



OFFICE HOURS

Monday-Friday, 9:00 am-5:00 pm

SUNDAY MASSES

Saturday Vigil, 5:00 pm 8:00 am, 11:15 am, & 5:00 pm

WEEKDAY MASSES

Monday-Saturday, 8:30 am Wednesdays, 6:00 pm Main Church

ADORATION of the **BLESSED SACRAMENT**

Monday-Friday, 9:00 am-8:00 pm Good Shepherd Chapel

THE HOLY ROSARY

Prayed thirty minutes before all daily and weekend Masses except the 5:00 pm Sunday

HELPFUL INFORMATION

HEARING ASSISTANCE for MASS



If you or a loved one need hearing assistance for Mass, please visit the Welcome Center for an instructional card to help you connect to the sound system.

CONFESSIONS

Saturdays from 3:30-4:45 pm, thirty minutes before each Sunday Mass, or by appointment.

WEDDINGS

Six months' notice is required. Additional information is available on the parish website.

NEWCOMERS

To register as a parishioner, please complete the form on our website under "I'm New" or pick up a registration form & other information at the Welcome Center in the Commons.

SPECIAL REQUESTS

Please inform the Parish Office if you have a family member in the hospital or homebound.

ANOINTING OF THE SICK

If you or a loved one are seriously ill, please contact Fr. Jack or Fr. Shane as soon as possible for the Anointing of the Sick.

CHANGES

If you are moving or changing contact information, please notify the Parish Office.

Connect with [[s!

(918) 299-9406 www.stbernardstulsa.org

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YouTube Channel: search for "St. Bernard of

Clairvaux Catholic Church"

Flocknote: to join the parish Flocknote, text *SBTULSA* to 84576 or sign up on our website

Parish Staff

V. Rev. Jack Gleason, Pastor, frjack@stbernardstulsa.org

Rev. Shane Hewson, Associate Pastor,

frshane@stbernardstulsa.org **Deacon Richard Campbell**

Deacon Pius Devasahayam

Deacon Vince Greuel

Deacon Bob Martin

Deacon Alan Mikell

Deacon Tim Sullivan, Director of RCIA and Evangelization, tsullivan@stbernardstulsa.org

Meghan Cancinos, Childcare Ministry Coordinator, childcare@stbernardstulsa.org

Michael Ellingson, Director of Business & Facility, meellingson@stbernardstulsa.org

Mary Isbell, Director of Parish Life, parishlife@stbernardstulsa.org

Chris Kendrick, Youth Faith Formation Coordinator, chrisk@stbernardstulsa.org

Dr. Christine Miller, *Director of Adult* Faith Formation, Marriage, & Family Life, aff@stbernardstulsa.org

Mary Poston, Director of Family Catechesis, Children's and Youth Faith Formation, maryp@stbernardstulsa.org

Kelly Roselle, Director of Communications, communications@stbernardstulsa.org

Hannah Schilling, Catechesis of the Good Shepherd Coordinator, hannahs@stbernardstulsa.org

Monica Stephenson, Director of Music, monica@stbernardstulsa.org

Tara Sudler, Director of Preschool, tsudler@stbernardstulsa.org

Michelle Wolfe, Parish Bookkeeper, mwolfe@stbernardstulsa.org

SAINT BERNARD OF CLAIRVAUX CATHOLIC CHURCH TULSA, OK — OCTOBER 5, 2025 TWENTY-SEVENTH SUNDAY IN ORDINARY TIME/C



Monday: St. Bruno

8:30 am, +Katherine Gibson & +Bob Lawrence

Tuesday: Our Lady of the Rosary 8:30 am, +Dan Eshom by M/M Jim Davis Wednesday:

8:30 am, +Danny Brennan by M/M Jim Davis

Thursday: St. Denis & St. John Leonardi 8:30 am, Sp. Int. Linda & Mark Rapp

Friday:

8:30 am, Sp. Int. Linda Pietrafesa by Annette Ziegler

Saturday: St. John XXIII

8:30 am, Sp. Int. Rocky Briggs by Lisa Berry 5:00 pm, +Mayra Fuentes by BJ & Trish Hastings

Sunday: Twenty-Eighth Sunday in OT 8:00 am, Sp. Int. Reese Garman by Lisa Berry

5:00 pm, +Edward Joseph Fetsch, Sr. by Linda & Brenda Fetsch

To request a Mass, please call the Parish Office at (918) 299-9406.

