



Ascension

of the Lord



PARISH OF ST. BERNARD OF CLAIRVAUX CATHOLIC CHURCH

4001 East 101st Street
Tulsa, OK 74137

Office hours: M - F 9:00am - 5:00pm

SUNDAY MASSES

Saturday Vigil: 5:00pm

8:30 am, 11:15am, & 5:00pm

Livestreaming of Masses available on Facebook

Nursery available except the 5:00 Sunday Mass

WEEKDAY MASSES

Monday - Saturday: 8:30am

ADORATION of the BLESSED SACRAMENT

Monday - Friday from 9:00am - 8:00pm

Good Shepherd Chapel

THE HOLY ROSARY is prayed 30 minutes before all
Sunday Masses except the 5:00pm Mass.

HELPFUL INFORMATION

CONFESSIONS

Saturday 3:30-4:45pm, and 30 minutes before each Sunday
Mass, or by appointment.

WEDDINGS

A notice of at least 6 months is required. For additional
information, please visit the parish website.

NEWCOMERS

To register as a parishioner, please use the form on our
website. Click on "I'm New" and complete the information
or pick up a registration form & other information under the
monitor located in the Commons.

SPECIAL REQUESTS

Please inform the parish office if you have a family member
in the hospital or homebound.

CHANGES

If you are moving or changing contact information, please
notify the parish office.

CONTACT US



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Phone number: 918-299-9406



www.stbernardstulsa.org



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PARISH STAFF

Rev. Msgr. Patrick J. Gaalaas, *Pastor*

Rev. Archie Fernandez, *Associate Pastor*

Deacon Richard Campbell

Deacon Pius Devasahayam

Deacon Dave Johnson

Deacon Bob Martin

Deacon Alan Mikell

Deacon Tim Sullivan,

Director of RCIA, Marriage and Family Life, and Evangelization,
tsullivan@stbernardstulsa.org

Jean Yaeger, *Parish Council Chairman, Volunteer*

Sharon Lechtenberg, *Director of Religious Formation*
slechtenberg@stbernardstulsa.org

Anne Roberts, *Music Director*

streborja@stbernardstulsa.org

Don Schendt, *Director of Peace & Justice*

donschendt@stbernardstulsa.org

Kelly Roselle, *Director of Youth/Young Adults*

kroselle@stbernardstulsa.org

Barbara Glueck, *Preschool Director*

bglueck@stbernardstulsa.org

Linda Forth and Charlotte Richert,

Parish Life Office Co-directors

parishlife@stbernardstulsa.org

Michael Ellingson, *Director of Business and Facility*

meellingson@stbernardstulsa.org

Michelle Wolfe, *Parish Bookkeeper*

mwolfe@stbernardstulsa.org

UPDATED COVID INFORMATION

- Social Distancing is recommended if you are not wearing a mask.
- Face masks are recommended.
- Pews are being opened in many areas of the church. Some socially distanced spaces remain available.
- Hand sanitizer is provided throughout the church.
- The church is sanitized after Masses.

PARISH OF SAINT BERNARD OF CLAIRVAUX
CATHOLIC CHURCH
TULSA, OK — MAY 16, 2021
SOLEMNITY OF THE ASCENSION of our LORD

MASS INTENTION MAY 16-22

Sunday: Ascension of our Lord

8:30 am, +John Davis by Sharon LaValle

5:00pm, Sp. Int. Gene Heathcott & Family by Anna Lewis

Monday: St. Paschal Baylon

8:30 am, +Elva Johnson by M/M Brent Forth

Tuesday: St. John I, Pope & Martyr

8:30am, +Anthony Francis De'Mello by Camy Murzello

Wednesday: St. Theophilus of Corte

8:30am, +John Todd by M/M Bo Borchers

Thursday: St. Bernardine of Siena, Priest

8:30 am, +Deborah Masnica by Annette Bruski

Friday: St. Christopher Magallanes & Companions

8:30 am, +Ann Kremer by Vern Kremer

Saturday: St. Rita of Cascia

8:30 am, +Fr. Thomas Dowdell by Msgr. Gaalaas

5:00 pm, +James Conant & Family by M/M Jim Smith

To request a Mass, please call the office.

