



OFFICE HOURS

Monday-Friday, 9:00 am-5:00 pm

SUNDAY MASSES

Saturday Vigil, 5:00 pm 8:00 am, 11:15 am, & 5:00 pm

WEEKDAY MASSES

Monday-Saturday, 8:30 am Wednesdays, 6:00 pm Main Church

ADORATION of the **BLESSED SACRAMENT**

Monday-Friday, 9:00 am-8:00 pm Good Shepherd Chapel

THE HOLY ROSARY

Prayed thirty minutes before all daily and weekend Masses except the 5:00 pm Sunday

HELPFUL INFORMATION

HEARING ASSISTANCE for MASS



If you or a loved one need hearing assistance for Mass, please visit the Welcome Center for an instructional card to help you connect to the sound system.

CONFESSIONS

Saturdays from 3:30-4:45 pm, thirty minutes before each Sunday Mass, or by appointment.

WEDDINGS

Six months' notice is required. Additional information is available on the parish website.

NEWCOMERS

To register as a parishioner, please complete the form on our website under "I'm New" or pick up a registration form & other information at the Welcome Center in the Commons.

SPECIAL REQUESTS

Please inform the Parish Office if you have a family member in the hospital or homebound.

ANOINTING OF THE SICK

If you or a loved one are seriously ill, please contact Fr. Jack or Fr. Shane as soon as possible for the Anointing of the Sick.

CHANGES

If you are moving or changing contact information, please notify the Parish Office.

Connect with [[s!

(918) 299-9406 www.stbernardstulsa.org

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YouTube Channel: search for "St. Bernard of

Clairvaux Catholic Church"

Flocknote: to join the parish Flocknote, text *SBTULSA* to 84576 or sign up on our website

Parish Staff

V. Rev. Jack Gleason, Pastor, frjack@stbernardstulsa.org

Rev. Shane Hewson, Associate Pastor, frshane@stbernardstulsa.org

Deacon Richard Campbell

Deacon Pius Devasahayam

Deacon Vince Greuel

Deacon Bob Martin

Deacon Alan Mikell

Deacon Tim Sullivan, Director of RCIA and Evangelization, tsullivan@stbernardstulsa.org

Meghan Cancinos, Childcare Ministry Coordinator, childcare@stbernardstulsa.org

Michael Ellingson, Director of Business & Facility, meellingson@stbernardstulsa.org

Mary Isbell, Director of Parish Life, parishlife@stbernardstulsa.org

Chris Kendrick, Youth Faith Formation Coordinator, chrisk@stbernardstulsa.org

Dr. Christine Miller, *Director of Adult* Faith Formation, Marriage, & Family Life, aff@stbernardstulsa.org

Mary Poston, Director of Family Catechesis, Children's and Youth Faith Formation, maryp@stbernardstulsa.org

Kelly Roselle, Director of Communications, communications@stbernardstulsa.org

Hannah Schilling, Catechesis of the Good Shepherd Coordinator, hschilling@stbernardstulsa.org

Monica Stephenson, Director of Music, monica@stbernardstulsa.org

Tara Sudler, Director of Preschool, tsudler@stbernardstulsa.org

Michelle Wolfe, Parish Bookkeeper, mwolfe@stbernardstulsa.org

SAINT BERNARD OF CLAIRVAUX CATHOLIC CHURCH TULSA, OK — AUGUST 3, 2025 EIGHTEENTH SUNDAY IN ORDINARY TIME/C



Monday: St. John Vianney

8:30 am, Sp. Int. Kirstin Jones & +Dustin

Vance

Tuesday: Ded. of St. Mary Major Basilica 8:30 am, +Tom Russiello by Pina Riccio **Wednesday: Transfiguration of the Lord** 8:30 am, +Megan Tombridge by Acts Sisters

Thursday: St. Sixtus II

8:30 am, +Gary Victor by Knights of Col.