Please consider St. Bernard's in your estate and trust planning. Thank you!

What's Happening

OCTOBER

4/5—Catholic Charities Annual Appeal

5—Seeds of Faith Begins

5—Chosen & Sent Begins
7—Discipleship Makers Index Begins

9-12—Kairos Prison Retreat

10-Okie Fest

12—Pathways

16—Oktoberfest Senior Luncheon

16-19—Kairos Prison Retreat

19—Church Security Awareness Session

22—High School Faith Circles

24-26—Knights of Columbus Fishing Trip

25—Carnival Trunk or Treat

26—Pathways

28—Coffee & Donuts

Family Catechesis & Children's Faith Formation

Mary Poston, Director Hannah Schilling, Coordinator

SEEDS OF FAITH

This Sunday, 9:00-11:00 am, Youth Rm. Families with children ages 0-6 are invited to our new program, Seeds of Faith! We will offer a continental breakfast, age-appropriate and faith based activities, a short lesson, and resources for you to take home and use throughout the month. Plus, enjoy time to meet other young families from our parish!

CAT. OF THE GOOD SHEPHERD (CGS)

Catechesis of the Good Shepherd (CGS) is based on Sacred Scripture and Liturgy, as well as on Montessori principles. A Level 1 Atrium with sessions opens in Fall, 2026. We are looking for the following items for the Atrium: small candle snuffers; small bells; small to medium size (6-12 in. tall) statues of Jesus, Mary, St. Joseph, & Jesus the Good Shepherd; and a Bible stand. If you can contribute, please email Hannah Schilling at hannahs@stbernardstulsa.org.

PATHWAYS

October sessions are on **Oct. 12 & 26**. On Oct. 12, we'll walk families through the *home catechesis activities* and explain what to do at home.

CHOSEN & SENT (3-8 GRADE CONF.)

This Sunday, Oct. 5th, 9:15–11:00 am. No meeting during Fall Break. Next sessions are Nov. 2 & 16, with an introduction to the home catechesis activities on Nov. 2.

CARNIVAL TRUNK OR TREAT



Carnival Trunk or Treat is on Oct. 25th, 2:00-4:00 pm. We are looking for parishioners and ministries to host a trunk! Use the QR code to sign up!

Youth Faith Formation

Mary Poston, Director Chris Kendrick, Coordinator

HIGH SCHOOL YOUTH

High School Faith Circles

(Contact: Mary Poston)

The next meeting is Oct. 22nd from 6:30-8:00 pm. There are no meetings on Oct. 15 during Fall Break.

High School Confirmation

(Contact: Mary Poston)
Meetings are Oct. 8th, 22th, and 29th
from 6:30–8:00 pm. There are no meetings on Oct. 15th during Fall Break.

High School Sunday Nights

(Contact: Chris Kendrick) Join us every Sunday for High School Youth, in the gym from 6:00-8:00 pm. This is where faith, fun, and friends come together each week.

MIDDLE SCHOOL YOUTH

Middle School Wednesdays

(Contact: Chris Kendrick) Middle School Youth meets every Wednesday from 6:30-8:00 pm in the gym, and we invite you to join us for the 6:00 pm daily Mass beforehand! Each night is filled with activities, fellowship, and opportunities to grow deeper in faith. We look forward to seeing you!

Young Adult Faith Formation

Chris Kendrick, Coordinator

"IGNITE" BIBLE STUDY

Gathering around a campfire, we will dive into Scripture and meaningful conversation about God, the person of Jesus Christ, and the wisdom of His Word. We meet every other Tuesday at 6:45 pm at the outside basketball courtyard, weather permitting. Come join us for fellowship, prayer, and discussion as we let the fire of God's Word ignite our hearts.

Faith & Family

Deacon Tim Sullivan

A CATHOLIC MEDICAL CLINIC

I recently attended the dedication of a Catholic medical clinic started by two friends of mine in upstate New York. It's called Restore Health and Wellness Clinic. Its vision is to cultivate a healing place that reflects the truth, goodness and beauty of God, where every patient is known, understood and cared for. Healing results from the dedication and professionalism of the staff and the presence of the Divine Physician, Jesus Christ.