MASS READINGS: May 15/16

Ascension Sunday/B

Worship Book #856

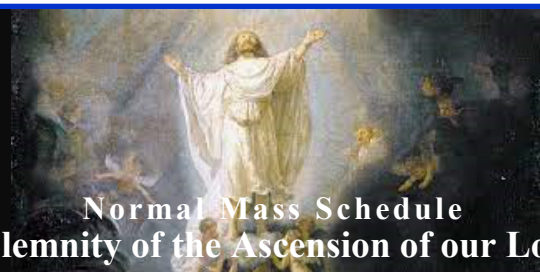
1st Reading: Acts 1:1-11

2nd Reading: Ephesians 1:17-23

Gospel: Mark 16:15-20



**ADORATION
CONTINUES
MONDAY THRU
FRIDAY
9:00 AM—8:00 PM**



**Normal Mass Schedule
Solemnity of the Ascension of our Lord**

RELIGIOUS EDUCATION PROGRAM

Sharon Lechtenberg, Director



Vacation Bible School June 14 - 18

9:30 am - 12:00 noon

for ages 3 through 6th
grades. **Volunteers needed!!!**

Call or text Sharon at 918-381-7869. Teach or help in a class, organize or help with games during the recreation

times, set up and serve snacks, organize and/or help in crafts - these are a few of the service opportunities for adults and young people in middle and high school. Meeting to get ready is being held on Wednesday, June 9, 10:00 am or 6:30 pm in the Community Room.

Totus Tuus

****Totus Tuus is July 11-15, 7:30-9:30pm for grades 9-12, and July 12-16, 9:00am-3:00pm for grades 1 through 8.** Housing needed for 4 guys and 4 girls and dinner at the church or in your home for all 8 members of the teams. Please call Sharon if you can help in anyway.

Registration forms for VBS and Totus Tuus are available in the Commons on the racks or in the Parish or Religious Education Offices.

Adult Bible Studies

****Sunday Bible Study** with Deacon Alan Mikell meets on Sunday mornings at 9:45am in G-8. The class is also streamed live on Facebook.

****Reflection on the Sunday Gospel with discussion and prayer.** This group meets at 10:00am every Thursday on Zoom. Email Jean Yaeger at jeany2@cox.net or text/call 918-520-3185 for the link or for more information.

****Thursday Morning Bible Study** has started a new study. Thursdays at 9:15 am, in Room G-8, on "Mary: A Biblical Walk with the Blessed Mother" by Edward Sri. Contact Sharon, 918-381-7869.

PEACE AND JUSTICE

Don Schendt, Director

ASSISTED LIVING

Masses resumed this month for assisted living residents. Msgr Gaalaas and Fr. Archie are celebrating Masses monthly in each location as follows:

- University Village 1st Tuesday 10:00am,
- Burgundy Place 2nd Tuesday 10:15am, and
- Towne Village 3rd Tuesday 10:30am.

Mass at Cancer Treatment Center will not resume. St. Bernard's has several parishioners living in each of these homes.

MEALS FOR HOMELESS

The next meal for the homeless is Sunday, May 23, and is hosted by St. Bernard's Knights of Columbus. Thanks to all who are involved with this ministry!



Blood Drive St. Bernard Catholic Church

Community Room
4001 East 101st St.
Tulsa, OK 74137

**Sunday, June 13, 2021
8:30 a.m. to 1:00 p.m.**

To schedule your appointment, visit our website and click on the link in News & Information.

NO WALK-INS DONORS at this time.



Sending prayer requests to the Parish Life Office is *now easier than ever!* Click on the **prayer request section on the bottom front page of the website!** Prayers are offered for healing, thanksgiving, for the deceased, and more. Prayer requests are emailed on Mondays to all on the Flocknote Prayer Line.

FAITH AND FAMILY

Dcn. Tim Sullivan

The Virtue of Hope

One of the biggest issues in life which parents often overlook in raising their children is the need for hope, the second theological virtue.

In recent years, the fastest growing program on college campuses has not been an academic, athletic or social activity. It's been the counseling services being made available to the students. Many colleges had to out-source counseling resources, as the number of counselors on the staff of the college could not meet the rising demand.

Without hope in something or someone solid and reliable, there will be depression, stress and anxiety. The depressing increase in suicides in our country is testimony to the rise in hopelessness.

The answer to the mental health crisis in our country is the Christian understanding of hope. As defined in the Catholic Catechism, "Hope is the theological virtue by which we desire the kingdom of heaven and eternal life as our happiness, placing our trust in Christ's promises and relying not on our own strength, but on the help of the grace of the Holy Spirit."

