



OFFICE HOURS

Monday-Friday, 9:00 am-5:00 pm

SUNDAY MASSES

Saturday Vigil, 5:00 pm 8:00 am, 11:15 am, & 5:00 pm

WEEKDAY MASSES

Monday-Saturday, 8:30 am Wednesdays, 6:00 pm Main Church

ADORATION of the **BLESSED SACRAMENT**

Monday-Friday, 9:00 am-8:00 pm Good Shepherd Chapel

THE HOLY ROSARY

Prayed thirty minutes before all daily and weekend Masses except the 5:00 pm Sunday

HELPFUL INFORMATION

HEARING ASSISTANCE for MASS



If you or a loved one need hearing assistance for Mass, please visit the Welcome Center for an instructional card to help you connect to the sound system.

CONFESSIONS

Saturdays from 3:30-4:45 pm, thirty minutes before each Sunday Mass, or by appointment.

WEDDINGS

Six months' notice is required. Additional information is available on the parish website.

NEWCOMERS

To register as a parishioner, please complete the form on our website under "I'm New" or pick up a registration form & other information at the Welcome Center in the Commons.

SPECIAL REQUESTS

Please inform the Parish Office if you have a family member in the hospital or homebound.

ANOINTING OF THE SICK

If you or a loved one are seriously ill, please contact Fr. Jack or Fr. Shane as soon as possible for the Anointing of the Sick.

CHANGES

If you are moving or changing contact information, please notify the Parish Office.

Connect with [[s!

(918) 299-9406 www.stbernardstulsa.org

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YouTube Channel: search for "St. Bernard of

Clairvaux Catholic Church"

Flocknote: to join the parish Flocknote, text *SBTULSA* to 84576 or sign up on our website

Parish Staff

V. Rev. Jack Gleason, Pastor, frjack@stbernardstulsa.org

Rev. Shane Hewson, Associate Pastor,

frshane@stbernardstulsa.org **Deacon Richard Campbell**

Deacon Pius Devasahayam

Deacon Vince Greuel

Deacon Bob Martin

Deacon Alan Mikell

Deacon Tim Sullivan, Director of RCIA and Evangelization, tsullivan@stbernardstulsa.org

Meghan Cancinos, Childcare Ministry Coordinator, childcare@stbernardstulsa.org

Michael Ellingson, Director of Business & Facility, meellingson@stbernardstulsa.org

Mary Isbell, Director of Parish Life, parishlife@stbernardstulsa.org

Chris Kendrick, Youth Faith Formation Coordinator, chrisk@stbernardstulsa.org

Dr. Christine Miller, *Director of Adult* Faith Formation, Marriage, & Family Life, aff@stbernardstulsa.org

Mary Poston, Director of Family Catechesis, Children's and Youth Faith Formation, maryp@stbernardstulsa.org

Kelly Roselle, Director of Communications, communications@stbernardstulsa.org

Hannah Schilling, Catechesis of the Good Shepherd Coordinator, hannahs@stbernardstulsa.org

Monica Stephenson, Director of Music, monica@stbernardstulsa.org

Tara Sudler, Director of Preschool, tsudler@stbernardstulsa.org

Michelle Wolfe, Parish Bookkeeper, mwolfe@stbernardstulsa.org

SAINT BERNARD OF CLAIRVAUX CATHOLIC CHURCH TULSA, OK — SEPTEMBER 28, 2025 TWENTY-SIXTH SUNDAY IN ORDINARY TIME/C



Monday: Sts. Michael, Gabriel, & Raphael 8:30 am, +Bob Morgan by Janice Morgan

Tuesday: St. Jerome

8:30 am, +Gene Marcum by M/M Paul

Boeckman

Wednesday: St. Therese of Lisieux

8:30 am, +Dan Eshom by Cathy Thursday: Holy Guardian Angels

8:30 am, +Danny Brennan by M/M Roger

Ford

Friday:

8:30 am, +Fred Bendana by Flor Bendana

Saturday: St. Francis of Assisi 8:30 am, +Frank Udoug by Jim Chin 5:00 pm, +James Chin by Jim Chin

Sunday: Twenty-Seventh Sunday in OT 8:00 am, +Georg Kowol & Deceased Family Members by M/M Joachim Kowol

5:00 pm, +Michael Campbell by Elizabeth Miller

To request a Mass, please call the Parish Office at (918) 299-9406.

