

## Saint Name for Confirmation

Through Confirmation, you deepen your commitment to your faith and the Church and receive an outpouring of the Holy Spirit. By choosing a saint name for Confirmation, you acknowledge your new role in the Church and your deepening life in the Spirit. Receiving the sacramental grace of Confirmation will change you and the name you choose represents the direction in which you desire your life to turn. You are confirmed by the name you choose, please do so prayerfully, carefully.

When choosing a saint name, look for someone whose life you would like to emulate. Choose a saint who inspires you, a spiritual role model that can help guide you throughout your life. As you read about the saints, you will realize that they were “regular people” too - they failed and succeeded, struggled as we all do, had faults and gifts, but strived to live a holy life despite the difficulties. They each had an extraordinary faith in God, expressed in varying ways. Your path to holiness will be your own - but your saint is there to help you! Ask yourself what kind of person you want to become, read and research, then pray about your decision. Your Confirmation Saint becomes your life-long patron and another advocate for you along your journey.

You may choose your own baptismal name, if it is the name of a saint. Recommitting to your baptismal name is an affirmation of your identity and the choice made on your behalf by your parents and clearly demonstrates the relationship between Baptism and Confirmation.

Regardless of whether you choose your baptismal name or the name of another saint, please read about the life of the saint (see back side for websites) and complete the following:

Your name \_\_\_\_\_

Name of your Confirmation Saint (please print) \_\_\_\_\_

Source(s) of information \_\_\_\_\_

Why did you choose this particular saint? What, in particular, was it about their life that attracted you to him/her?

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As you take time to research the lives of saints, you can use one or more of these websites to help you learn about their journeys to God.

[www.catholic.org/saints/](http://www.catholic.org/saints/)

[www.americancatholic.org](http://www.americancatholic.org)

[www.cin.org/saintlink.html](http://www.cin.org/saintlink.html)