



FAITH CIRCLES

Small Group High School Faith Formation

What are Faith Circles?

Faith Circles are small groups where high school students grow in their relationship with God, build authentic friendships, and explore what it means to live their faith every day.

Each Group will...

- Be grade-specific
- Meet twice a month
- Be led by two trusted adult mentors
- Set their own schedule and meeting place (home, coffee shop, parish, etc.)
- Choose from a variety of meaningful topics within a guided curriculum

Why Small Groups?

We believe that faith grows best in community. Faith Circles give teens a safe, consistent place to ask questions, be heard, and be known. With strong mentors and peer support, teens are more likely to stay engaged in their faith—and **live it boldly**.

What will they learn?

Faith Circles will use Life Teen's trusted small group curriculum, designed to help teens dive deeper into their faith and apply it to real life. Each group will choose from topics such as:

- What it means to follow Jesus today
- How to pray and build a personal relationship with God
- Tough questions about the world and Church teachings
- Living Catholic values in everyday life

Students help choose the focus, so the group stays relevant, personal, and engaging—while staying rooted in Catholic teaching.

Want more info?

If you have questions about the new Faith Circles program, please contact us! We would love to chat with you.

Email Mary
(marypestbernardstulsa.org) or
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