Hope responds to our desire for happiness, inspires our thoughts and activities and keeps us from discouragement. With hope in God, it says in Romans 5:5 that we can even "boast of our afflictions," knowing that affliction gives rise to a hope "that does not disappoint, because the love of God has been poured out into our hearts through the Holy Spirit that has been given us."

"Hope O my soul, hope. You know neither the day nor the hour. Watch carefully, for everything passes quickly... Dream that the more you struggle, the more you prove the love that you bear your God, and the more you will rejoice one day with your Beloved, in a happiness and rapture that can never end." St. Teresa of Avila

WEAR RED ON MAY 23, PENTECOST!

After the Resurrection and Ascension of Jesus, the Holy Spirit was given to the Church at the first Pentecost. When the apostles received the Holy Spirit, the "new age" of the Church was born. The liturgical color for Pentecost is red! Everyone is encouraged to wear red to Mass on Sunday, May 23!

Source: Growing in Faith, May 2021

WHAT'S HAPPENING

May

- 16 Solemnity of the Ascension of our Lord
- 17 Nominations for Parish Council Due
- 18 Altar Server Training
- 19 Preschool 2 & 3 year old program
- 20 Preschool 4 year old graduation
- 22 Altar Server Training
- 23 Pentecost (remember to wear red)
- 25 Women's ACTS Retreat Early Bird Registration

June

- 6 Corpus Christi Procession and Celebration
- 7 Summer Preschool Sessions Begins
- 14 Vacation Bible School Begins



**The Women's ACTS
Retreat Early Bird
Registration Deadline
Is May 25!**

The three-day
Women's ACTS
Retreat is July 22 - 25,

2021! "What a *reTREAT* after a delay of a year and a half", says Janice Steidley, director. "We will come together as sisters in Christ to grow deeper in faith and community," she continues. Registration is available on St. Bernard's website and forms are in the Commons!

*"The LORD is just in all His ways, merciful in all His works.
The LORD is near to all who call upon Him, to all who call
upon Him in truth." Psalm 145:17-18*

PARISH COUNCIL NOMINATIONS

Nominations for Parish Council members are being taken until May 17. Parishioners, aged 15 and older, are invited to nominate up to two parishioners for Council positions. Self-nominations are also accepted.

All nominees must be Confirmed Catholics in good standing with the Church and at least 18 years of age. Nominees must have been in the parish for one year and not a member of the Parish Staff or spouse of a staff member. Nomination forms are on the web site and in the Commons under the monitor.

**NOMINATE
NOW**

NEWLY REVISED ALTAR SERVER TRAINING!

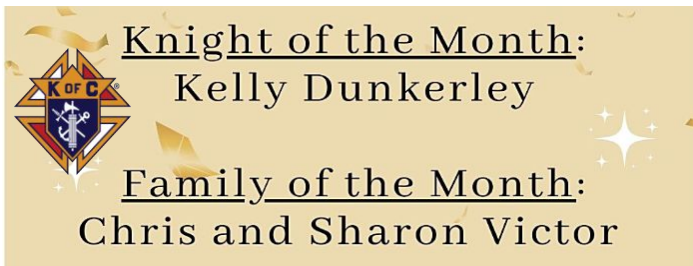
*Exciting times are ahead as we are ready to have Altar Servers to assist at Masses. Participation in the Mass as an Altar Server is special. Please call 918-299-9406 to register for **one** of the following sessions:*

- *Tuesday, May 18, 6:30pm – 7:30pm (rsvp by May 17)*
 - **OR** *Saturday, May 22, 10-11am (rsvp by May 21)*
- Dcn. Pius and Dcn. Dave Johnson are providing the necessary instructions to enable servers to participate on the altar at Sunday Mass. A monthly schedule is made based upon server's availability.*

Requirements:

- *Practicing Catholics, who have made their First Communion and have **completed third grade***
 - *Both males and females can be servers*
 - *Youth and adults are welcome*
 - *Siblings and parent/child teams are encouraged*
- Past altar servers and those interested in serving are all encouraged to attend either training session.*

It is a great honor and privilege to serve at the Altar of our Lord. When you serve the priests and deacons, you serve the people of God, and above all, you serve Christ.



Knight of the Month:

Kelly Dunkerley

Family of the Month:

Chris and Sharon Victor

WHY DO WE USE INCENSE?