Friday: St. Dominic

8:30 am, +Edward Plante by Jenny O'Neal

Saturday: St. Teresa Benedicta

8:30 am, Sp. Int. Gottlieb & Sieglinde Fischer by Marion Williams

5:00 pm, +Mary Moskal by Dianne Foeler

Sunday: Nineteenth Sunday in OT

8:00 am, +Ann Romano by Carmine Romano 5:00 pm, +Sharon Stokes by M/M Greg Ryan

To request a Mass, please call the Parish Office at (918) 299-9406.

What's Happening

<u>AUGUST</u>

3—Newcomer Welcome Luncheon

6-Middle School Wednesdays Kick-Off

10—High School Sunday Nights Kick-Off

12—Young Adult Bible Study

13—High School Bible Study Starts

14/15—Extended Adoration Hours

18—Preschool Parent Orientation

19—Preschool "Meet the Teacher" Day

20—Preschool First Day of School

23—Bernardfest

Please consider St. Bernard's in your estate and trust planning. Thank you!



Online Giving

Thank you for your generous support of our parish!

Family Catechesis & Children's Faith Formation

Mary Poston, Director

FAITH FORMATION REGISTRATION IS OPEN!

All Children and Youth Faith Formation Registration is now open!

There's something for everyone—from birth through incoming seniors! We're preparing:

- **2nd graders** for First Reconciliation
- 3rd-8th graders and high school students who need Confirmation



Flyers and schedules are available in the **commons**. Use the **QR code** to register your child today.

Questions? Contact **Mary** Poston at maryp@stbernardstulsa.org. We're here to help!

Preschool

Tara Sudler, Director

The first day of Preschool for 2025/2026 is Wednesday, August 20th. Parent Orientation is August 18th at 6:00 pm in the gym.

"Meet the Teacher" is August 19th. You may come with your child between 10:00 am and 12:00 pm to drop off supplies, meet your child's teacher, and see your child's classroom.

Please contact Tara Sudler at (918) 299-9432 or tsudler@stbernardstulsa.org if you have any questions or are interested in learning more about our faith-based program.

Youth Faith Formation

Chris Kendrick, Coordinator

HIGH SCHOOL YOUTH

High School Bible Study

Wednesday Bible Study starts back up on August 13th!

High School Sunday Nights

Join us August 10th, 17th, 24th, and 31st from 6:00-8:00 pm. Don't miss out on the faith and fun as you get ready to start back at school!

MIDDLE SCHOOL YOUTH

Middle School Wednesdays

Middle School Wednesdays continue through August! As school starts up, don't forget that Jesus loves you and has a plan for you! Join us on August 6th, 13th, 20th, and 27th to learn just how much! Questions? Reach out to Chris at chrisk@stbernardstulsa.org.

Young Adult Faith Formation

Chris Kendrick, Coordinator

"THE CRUX" YOUNG ADULT BIBLE STUDY

Looking for something real? Join us for a new Young Adult Bible study that walks through the heart of the Gospel—God's love and plan for us through Jesus Christ. This is a chance to explore life's big questions: Who is Jesus? Why does He matter? What does this mean for me? Whether you're new to faith or looking to grow, this study is for you. All young adults ages 18 through 35 are welcome to join us. Meets every other Tuesday; next meeting is Aug. 12th at 6:45 pm in the Youth Room. Questions? Email Chris at chrisk@stbernardstulsa.org.

Do you or a loved one need prayers? Submit your prayer request today! www.stbernardstulsa.org/prayer-line

Faith & Family

Deacon Tim Sullivan

FEELINGS VS. TRUTH

Recent events have focused much of my attention on the tension that exists today between feelings and objective truth. A teenage boy who was friends with some of my grandchildren had taken his life.

I don't know exactly why he did this. But it reminded me what an experienced counselor who had worked primarily with teens told me a few years ago about teenagers and suicide. She said that in her experience most teens who took their own lives just wanted to stop the way they were feeling. They didn't think that much about the permanence of suicide.

