



OFFICE HOURS

Monday-Friday, 9:00 am-5:00 pm

SUNDAY MASSES

Saturday Vigil, 5:00 pm 8:00 am, 11:15 am, & 5:00 pm

WEEKDAY MASSES

Monday-Saturday, 8:30 am Wednesdays, 6:00 pm Main Church

ADORATION of the **BLESSED SACRAMENT**

Monday-Friday, 9:00 am-8:00 pm Good Shepherd Chapel

THE HOLY ROSARY

Prayed thirty minutes before all daily and weekend Masses except the 5:00 pm Sunday

HELPFUL INFORMATION

HEARING ASSISTANCE for MASS



If you or a loved one need hearing assistance for Mass, please visit the Welcome Center for an instructional card to help you connect to the sound system.

CONFESSIONS

Saturdays from 3:30-4:45 pm, thirty minutes before each Sunday Mass, or by appointment.

WEDDINGS

Six months' notice is required. Additional information is available on the parish website.

NEWCOMERS

To register as a parishioner, please complete the form on our website under "I'm New" or pick up a registration form & other information at the Welcome Center in the Commons.

SPECIAL REQUESTS

Please inform the Parish Office if you have a family member in the hospital or homebound.

ANOINTING OF THE SICK

If you or a loved one are seriously ill, please contact Fr. Jack or Fr. Shane as soon as possible for the Anointing of the Sick.

CHANGES

If you are moving or changing contact information, please notify the Parish Office.

Connect with [[s!

(918) 299-9406 www.stbernardstulsa.org

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Twitter: @stbernardtulsa

YouTube Channel: search for "St. Bernard of

Clairvaux Catholic Church"

Flocknote: to join the parish Flocknote, text *SBTULSA* to 84576 or sign up on our website

Parish Staff

V. Rev. Jack Gleason, Pastor, frjack@stbernardstulsa.org

Rev. Shane Hewson, Associate Pastor,

frshane@stbernardstulsa.org **Deacon Richard Campbell**

Deacon Pius Devasahayam

Deacon Vince Greuel

Deacon Bob Martin

Deacon Alan Mikell

Deacon Tim Sullivan, Director of RCIA and Evangelization, tsullivan@stbernardstulsa.org

Meghan Cancinos, Childcare Ministry Coordinator, childcare@stbernardstulsa.org

Michael Ellingson, Director of Business & Facility, meellingson@stbernardstulsa.org

Mary Isbell, Director of Parish Life, parishlife@stbernardstulsa.org

Chris Kendrick, Youth Faith Formation Coordinator, chrisk@stbernardstulsa.org

Dr. Christine Miller, *Director of Adult* Faith Formation, Marriage, & Family Life, aff@stbernardstulsa.org

Mary Poston, Director of Family Catechesis, Children's and Youth Faith Formation, maryp@stbernardstulsa.org

Kelly Roselle, Director of Communications, communications@stbernardstulsa.org

Hannah Schilling, Catechesis of the Good Shepherd Coordinator, hannahs@stbernardstulsa.org

Monica Stephenson, Director of Music, monica@stbernardstulsa.org

Tara Sudler, Director of Preschool, tsudler@stbernardstulsa.org

Michelle Wolfe, Parish Bookkeeper, mwolfe@stbernardstulsa.org

SAINT BERNARD OF CLAIRVAUX CATHOLIC CHURCH TULSA, OK — OCTOBER 19, 2025 TWENTY-NINTH SUNDAY IN ORDINARY TIME/C



Monday: St. Paul of the Cross

8:30 am, +Joan Pangel by Becky Lennon

Tuesday:

8:30 am, +Rylene Foegelle by M/M John Zink

Wednesday: St. John Paul II

8:30 am, +Peter & Rylene Foegelle by M/M David Fitch

Thursday: St. John of Capistrano

8:30 am, +Carol & Chip Richardville by M/M Francis Peek

Friday: St. Anthony Mary Claret

8:30 am, +Vincent Siren

Saturday: Blessed Virgin Mary

8:30 am, 50th Wedding Anniversary of Jackie & Hilda Lissonnet

5:00 pm, +Dick McElwee by Ronda Spears **Sunday: Thirtieth Sunday in Ord. Time** 8:00 am, +Tim Hellman by Klaus Family 5:00 pm, +Don Gaff by M/M Glen Sudler

To request a Mass, please call the Parish Office at (918) 299-9406.

