



CATHOLIC CHEAT SHEET

Upcoming Events

Faith Formation

September 25th

Readings: 1 Kings 11:12; 16:23-34,
17, 18:17-46, 2 Kings 2:1-22,
Hosea 11, Joel 2:1-14 and Jonah

Diving Deeper Resources

Below is a link to a more in-depth article

<https://media.ascensionpress.com/2020/08/20/how-to-understand-the-cycle-of-readings-at-mass/#:~:text=The%20Scheme%20of%20Slection&text=In%20short%2C%20Sunday%20readings%20repeat,Psalm%20often%20does%20the%20same>

Catechism Nugget

Liturgy of the Word

The Liturgy of the Word is the first main part of the Mass that follows the Introductory Rites.

It includes the First Reading, Responsorial Psalm, Second Reading, Gospel Acclamation, Homily, Profession of Faith and Universal Prayer. Today we are going to focus on how the scriptures are picked for Sunday Mass. The Sunday Mass readings rotate on a 3 year cycle, A, B and C years. In year A the Gospels come from Matthew, year B Mark and Year C Luke. We read the Gospel of John in the Easter season and on some occasions in cycle B. For the majority of the year the First Reading comes from the Old Testament and the theme is inline with the Gospel.

During Lent this reading is picked from the Act of the Apostles, as it tells the story of the early church. The second reading has another purpose and does not necessarily keep with the theme of the first reading and Gospel. This reading comes from the New Testament and provide examples of real ways to be Christ-like in our everyday lives through encouragement, guidance, correction and support. The Mass provides us an opportunity to hear God's word on a weekly basis, it is not intended to give a full study of the Bible.

What we explored!!

The tribes of Israel divided into the 10 tribes in the North, which will still be called Israel, whose king was Jeroboam; and two tribes in the South, Judah and Benjamin, who were reigned by Rehoboam. This week we focused on the Northern tribes. The people of the North could no longer go to the temple because it was now located in the Southern Kingdom. This led the people to set up false places of worship. We are introduced to the prophet Elijah who defeats the prophets of the false gods Baal and Asherah. Elisha, served under Elijah, and he received a double portion of Elijah's spirit. All the prophets spoke to the people of the North and told them to repent and follow the ways of God. As a bonus we read how Jonah tried to escape God's calling and ended up in the belly of a fish.

Meet a Saint

Saint Nicholas Tolentina, born in 1245 in Italy, and named after Saint Nicolas Bari to whom his parent prayed when they were desperate to have a child. At the age of 18 he began to study for the priesthood with the Augustine Friars and was ordained in 1270. Nicolas heard a voice say "To Tolentio, To Tolentio, and stay there." one day when he was in prayer. He felt this was the prompting of the Lord, so he went to Tolentio and ended up staying there for the rest of his life. St. Nicholas became known as a street preacher and he would share the Gospel with the poor and outcast of society. He was also known to have the gift of healing. He died in 1305. September 10th is the feast day of St. Nicholas.

Prayer Corner



Video Link
learning the sign
of the cross

<https://www.youtube.com/watch?v=Y7XKR0yhLf0>