



CATHOLIC CHEAT SHEET

Upcoming Events

Faith Formation

October 15th

Readings: Ezra 1:2:2,3-4:4, 7:1-10,
9-10:5, Nehemiah 1-2:20, 4, 8,
Optional Ester 1-9.

Diving Deeper Resources

Below is a link to a more in-depth
video on angels

<https://www.youtube.com/shorts/6xG1YcOlHyM>

Catechism Nugget

Guardian Angels: Are they for real?

Many people falsely believe that Guardian Angels are not real. They think they have been made up to comfort people. This could not be further from the truth. The Catechism of the Catholic Church states "From its beginning until death, human life is surrounded by their watchful care and intercession. "Beside each believer stands an angel as protector and shepherd leading him to life." Already here on earth the Christian life shares by faith in the blessed company of angels and men united in God (CCC 336) As a reminder, angels are a species separate from humans, that are pure spirit who, like us, have free will. So what is the purpose of these angel? They have the power to intercede, or pray, for us. They also provide moral guidance. Though we may not be able to hear them talk to us, they are able to speak into our hearts. Angels can not force us to do anything against our will though they can encourage us to make the right decision. They also proved strength when we face fear or evil. Those times in your life when you feel most alone and afraid know that you can be assured your angel is with you! Lastly they are able to go to others to comfort them when you are not able to yourself. You can pray to your guardian angel to comfort loved ones when they face sorrow or fear.

What we explored!!

This week we follow the tribes of Israel as they are conquered by foreign nations and taken into exile. First the Northern Kingdoms are conquered by the Assyrians.

Next, the Southern Kingdoms are Conquered by the Babylonians. We meet the prophet Daniel. While in exile in Babylon their king Nebuchadnezzar had a dream and none of his advisors could interpret. Daniel correctly interpreted the dream and this impressed the king.

Three of Daniel's friends, Shadrach, Meshack and Abednego refused to worship the God of Nebuchadnezzar and were thrown into a fiery furnace. God sent an angel to protect them from harm. Daniel also faced danger when he was caught worshipping the one true God. He was thrown into a lions den. God again protected his faithful servant.

Meet a Saint

Saint Therese of the child of Jesus, was born in 1873 and she had four older sisters. A fault that she worked very hard to overcome was her sensitive and irritable nature. She later would state the Infant Jesus helped her overcome this weakness. When she was 15 she wanted to follow in the example of two of her older sisters and join the Carmelite Convent. Due to her young age she was not at first allowed. She prayed and appealed to religious leaders who eventually allowed her to join. Therese was given the nickname of "Little Flower" and became known for her "little ways" of dealing with difficult aspect of life. She focused on staying humble, and when someone hurt or offended her she offered her pain to Jesus. Her feast day is October 1st.

Prayer Corner

Guardian Angel Prayer

Angel of God, my Guardian dear,
to whom God's love commits me here,
ever this day(or night) be at my side,
to light and guard, to rule and guide.

Amen

St. Therese of Lisieux prayer to Guardian Angel to go to others when you can not.

Go very often, in my place,
To to those I love most tenderly.
With thy soft touch, oh! dry their tears;
Tell them the cross is sweet to bear;
speak my name softly in their ears,
and Jesu's name, supremely fair.

Amen