



Catholic Cheat Sheet

Answers to faith questions you were too afraid to ask!

November 20, 2022

Catechism Nugget

Holy water, what it is and how to use it!

We know holy water is used in baptism, but what makes it holy and why is it found at the entrances of churches? First, what makes water holy. Simply placing water in a church does not make it holy. In order to become holy, it must be blessed by a priest. Holy water is considered a sacramental. According to the Catechism of the Catholic Church sacramentals "are sacred signs which bear a resemblance to the sacraments. They signify effects, particularly of a spiritual nature, which are obtained through the intercession of the Church. By them, men are disposed to receive the chief effect of the sacraments, and various occasions in life are rendered holy" (No. 1667). In the case of holy water it is to remind us of our baptism and our union with Christ. Fonts of holy water are found at the entrance of Catholic churches not only to remind us of how we've been cleansed from our original sin, but to remind us of the need to cleanse ourselves of the secular world as we enter into God's house to worship him. We can allow the action of blessing ourselves with holy water to become automatic and done without thought. The next time you bless yourself with holy water, pause a minute and allow the grace of God to wash over you and remind you that through your baptism you've become a child of God who is loved and protected by your heavenly Father.

Learning Links

Below is a link to the Catholic Talk Show where they give a great in-depth talk about holy water

https://www.youtube.com/watch?v=AAereZ_PBQE

Upcoming Events

December 4
Faith Formation
No Readings this month,
we'll be preparing for our
Christmas Play

What are we Reading?

This week we learn of what happens to the Israelites after they have been freed from Egypt. We see God form the twelve tribes of Israel into a nation. God gives his people the Ten Commandments as law, and he gives them a place to worship him. This is where God tells Moses how to anoint priests from the tribe of Levi.



Find links on our Website

www.sacredheartsg.com