What's Happening

OCTOBER

18-19—Boxes of Joy Begins

19—Church Security Awareness Session

19—Seeds of Faith Donuts on Playground

22—High School Faith Circles

22—Confirmation

23—Baptism Class

24-26—Knights of Columbus Fishing Trip

25—Carnival Trunk or Treat

26—Pathways

26-Coffee & Donuts

29—Confirmation

29—Faith Circles Adoration

NOVEMBER

1—All Saints Day

2—All Souls Day

2—Seeds of Faith

2—Chosen & Sent

9—Pathways

16—Chosen & Sent

Family Catechesis & Children's Faith Formation

Mary Poston, Director Hannah Schilling, Coordinator

SEEDS OF FAITH

Donuts on the Playground 10/19!

Want to meet other young families while enjoying the beautiful Fall weather? Join us for donuts, coffee, and outdoor fun this Sunday immediately after the 8:00 am Mass down at the Pavilion by the Preschool Playground. We will meet for Donuts on the Playground on the third Sunday of the month going forward, (weather permitting).

PATHWAYS

We look forward to seeing everyone for sessions on Oct. 26th, Nov. 9 & 23.

CHOSEN & SENT (3-8 GRADE CONF.)

We had a great first session and look forward to walking alongside each family for Confirmation preparation. Our next sessions are Nov. 2 & 16! Don't forget to do your family activity!

CARNIVAL TRUNK OR TREAT



Carnival Trunk or Treat is on Oct. 25th, 2:00-4:00 pm. We are looking for parishioners and ministries to host a trunk! Use the QR code to sign up!

Preschool

Tara Sudler, Director

This month our religion lessons center around our Blessed Mother and the Holy Rosary, plus reciting the Hail Mary. We are incorporating the season of Fall in our curriculum as well. Please contact Tara Sudler at (918) 299-9432 or tsudler@stbernardstulsa.org if you have any questions or want to learn more!

Youth Faith Formation

Mary Poston, Director Chris Kendrick, Coordinator

HIGH SCHOOL YOUTH

High School Faith Circles

(Contact: Mary Poston)

We enjoyed kicking off Faith Circles! Our next session is Oct. 22nd. Don't forget to bring your Bible. Join us for Adoration on Oct. 29th!

High School Confirmation

(Contact: Mary Poston)

It was great to welcome everyone to our HS Confirmation program. We meet Oct. 22th & 29th.

High School Sunday Nights

(Contact: Chris Kendrick)

Join us every Sunday for High School Youth, in the gym from 6:00-8:00 pm. This is where faith, fun, and friends come together each week.

MIDDLE SCHOOL YOUTH

Middle School Wednesdays

(Contact: Chris Kendrick)

Middle School Youth meets every Wednesday from 6:30-8:00 pm in the gym, and we invite you to join us for the 6:00 pm daily Mass beforehand! Each night is filled with activities, fellowship, and opportunities to grow deeper in faith. We look forward to seeing you!

Young Adult Faith Formation

Chris Kendrick, Coordinator

"IGNITE" BIBLE STUDY

Gathering around a campfire, we will dive into Scripture and meaningful conversation about God, the person of Jesus Christ, and the wisdom of His Word. We meet every other Tuesday at 6:45 pm at the outside basketball courtyard, weather permitting. Come join us for fellowship, prayer, and discussion as we let the fire of God's Word ignite our hearts.

Faith & Family

Deacon Tim Sullivan

SOUNDS OF SILENCE

Fr. Jack and Fr. Shane have frequently preached about the importance of silence in the spiritual life. Integrating silence into our lives is a challenge when life for most of us involves constant noise.

Why is silence so important? Well, if prayer is having a conversation with God, who should be doing most of the talking? God, of course, should dominate the conversation, but how do we hear Him?

The principal of silence in prayer is that silence magnifies God's voice. When we are quiet, and trying not to even have a conscious thought, it is then that God can break through and speak to us. Our silence is complemented by stillness, finding a position that is comfortable enough that we don't even move for a good length of time.

The best place for silence and hearing God's voice is a chapel where Eucharistic Adoration is available. If we have a big decision to make, that's the best place to go. If that's not available, the best option is a natural setting where there is no unnatural noise. We will find that having quiet time with God nourishes our spiritual life and also refreshes us physically and mentally.

"By waiting and by calm you will be saved, in quiet and trust your strength lies." Isaiah 30:15

Eucharistic Adoration

Please call the Parish Office at (918) 299-9406 to take an hour with our Lord. He is waiting for you!