What's Happening

SEPTEMBER

28—Coffee & Donuts Kick-Off

OCTOBER

1—Faith Circles Begins

1—Confirmation Begins

4—Pet Blessing

4/5—Catholic Charities Annual Appeal

5—Seeds of Faith Begins 5—Chosen & Sent Begins

7—Discipleship Makers Index Begins

9-12—Kairos Prison Retreat

10-Okie Fest

12—Pathways

16—Senior Luncheon

16-19—Kairos Prison Retreat

19—Church Security Awareness Session

25—Carnival Trunk or Treat

26—Pathways

28—Coffee & Donuts

Family Catechesis & Children's Faith Formation

Mary Poston, Director Hannah Schilling, Coordinator

SEEDS OF FAITH

Oct. 5th, 9:00-11:00 am, Youth Room Families with children ages 0-6 are invited to our new program, Seeds of Faith! Join us for a light breakfast, activities, a short lesson, and resources to take home. Meet other young families in our parish! Volunteers needed—contact Hannah Schilling at hannahs@stbernardstulsa.org.

CATECHESIS OF THE GOOD SHEPHERD (CGS)

Catechesis of the Good Shepherd (CGS) is based upon the two pillars of Sacred Scripture and Sacred Liturgy, as well as on the Montessori principles of human development and respect for the dignity of every soul. We are opening a Level 1 Atrium with sessions in Fall, 2026.

PATHWAYS

October sessions are on **Oct. 12 & 26**. On Oct. 12, we'll walk families through the *home catechesis activities* and explain what to do at home.

CHOSEN & SENT (3rd-8th GRADE CONFIRMATION)

Classes kick off on **Oct. 5th, 9:15–11:00 am**. We will take a break for Fall Break.
The next sessions are **Nov. 2 & 16**, with an introduction to the *home catechesis activities* on **Nov. 2**.

CARNIVAL TRUNK OR TREAT



Carnival Trunk or Treat is on Oct. 25th, 2:00-4:00 pm. We are looking for parishioners and ministries to host a trunk! Use the QR code to sign up!

Youth Faith Formation

Mary Poston, Director Chris Kendrick, Coordinator

HIGH SCHOOL YOUTH

High School Faith Circles

(Contact: Mary Poston)

Faith Circles kick off on Oct. 1 from 6:30–8:00 pm. Registration is open online—don't miss out on this great opportunity to grow in faith and friendship.

High School Confirmation

(Contact: Mary Poston)

Our High School Confirmation program begins **Wed., Oct. 1 from 6:30–8:00 pm**. Please check your Flocknote messages for more details—we're excited to get started!

High School Sunday Nights

(Contact: Chris Kendrick)
Join us every Sunday in September for High School Youth, in the gym from 6:00-8:00 pm. This is where faith, fun, and friends come together each week. Come grow deeper in your relationship with Christ while building a community that lasts

MIDDLE SCHOOL YOUTH

Middle School Wednesdays

(Contact: Chris Kendrick)
Middle School Youth meets every Wednesday
from 6:30-8:00 pm in the gym, and we invite
you to join us for the 6:00 pm daily Mass
beforehand! Each night is filled with activities,
fellowship, and opportunities to grow deeper
in faith. We look forward to seeing you!

Young Adult Faith Formation

Chris Kendrick, Coordinator

"IGNITE" BIBLE STUDY

This fall we are launching a new young adult Bible Study series called *Ignite*. Gathering around a campfire, we will dive into Scripture and meaningful conversation about God, the person of Jesus Christ, and the (continued)

wisdom of His Word. We will meet every other Tuesday at 6:45 pm at the outside basketball courtyard, weather permitting, beginning on Sept. 23. Come join us for fellowship, prayer, and discussion as we let the fire of God's Word ignite our hearts.