It has a chapel where each morning the staff gathers to pray for one another, for the patients and for the restoration of everyone involved in the medical profession. In appropriate situations, the staff will pray with patients and their family members.

The clinic offers Restorative Reproductive Medicine, which is more effective, natural, ethical and less expensive than mainstream efforts to help women struggling with infertility, such as in vitro fertilization. RRM, as it's called, addresses the root causes of infertility. In addition to RRM, the clinic provides pediatric care, obstetrics, postpregnancy support, counseling, massage therapy and what it calls a center for graceful aging. The goal is to restore the whole person and to take as much time as needed to accomplish this.

Maybe something like Restore could find a place in Tulsa and supplement the great work of our two Catholic hospitals.

Eucharistic Adoration

Please call the Parish Office to take an hour with our Lord. He is waiting for you!

> **Tuesdays** 12:00-1:00 pm

Wednesdays 4:00-5:00 pm

Do you or a loved one need prayers? Submit your prayer request today! www.stbernardstulsa.org/prayer-line

Mass Assignments

Mary Isbell, Director

WEEKEND OF OCT. 11/12, 2025

Saturday — 5:00 pm

<u>Servers</u>: Jared Robak, Wes Carment <u>Readers</u>: Charlotte Richert, Ellen Barton <u>EMHCs</u>: John & Marcia Kapura, Kathy Sands, Phillip Doerpinghaus, Brad Walker, Margaret Hingey

<u>Ushers</u>: Team B-1 (Ray Alsdorf, Curt Andrews, Jim Chin, Phillip Daniel, Lonnie

Iannazzo)

Sunday — 8:00 am

<u>Servers</u>: Grayson & Riley Briggs <u>Readers</u>: Joan McNeely, Mary Jane Mueller <u>EMHCs</u>: Tonya Marlow, Steve McNeely, Melody Boeckman, Kristi Tran, **2 EMHCs Needed**

<u>Ushers</u>: Team B-2 (Chad Briggs, Bill Condrin, Brett Driscoll, Jim Flahive, Syd Monaghan, **1 Usher Needed**) <u>Greeters</u>: Cathye & John Hotaling

Sunday — 11:15 am

<u>Servers</u>: Piper & Jett Wilson, Cooper

Courtney, 1 Server Needed

Readers: 1 Reader Needed, Ebere

Mbam

EMHCs: Connie Sullivan, John Grace, Lisa Williams, Okja Chung, **2 EMHCs Needed**<u>Ushers</u>: Team B-3 (Alan Butler, Nick Hahn, Julian Urrea, Martin Waelder, Gina Wilson)

Greeters: Bob Washatka

Sunday — 5:00 pm

Servers: Alex & Owen Mahan

<u>Readers</u>: Leith Watkins, Megan Marriner <u>EMHCs</u>: Paul & Lesa Clark, Manuel Matos, Shelley Travers, Jim Shelton, Michael

Conner

<u>Ushers</u>: Team B-4 (Joel Dash, Thomas Eureste, Andrew Clark, John Travers)

Thank you all for serving our parish family!

Parish Life

Mary Isbell, Director

INFORMATIVE CHURCH SECURITY AWARENESS SESSION

The safety of our parishioners is top priority. We invite all parishioners to attend an Informative Church Security (continued)

Awareness session on **Sunday, Oct. 19, from 9:15-10:15 am in the gym**. This

informative session will cover key topics, including how to recognize potential threats, respond effectively during an emergency, and work together to maintain a safe, welcoming environment for all. We strongly encourage everyone to participate. Your presence helps us to stay prepared, proactive, and united in ensuring the safety of our parish. For more information, please contact Mary Isbell at parishlife@stbernardstulsa.org.

SENIOR LUNCHEON—OKTOBERFEST!

Seniors are invited to join us for the Senior Luncheon on Thursday, Oct. 16th, from 11:30 am-1:00 pm in the Community Room! Attendees are invited to bring a dessert to share with the group. PLEASE RSVP in one of the following ways so that there's enough food for everyone:

- Email parishlife@stbernardstulsa.org
- Call 918-299-9406 to RSVP with the parish receptionist
- Stop by the Parish Life Office and RSVP with Mary Isbell or the receptionist

Thank you in advance for your response and support!