The decisions of children to change their gender are almost entirely based on feelings. They believe the change will make them feel better about themselves. The suicide rate is especially high among children who have already made the decision to change their gender. If you change your gender to feel better about yourself and the change doesn't help you feel better, suicide can be the next step in the process of overcoming your negative feelings.

Trent Horn, a Catholic author and father, writes in his book *Made This Way*: "Parents must form a child in objective truth from the youngest years. We don't get to determine what is true based on our feelings; rather, truth exists outside of ourselves, and our job is to seek truth, to find it and to conform our lives and our wills to it."

Adoration of the Blessed Sacrament

NEW TIMES AVAILABLE

Please call the Parish Office to take an hour with our Lord. He is waiting for you!

Tuesdays

9:00-10:00 am 5:00-6:00 pm

Thursdays

3:00-4:00 pm 4:00-5:00 pm

Mass Assignments

Mary Isbell, Director

WEEKEND OF AUG. 9/10, 2025

Saturday — 5:00 pm

<u>Servers</u>: Jared Robak, Valerie Austin <u>Readers</u>: Treak Tasker, Charlotte Richert <u>EMHCs</u>: Phillip Doerpinghaus, Ellen Barton, Margaret Hingey, *3 EMHCs Needed* <u>Ushers</u>: Team B-1 (Ray Alsdorf, Curt Andrews, Jim Chin, Phillip Daniel, Lonnie Iannazzo)

Sunday — 8:00 am

<u>Servers</u>: Grayson & Lillian Briggs <u>Readers</u>: **Reader Needed**, Julia Kwon <u>EMHCs</u>: Michael Youngwirth, **5 EMHCs Needed**

<u>Ushers</u>: Team B-2 (Chad Briggs, Bill Condrin, Brett Driscoll, Jim Flahive, Alex Kwon, Minwoo Kwon)

Sunday — **11:15** am

Servers: Judah Poston, Alex Mahan, Lily Rama, 1 Server Needed
Readers: Susan McGinnis, Ebere Mbam EMHCs: Harry Hanig, Luke Bland, Okja Chung, Lisa Williams, 2 EMHCs Needed Ushers: Team B-3 (Nick Hahn, Martin Waelder, 3 Ushers Needed)

Sunday — **5:00** pm

<u>Servers</u>: **2 Servers Needed** <u>Readers</u>: Louanne Smith, **Reader Needed** EMHCs: Paula & Lesa Clark, **4 EMHCs**

EMHCs: Paula & Lesa Clark, 4 EMHCs Needed

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<u>Ushers</u>: Team B-4 (Joel Dash, Thomas Eureste, Andrew Clark, Wade Cramer)

Thank you all for serving the Lord and us!

Parish Life

Mary Isbell, Director

NEWCOMER WELCOME LUNCHEON

If you are new to the parish within the last 6 months, you are invited to join us for a Newcomer Welcome Luncheon this Sunday, August 3rd, immediately after the 11:15 am Mass. Come enjoy a light luncheon while meeting members of the clergy and staff. Then after lunch, join us for a church tour to get to know our campus. We even have a gift for you! See you there!

BERNARDFEST 2025!

Bernardfest is our annual parish celebration in honor of our patron saint, St. Bernard of Clairvaux. This year our celebration has a brand new look! Join us on Aug. 23rd from 9:00-11:00 am for Family Fest. The morning event is specifically for children and their families. We will have a broad range of fun activities including face painting, water activities, breakfast foods, coffee cart, and more. Later that evening, adults are invited to join us for Bernard's Bash from 6:00-9:00 pm. This event includes a BBQ dinner, live band, and cash bar. Childcare is offered, but rsvp is required as space is limited. You may purchase tickets online through our website or by cash or check at the Parish Office.

We need many volunteers to make this event a success! If you are interested in helping out this year, please email Hannah at parishlife@stbernardstulsa.org.

ALTAR FLOWERS

This weekend's altar flowers are sponsored by Randall and Kat Young in honor of their 38th wedding anniversary. Congratulations, and God bless you both!

