

BEING A FAITH-KEEPER FOR YOUR CHILD

Ten Pointers for Parents

1. Take care of your own relationship with God. Set aside daily time for prayer and reflection.
2. Pray as a family – at meals, during drives to and from school or after-school activities, at night before going to bed. This can be something as simple as everyone stopping for a moment of silence to thank God for the blessing of the day.
3. Pray for your children and let them know you are praying for them.
4. At meal times light a candle and let it remind you that God is present in your lives.
5. Put symbols of faith throughout your home to create a “Catholic atmosphere.” (Cross, Crucifix, Bible, a Madonna, Nativity set, etc.)
6. Begin an album of pictures related to your child’s spiritual milestones.

More faith is caught than taught. What are your children catching?