

# Chosen and Sent CONFIRMATION

Deepening faith and preparing hearts for  
Confirmation and discipleship.

## WHAT IS CHOSEN AND SENT?

Students in 3rd-8th grade will meet approximately twice a month in grade level groups for fun, faith-filled sessions that prepare them for Confirmation in April 2026. Sessions include prayer, discussion, hands-on learning, and time to grow in their relationship with God.

## PARENT SESSIONS

Parents gather once a month—separate from the student sessions—to grow in their own faith and explore how to support their child's spiritual journey. These gatherings also offer meaningful prayer experiences and a chance to build community with other parents.

## AT HOME SESSIONS

At home, families will use the Quest curriculum—a fun, gameboard-style resource that introduces different ways to pray together. It's simple, engaging, and designed to help your family build, or strengthen, a consistent prayer life, one step at a time.

# SCHEDULES

## STUDENTS

### Fall

- October 5
- November 2 & 16
- December 7

### Winter

- January 18
- February 1 & 15

### Spring

- March 1, 22 & 29

## PARENTS

### Fall

- October 5
- November 2
- December 7

### Winter

- January 18
- February 15

### Spring

- March 1

## AT-HOME

Families need to complete the Quest activities between each student session to build consistent prayer habits at home. These fun, low-prep prayer experiences keep the journey going all month long!

# CONFIRMATION RETREAT AND MASS

All families with students preparing for Confirmation are required to attend our Confirmation Retreat on **April 18th** from 8:30 AM–12:30 PM at St. Bernard's. This special morning will include Mass, prayer, learning sessions, the opportunity for Confession, and Confirmation practice.

Sponsors are encouraged to come but not required.

Confirmation Mass will be celebrated on **April 26th** at either 8:00 AM or 11:15 AM. Families will be assigned a Mass time closer to the date.

# GET MORE INFORMATION

We'd love to answer your questions and help you get started!

Email us anytime:

Mary - [maryp@stbernardstulsa.org](mailto:maryp@stbernardstulsa.org)

Christine - [aff@stbernardstulsa.org](mailto:aff@stbernardstulsa.org)

Or schedule a time to chat—we're here to help!