

St. Bernard's PATHWAYS



**Faith Formation for families
with a child entering second grade.**

WHO IS IT FOR?

Families with children entering **2nd grade** or older who are ready to begin sacramental preparation for **First Reconciliation (1st year)** and **Confirmation & First Eucharist (2nd year)**.

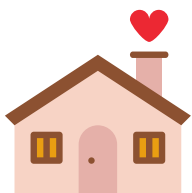
WHAT IS PATHWAYS?

Families enrolled in our Pathways program will experience:



Monthly parent meetings (separate from their children) to grow in their own faith, gain confidence in sharing it at home, and experience prayer and learning together. These sessions also walk through the curriculum families will use at home.

Age-appropriate groups for all children led by trusted adults. These sessions are engaging, rooted in our Catholic faith, and designed to help children grow in their relationship with God while preparing for the sacraments.



Simple engaging lessons for families at home to continue growing in faith. Each lesson includes a low- or no-prep activity to help children stay involved and make faith part of everyday life.

MEETING SCHEDULE

Using the Pathways Curriculum, we will guide families through the Seek, Root, and Mend components during the first year.

We will meet on Sunday mornings from 9:15-11 am.

Below are the At-Parish session dates:

Phase	Date(s)	Focus
Seek	Sept. 7, 14, 21, 28	A kerygmatic experience to rediscover the good news of our faith.
Root	Oct. 12, 26; Nov. 9, 23; Dec. 14; Jan. 11, 25	A reflective experience to enrich our understanding of the Trinity and the Creed.
Mend	Feb. 8; March 8; Apr. 12	A family experience to prepare for the Sacrament of Reconciliation and God's mercy.
Mini-Retreat	May 2	A retreat experience to reflect on the journey and to prepare for continued faith growth.

Families are asked to complete at-home lessons before the next gathering. There will be:

- No at-home sessions during Seek (September) or in May
- Two per month during Root (October–January)
- Two per month during Mend (February–April)

These short, meaningful lessons help keep faith growing between sessions.

GET MORE INFORMATION:

Contact Mary (maryp@stbernardstulsa.org) or Christine (aff@stbernardstulsa.org) to schedule a personalized meeting with us. We can help you design the pathway that is best for your family!