MEALS OF MERCY—THANK YOU!

Thank you to Meals of Mercy Team 4 for serving at the funeral reception for Alexander Keith this past Friday. It was a beautiful reception and greatly appreciated by the family. Special thanks to team captains Diane Bechtel and Annie Jones for your leadership and coordination. **Team 5 you are up next to serve!**

PARISH LIFE UPDATE — WELCOME, MARY ISBELL!

It has been an absolute joy and honor to serve as Parish Life Director over the past three years. I am beyond grateful for the opportunity to work with such outstanding volunteers. My appreciation and love for the liturgy and the seasons of the Church has deepened through serving in this role. I am thrilled to share that while I am leaving the Parish Life Office, I am moving to a new position on Staff, as Coordinator of Catechesis of the Good Shepherd. (cont.)

Catechesis of the Good Shepherd is a religious education program for children based on scripture, liturgy, and the educational philosophy of Maria Montessori. Look for more information over the coming year about this beautiful program for children ages 3-6.

I am thrilled to share that we have a new Parish Life Director, Mary Isbell. Mary comes to us with rich experience after serving in similar roles at several parishes and religious organizations. Please join me in extending a warm welcome to her and say "hi" when you see her at Mass or in the Parish Office.

I pray God continues to bless each of you. With Gratitude, Hannah Schilling

Adult Faith Formation, Marriage, & Family Life

Dr. Christine Miller, Director sbtulsa.flocknote.com/Update

ADULT FAITH FORMATION

Thursday Morning Bible Study— Foundations of Faith: A Journey through the Catechism of the Catholic Church

This dynamic, video-based program from Ascension Press is filmed across 40 locations in 11 countries on 4 continents—taking you to the places where our faith was explained and clarified by Church councils, the Church doctors, and the saints. The workbook costs \$40. Thursdays, 9:30 am, in room G-8. For info, please contact Sharon Lechtenberg at 918-381-7869.

Seekers of Truth

Meets Tuesdays, 6:30–8:30 pm in F-4. Group is on summer break. Please contact Sandra Waelder at 918-230-4779 for more info.

Healing the Whole Person

Join the waitlist for a future class at: sbtulsa.flocknote.com/signup/204819 Questions? Email aff@stbernardstulsa.org.

Sunday Readings Bible Study

Sundays, 9:45 am, room G-8.

MARRIAGE & FAMILY LIFE

Moms Ministry

Meet other moms with school-aged children! We meet on Fridays, 10:00 am-12:00 pm in room G-8. Childcare is available for preschool-aged children each week and for older kids on distance learning days. We accommodate homeschooling families too! More info and sign up at sbtulsa.flocknote.com/signup/192703.

This group meets year-round, including during the summer! Moms are welcome to join anytime. Please contact Christine Miller at aff@stbernardstulsa.org with any questions.

CHILDCARE MINISTRY

Childcare is available for the weekend Masses, Family-Friendly Wednesdays, Moms' Ministry, and more! We welcome children on a first-come, first-served basis until we reach capacity. Certain events require advanced registration. Questions? Contact Meghan Cancinos at childcare@stbernardstulsa.org.

Around Our Parish

EXTENDED ADORATION HOURS

Extended adoration are offered from 8:00 pm Thursday, August 14th, through (overnight) 8:00 am on Friday, August 15—the Feast of the Assumption. Come spend time adoring our Lord in the Good Shepherd Chapel, thanking Him for the gift of his Mother Mary. If you plan to sign up, please provide your cell phone/email. You will get a reminder email that will include the door key pad code on the west side of the building. This will be the ONLY access to the chapel during late night hours. You are welcome to come for as long or as little as you'd like, BUT we do need commitments from people EVERY hour for an ENTIRE hour.

The link to sign up is in the Friday E-News, on our social media, and on the parish's website. Questions? Please contact Chantal Pixley at chantalpix@cox.net or (918) 605-9388.





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