Faith & Family

Deacon Tim Sullivan

THE RESTORATION

How do we understand what is happening now in the United States? Almost everyone is asking that question and searching for answers. Here are a few thoughts.

We've been living for about 60 years in a time when just about anything goes. There has been an extreme focus on individual rights and freedoms. What used to be illegal is now legal and is often a source of government revenue. People have been encouraged to make decisions based on feelings and emotions, rather than reason, logic and a basic sense of morality.

Among our biggest current problems is the instability of the American family. Family breakdown is a very common element in what we know about mental health problems and inclinations toward crime and violence.

It's very unclear what beliefs are commonly shared in today's America. Social media has been a significant factor in people getting bad information and making decisions based on unreliable sources. Will AI be a benefit or compound the trouble? Is now a good time to escalate its use?

Perhaps now is a good time to put things on pause and make some serious decisions. The theme I propose for us now is restoration, sorting out what has been lost that needs to be restored, in family life, in faith, in moral decision making, in doing what is objectively right instead of wherever our emotions take us. In asking what we've lost and how we can get it back.

"Restore us once more, God our savior... Please give us life again, that your people may rejoice in you." Psalm 85:5, 7

Mass Assignments

Mary Isbell, Director

WEEKEND OF OCT. 4/5, 2025

Saturday — 5:00 pm

Servers: Jared Robak, 1 Server Needed Readers: Nathaniel Mallavarapu, 1 Reader

EMHCs: Margaret Hingey, Flor Bendana, John & Marcia Kapura, Phil Doerpinghaus,

Lonnie Iannazzo

Ushers: Team A-1 (Barbara Powell, Clifford

Ginn, 3 Ushers Needed)

Sunday — 8:00 am

Servers: Veronica & Alex Kwon Readers: Chantal Pixley, Julia Kwon EMHCs: Bill Condrin, Paul Nguyen, Kristi Tran, Bonnie Niebergall, Charles Harrison, 1 EMHC Needed

Ushers: Team A-2 (Mike McCann, Syd Monaghan, Mike Oliver, Joe Pixley, Doc

Greeters: Cathye & John Hotaling

Sunday — 11:15 am

Servers: Seth & Judah Poston, Santi

Pereira, 1 Server Needed

Readers: Susan McGinnis, Mary Poston EMHCs: Harry Hanig, Becky Brambl, Julian Urrea, Okja Chung, Ronda Spears, Lisa Williams

<u>Ushers</u>: Team A-3 (Diane Bechtel, Annie Jones, Tara Sudler, Victoria Vo, Gina

Wilson)

Greeters: Bob Washatka

Sunday — 5:00 pm

Servers: Darcy Ferguson, Isabel

Engelbrecht

Readers: Richard Incremona, Brad Walker EMHCs: William Ferguson, Jessica

Engelbrecht, Paul & Lesa Clark, Manuel

Matos, Louanne Smith

Ushers: Team A-4 (Andrew Clark, Francis

Peek, John Ramsey, Jesus Vega)

Parish Life

Mary Isbell, Director

INFORMATIVE CHURCH SECURITY **AWARENESS SESSION**

The safety of our parishioners is top priority. We invite all parishioners to attend an Informative Church Security (continued)

Awareness session on **Sunday, Oct. 19, from 9:15-10:15 am in the gym**. This

informative session will cover key topics, including how to recognize potential threats. respond effectively during an emergency, and work together to maintain a safe, welcoming environment for all. We strongly encourage everyone to participate. Your presence helps us to stay prepared, proactive, and united in ensuring the safety of our parish. For more information, please contact Mary Isbell at parishlife@stbernardstulsa.org.

COFFEE & DONUTS KICK-OFF

Coffee and donuts will be served Sunday, Oct. 28th, after the 8:00 am Mass. Enjoy refreshments and meet other parishioners! A big thank you to Tangee & Tommy Eureste and Deolinda & Nico Wallace for your help with the coffee and donuts set up and cleanup. Your time and effort are truly appreciated!