SOLEMNITY OF BODY & BLOOD OF CHRIST

Make plans to join the Eucharistic procession at St. Bernard of Clairvaux Church on Sunday, June 6, in celebration of the Feast of Corpus Christi. Wondering what's involved in a Eucharistic procession? One element will be incense. Consider these points:

- The use of incense brings solemnity, purification and sacredness to the worship experience.
- Its sweet aroma adds a sense of beauty and mystery.
- Its smoke represents the prayers of the faithful drifting up to heaven.

"Let my prayer come like incense before you, the lifting up of my hands, like the evening sacrifice." – Psalm 141:2

The procession will depart from church at the close of the 5pm Mass. Worshippers will adore Jesus in the Blessed Sacrament as they make their way around the parish grounds.

Linda Forth & Charlotte Richert, Parish Life Team at parishlife@stbernardstulsa.org or call 918 299-9406.

SHARING CHRIST

Training for Catholic Evangelization

Begins Thursday, May 20th
6:30PM - Dinner & program

Register by May 14th
Send your name & email address
to tsullivan@stbernardstulsa.org



"I who chose you
and appointed you
to go and bear fruit
that will remain."
John 15:16

Job Opportunity at St. Bernard's!

The ladies of our Parishlife Office, Linda Forth and Charlotte Richert, for the past 3 1/2 years, have done a marvelous job sharing the many important dimensions of parish life at St. Bernard's. We are very sad to see Linda and Charlotte retire on June 30. If you or someone you know would like to find out more about this job! Please contact Msgr. Gaalaas at 918-299-9406.

Shhh...
IT'S A SURPRISE!

Center of Family Love's Virtual Birthday Party!

JUNE 19, 2021



Join us to celebrate our

40TH
ANNIVERSARY!

BULLETIN ADVERTISING AVAILABLE!

Advertising in St. Bernard's Bulletin helps us to continue printing this valuable means of communication! Contact Rey Barron by email at rbarron@diocesan.com or call **512-577-9411** for more information.

THANK YOU!



Ascension of Our Lord!

Look again for octavos and hymns to fit the Gospel. "God Mounts His Throne", "A Hymn of Glory", "Go into All the World!", "King of My Heart", "Go out and Tell!".

OUTREACH SCHEDULE

- Monday May 17, 2:00-Threshold to Porta Caeli 2440 N Harvard
- Saturday June 5, 5:00 Mass-Threshold Choir



PRESCHOOL NEWS!

Barbara Glueck, Director

Preschool Graduation Set

The school year is coming to an end soon. It has been a great school year. There is a slide show and reception for our 2 and 3-year old classes on May 19th at 1pm. Our 4-year old class (Owl Class) is graduating on May 20th at 11am. There will be a small reception afterwards. The teachers have been busy finishing up everything. We have a great group of teachers!

Summer Preschool Enrollment Open!

There is a summer school program offered at our preschool in June. The program will run for three weeks:

- June 7-10
- June 21-24 and
- June 28-July 1

It is from 9:30-1:00pm. The cost is \$225. We take students 2-years old up to 4-years old.

FALL Registration Open for Preschool.

Tuition is \$300/month. Our classes are Tuesday, Wednesday, and Thursday from 9:30 - 2:30. We offer small class sizes with individualized attention. For more information about our wonderful school, or to set up a tour, contact: Barbara Glueck, Preschool Director, at bglueck@stbernardstulsa.org or call 918-299-9432.

LAST SUNDAY'S OFFERINGS

Sunday Envelopes Offerings: \$18,937

Electronic: \$13,569

Total: \$32,506

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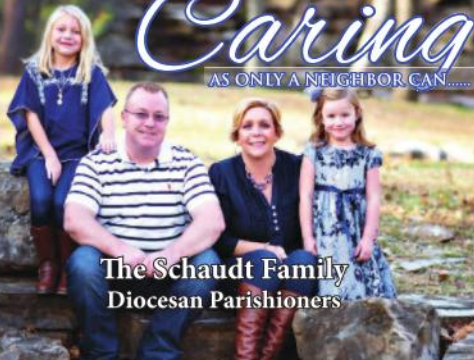
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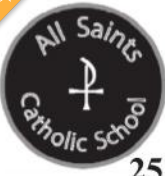
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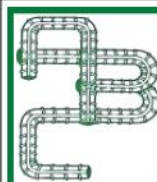
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