to be completed after each service project and handed in to your Catechist
- Email/text notifications to sign-up for service opportunities will be sent before all events.
- Service Projects and Reflection sheets will be updated and available at www.olv-troy.org (Faith Formation tab)

Grade 7&8

Young people in Grades 7 & 8 are encouraged to complete three (3) service/prayer experiences per year with at least one (1) service project per year offered by or in OLV- OLS Parish.

Grade 9 &10

Young people in Grades 9 & 10 are encourage to complete five (5) service/prayer experiences per year with at least three (3) per year in OLV - OLS Parish.

A reflection sheet is to be completed after each service project.

Please hand in your reflection sheet to your Catechist

OLV-OLS PARISH EVENTS for All Youth & Families and /or YM SERVICE OPTIONS

Emails and/or sign-up sheets to volunteer for YM service options will be distributed before all events.

- **Columbiettes Crafts** for Sunnyside Stockings and Blue Christmas Event. Every 4th Wed. Sept - August.
- **K of C Chicken Barbeque Event** - Saturday, Sept 29, 5 -7 pm OLV Parish Center
- **Host For Haiti Free Will Breakfast** - Sunday, October 14, 8 -12 am OLV Parish Center
- **K of C Italian Festival** - Saturday, October 27, 5-7 pm OLV Parish Center
- **Thanksgiving Food Baskets** : Food donations collected 10/28 - 11/11.
- **Giving Tree** - Saturday, November 27- Sunday, December 11 in OLV Church Gathering Area
- **Joseph Winter Walk for the Homeless** - Saturday, December 8, 2-4 pm in downtown Troy
- **Breakfast with Santa** - Sunday, December 9, 8-12 pm Proceeds benefit OLV Pre-School Program
- **K of C Italian Festival** - Saturday, Jan 26 -7 pm OLV Parish Center
- **Winter Polar Plunge at Grafton State Park** - February TBA - raise funds for OLS Mission Food Pantry
- **OLV-OLS Parish Potluck Dinner** - Holy Thursday April 18 after 6 pm Mass from 7 -8:30 pm.
- **Columbiettes' Easter Egg Hunt** - TBA
- **OLV/OLS Strawberry Festival** - Saturday, June TBA @ 5-7 pm at OLV - help w/children activities.
- **Grafton Summer Festival** - Saturday, July (TBA)

FAITH FORMATION & PRAYER AND WORSHIP MINISTRY OPTIONS

Please Contact Mary Eaton at 274-6269 or YouthMinistry@olvols.org.

- **Attend a Eucharistic Adoration Holy Hour** (monthly at OLV) for an unforgettable prayer experience and encounter with Jesus!
- **K-8 Catechist Assistant** - Sunday AM @10:30 -11:45 am September - April
- **Liturgy of the Word Assistant** - Sunday am during the 9:15 Mass
- **Altar Server** - Grade 3 and up -
- **Greeter/ Usher**
- **Lector Grade** - Grade 9+
- **Eucharistic Minister** - Post Confirmation
- **New Youth and Young Adult Choir** - singers and musicians ages 13-30
- **AV Ministry** - run the Power Point slides during the mass 1x per month

LEADERSHIP OPPORTUNITIES

Youth/Adult Leadership Team (Grade 7-11+) Meet monthly to plan YM activities and service opportunities.

Service Action Learning Team (S.A.L.T.)- A five-day service immersion experience for youth in **grades 10-12** sponsored by the Albany Diocese, during the summer, in early August.)

Christian Leadership Institute (CLI)- A five day leadership training experience for youth in **grades 10-12** sponsored by the Albany Diocese, during the Winter (Feb.) or and Spring (June).

Work Camp- A four-day service work camp for youth in **Grades 7-8** usually in the first week of August.

Breakaway Camp- A week long experience for youth entering grades 7-9 featuring hiking, service activities, liturgy, workshops, awesome food, swimming, canoeing, praying, kayaking, and fun!!! Youth will be led by a team of youth ministers who have a passion for middle school youth. Spring (June).

COMMUNITY SERVICE PROJECTS

Participating in school events and programs, working with the poor and needy, helping the elderly, or with children in a sports clinic or summer Camp. Other projects include participating in a Cancer Walk such as Relay for Life, March for Babies. *Please let us know ahead so some of us may join in the experience, or at least, support you!!!*

Community Project Ideas at Joseph House:

For more information, contact Patti Tuilgreen, Development Coordinator at 272-2544

- **Bake cookies and make afternoon snack bags for the children.**
- **Volunteers with specific skills** (painting and housekeeping) are needed.
- **Consider you and your family donating a weekend meal to the shelter.** The meal can be prepared at the shelter or off site and delivered to the shelter.
- **Hold a neighborhood drive or community group drive.** The following items are needed year round: new and gently used towels, washcloths, blankets, twin sized sheet sets and sleeping bags; men's underwear; socks; deodorant and razors.

WORLD-WIDE COMMUNITY SERVICE PROJECTS

Improving social justice awareness and social action, outreach to inner city areas, participation in national awareness events such as run/walk/bike or bowl-a-thons or meeting the needs of our brothers and sisters in third world countries. **Some examples include:**

St Xavier Haitian Orphanage - NEW on-going service project at OLV/OLS Parish

Contact Mary Eaton @ YouthMinistry@olvols.org for more information

Habitat for Humanity of the Capital District - Board President: Chris Wheland

Contact the Main office @518-462-2993 to volunteer for projects in our local communities.

Visit [www.habitatforhumanity](http://www.habitatforhumanity.org) for more information

Also consider:

- Special Olympics
- Campaign for Human Development
- Feed My Starving Children
- Maryknoll: www.maryknoll.org -
- Catholic Relief Services: www.catholicrelief.org

For more information regarding service opportunities in the local or global communities, please contact the service organization directly or visit www.volunteermatch.com.

SERVICE REFLECTION

MT 25: 34-36

Then the king will say to those on his right, 'Come, you who are blessed by my Father. Inherit the kingdom prepared for you from the foundation of the world. For I was hungry and you gave me food, I was thirsty and you gave me drink, a stranger and you welcomed me, naked and you clothed me, ill and you cared for me, in prison and you visited me.'

Please take some time to think about the following questions and offer a general answer below.
Activity/Service:

Why did you choose this service?

How were your actions like those of Jesus as you made Him known to others?

How did this service impact you? (Have your eyes been opened to see the image of God in others?)

In what ways can you continue to help in this situation?

Did this service challenge help you to grow and/or pull you out of your comfort zone? Why or Why not?

Circle each of the Catholic Social Teaching(s) that you acted upon on in your service experience:

Life and Dignity of the Human Person

Option for the Poor and Vulnerable

Call to Family, Community, and Participation

Dignity of Work and the Rights of Worker

Human Rights and Responsibilities

Solidarity Peace and Justice

Care for God's Creation

Name _____ Grade Level _____

Type of Project: (Circle One) Church / Youth Ministry / Family / Community

A reflection sheet is to be completed after each service project.

Please hand your completed reflection in to your Catechist or Mrs. Eaton. Thank you.