SENIOR LUNCHEON

A heartfelt thank you to everyone who attended the Senior Luncheon last week! It was such a pleasure getting to know all of you, and I look forward to spending even more time together at future luncheons.

A special thanks to Andi Bahlinger and Michelle Wolfe for your incredible help with decorating, setup, serving, and cleanup. We couldn't have done it without you!

Save the date for our next Senior Luncheon on October 16th.

Adult Faith Formation, Marriage, & Family Life

Dr. Christine Miller, Director sbtulsa.flocknote.com/Update

ADULT FAITH FORMATION

Healing the Whole Person

Wednesdays, Sept. 17th-Nov. 19th, 6:00-8:00 pm. **Registration is full.** To be added to the waitlist for the next session, or if you have any questions, please contact Christine at aff@stbernardstulsa.org.

Sunday Readings Bible Study

Sundays, 9:15 am, room G-6.

Seekers of Truth

Tuesdays, 6:30-8:30 pm in F-4. We will study *The Chosen* Season 5. Please contact Sandra Waelder at 918-230-4779 for more info.

Thursday Morning Bible Study-

Thursdays, 9:30 am, in room G-8. For info, call Sharon Lechtenberg at 918-381-7869.

MARRIAGE & FAMILY LIFE

Moms Ministry

Meet other moms with school-aged children! We meet on Fridays, 9:30-11:30 am in room G-8. Childcare is available each week and for older kids on distance learning days. Join our email list to receive updates at: SBTULSA.flocknote.com/Moms Email Christine at aff@stbernardstulsa.org with any questions.

Family Friendly Wednesdays

On Wednesday evenings, St. Bernard's offers Adult Faith Formation, Childcare Ministry for children ages 0-11, Middle School Youth Group, and a variety of events for the family!

—Dec. 3rd: Parents Night Out, 6-8 pm

Dec. 10th: Family Game Night

CHILDCARE MINISTRY

Childcare is available for the weekend Masses, Family-Friendly Wednesdays, Moms' Ministry, and more! We welcome children on a first-come, first-served basis. Certain events require advanced registration. Questions? Email Meghan Cancinos at childcare@stbernardstulsa.org.

Preschool

Tara Sudler, Director

This week we focused on the Feast of the Archangels and their important role God has called them to do. St. Michael, St. Raphael, and St. Gabriel pray for us!

Please contact Tara Sudler at (918) 299-9432 or tsudler@stbernardstulsa.org if you have any questions or are interested in learning more about our faith-based program.

Around Our Parish

CATHOLIC CHARITIES ANNUAL APPEAL

Next weekend, Oct. 4th & 5th, our parish will participate in the Catholic Charities Annual Appeal. With 15 programs, 7 locations, and 13 monthly mobile food pantries across Eastern Oklahoma, Catholic Charities intervenes early to keep families housed and stable. Your donation is Christ's merciful love in action—preventing homelessness today. Please consider a generous donation. *cceok.org/donate*

DISCIPLESHIP MAKERS INDEX

DMI is a 75-question survey tool that invites parishioners to reflect on their discipleship journey and enables parish leaders to make data-driven decisions to help parishioners grow in their faith. The results of the DMI survey will be shared with parishioners in the coming months and we will have the ability to compare our results with local, regional and national trends. **Survey starts Oct. 7th!**

KAIROS PRISON MINISTRY

Please support the Oklahoma Kairos Prison Ministry teams in their two upcoming retreats Oct. 9-12 & 16-19! You can partake in their mission to share the Gospel with inmates. Please consider being a prayer warrior via prayer chains, purchasing \$10 meal tickets, or making homemade">homemade cookies. Their cookie goal is 500 dozen cookies. Thank you!

Eucharistic Adoration

Please call the Parish Office to take an hour with our Lord. He is waiting for you!

Tuesdays 12:00-1:00 pm Wednesdays 4:00-5:00 pm



Online Giving

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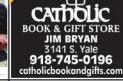
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