ALTAR FLOWERS

The Filipino Community sponsored last weekend's altar flowers in honor of the Feast Day of San Lorenzo. A joyful and blessed celebration was held that was enjoyed by everyone who attended!

Adult Faith Formation, Marriage, & Family Life

Dr. Christine Miller, Director sbtulsa.flocknote.com/Update

ADULT FAITH FORMATION

Healing the Whole Person

Wednesdays, Sept. 17th-Nov. 19th, 6:00-8:00 pm. Registration is full. To be added to the waitlist for the next session, please contact Christine at aff@stbernardstulsa.org.

Sunday Readings Bible Study

Sundays, 9:15 am, room G-6.

Seekers of Truth

Tuesdays, 6:30-8:30 pm in F-4. We will study *The Chosen* Season 5. Please contact Sandra Waelder at 918-230-4779 for more info.

Thursday Morning Bible Study—

Thursdays, 9:30 am, in room G-8. For info, call Sharon Lechtenberg at 918-381-7869.

MARRIAGE & FAMILY LIFE

Moms Ministry

Meet other moms with school-aged children! We meet on Fridays, from 9:30-11:30 am in room G-8. Childcare is available each week and for older kids on distance learning days. Join our email list to receive updates at: SBTULSA.flocknote.com/Moms Email Christine at aff@stbernardstulsa.org with any questions.

Family Friendly Wednesdays

On Wednesday evenings, St. Bernard's offers Adult Faith Formation, Childcare Ministry for children ages 0-11, Middle School Youth Group, and a variety of events for the family!

CHILDCARE MINISTRY

Childcare is available for the weekend Masses, Family-Friendly Wednesdays, Moms' Ministry, and more! We welcome children on a first-come, first-served basis. Certain events require advanced registration. Questions? Email Meghan Cancinos at childcare@stbernardstulsa.org.

Preschool

Tara Sudler, Director

This month our religion lessons center around our Blessed Mother and the Holy Rosary, plus reciting the Hail Mary. We are incorporating the season of Fall in our curriculum as well. Please contact Tara Sudler at tsudler@stbernardstulsa.org or (918) 299-9432 if you have any questions or want to learn more about our program.



Online Giving

Thank you for your generous support of our parish!

Around Our Parish

CATHOLIC CHARITIES APPEAL

This weekend is the Catholic Charities Annual Appeal. With 15 programs, 7 locations, and 13 monthly mobile food pantries across Eastern Oklahoma, Catholic Charities intervenes early to keep families housed and stable. Please give generously. cceok.org/donate

DISCIPLESHIP MAKERS INDEX

DMI is a 75-question survey tool that invites parishioners to reflect on their discipleship journey and enables parish leaders to make data-driven decisions to help parishioners grow in their faith. The results of the DMI survey will be shared with parishioners in the coming months and we will have the ability to compare our results with local, regional and national trends. Survey goes live starting Oct. 7th; visit our website, social media, or 10/10 Friday E-News for the link!

JOIN THE HANDBELL CHOIR!

Please join the Handbell Choir! Choir practice is on Mondays from 7:00-8:00 pm in the Sanctuary. For more information, please contact Monica Stephenson, Director of Music, at monica@stbernardstulsa.org.

CHILDCARE MINISTRY HIRING

We're hiring more childcare attendants, so send in your application today. Questions? Please email Meghan Cancinos at childcare@stbernardstulsa.org. **Job description and application available at**: www.stbernardstulsa.org/childcare-ministry

KNIGHTS OF COL. FISHING TRIP

The St. Bernard's Knights of Columbus is sponsoring the 10th annual guided Lake Texoma Fishing Trip, Friday, Oct. 24 through Sunday Oct. 26. All parishioners, family members, and friends are invited. The cost is \$150/person for guide service and approximately \$100/night/room (up to 4 people) plus some incidentals for food. Please email or call Matt Fulghum for information. mfulghum@cox.net or (316) 617-6495.





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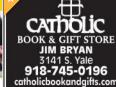
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