Tuesdays

12:00-1:00 pm

Fridays

11:00 am-12:00 pm 3:00-4:00 pm

Do you or a loved one need prayers? Submit your prayer request today! www.stbernardstulsa.org/prayer-line

Mass Assignments

Mary Isbell, Director

WEEKEND OF OCT. 25/26, 2025

Saturday — 5:00 pm

<u>Servers</u>: Valerie Austin, *1 Server Needed*

Readers: 1 Reader Needed, Curt

Andrews

EMHCs: Margaret Hingey, Phillip Doerpinghaus, Lonnie Iannazzo, Ray Alsdorf, Flor Bendana, *1 EMHC Needed* Ushers: Team D-1 (Bob Potwora, John Kushnerick, Randall Young, Brad Walker, *1*

Usher Needed) Greeters: Jim Chin

Sunday — 8:00 am

<u>Servers</u>: Hunter Hickman, Emma Hansen <u>Readers</u>: Matt Sirkis, Cindy Streif <u>EMHCs</u>: Syd Monaghan, Tonya Marlow,

Bonnie Niebergall, Bill Condrin, Michael

Youngwirth, Paul Nguyen

<u>Ushers</u>: Team D-2 (Diane Bechtel, Ed Dill, Mary Ellen & Terry Gordon, Annie Jones)

Sunday — **11:15** am

<u>Servers</u>: Xavier Friel, Santi Pereira, **2**

Servers Needed

Readers: Rita Buedden, Lisa Williams EMHCs: Okja Chung, **5 EMHCs Needed** Ushers: Team D-3 (Manuel Matos, Michel Shahwan, Julian Urrea, Gina Wilson, **1**

Usher Needed)

Greeters: Ronda Spears

Sunday — **5:00** pm

Servers: 2 Servers Needed

Readers: Sue Ramsey, Richard Incremona EMHCs: John Ramsey, Leith Watkins, Jim Shelton, Michael Conner, 2 EMHCs Needed Ushers: Team D-4 (Nila Bennett, William

Ferguson, Rene & Valerie Knapp)

Parish Life

Mary Isbell, Director

CHURCH SECURITY AWARENESS

The safety of our parishioners is top priority. We invite all parishioners to attend an Informative Church Security Awareness session **this Sunday, Oct. 19, from 9:15-10:15 am in the gym**. This informative session will cover key topics, including how to recognize potential threats, respond effectively during an emergency, (continued)

and work together to maintain a safe, welcoming environment for all. We strongly encourage everyone to participate. Your presence helps us to stay prepared, proactive, and united in ensuring the safety of our parish. For more info, email Mary Isbell at parishlife@stbernardstulsa.org.

COFFEE & DONUTS NEXT SUNDAY

Coffee & Donuts is next Sunday, Oct. 26th, after the 8:00 am Mass in the Community Room. Enjoy refreshments and meet other parishioners!

ALTAR FLOWERS

This weekend's altar flowers are sponsored by David and Mickey Fitch in honor of their 48th Wedding Anniversary. Congratulations, and God bless you both!

ALL SOULS DAY

In honor of All Souls Day, parishioners are invited to bring a framed photo of a loved one who has passed away in the past year. Photos will be displayed in November as we remember and pray for the souls of our beloved dead. Please bring your framed photo to the church Nov. 1–2 and place it on the table in the Narthex with your name and phone number on the back. A Book of the Dead will also be available to write the names of deceased loved ones who have passed away at any time.

SPIRIT OF HOSPITALITY

In a recent homily, Fr. Jack encouraged us to embrace a spirit of hospitality within our parish community. One easy way to do this is by greeting one another and warmly welcoming newcomers. A great opportunity to put this into action is by volunteering at the Welcome Center. This is a simple but impactful ministry where volunteers greet parishioners 15 minutes before Mass and again for about 15 minutes after Mass. Would you please consider offering your time to help create a welcoming environment for all who come to worship with us?

We also greatly need Ushers at the Saturday, 5:00 pm Mass. Your commitment for this position would only be to serve the first Saturday of each month.

MEALS OF MERCY

We extend our heartfelt thanks to Meals of Mercy Team 5 for their dedicated service at the funeral reception for James Fitzgerald. A special note of appreciation to Team Captain Lisa Williams for her leadership. We also sincerely thank Meals of Mercy Team 1 for their service at the funeral reception for Daniel Knebel, with special gratitude to Team Captain Charlotte Richert for her leadership.

Adult Faith Formation, Marriage, & Family Life

Dr. Christine Miller, Director sbtulsa.flocknote.com/Update

ADULT FAITH FORMATION

Healing the Whole Person

Wednesdays, Sept. 17th-Nov. 19th, 6:00-8:00 pm. Registration is full. To be added to the waitlist for the next session, please contact Christine at aff@stbernardstulsa.org.

Sunday Readings Bible Study

Sundays, 9:15 am, room G-6.

Seekers of Truth

Tuesdays, 6:30-8:30 pm in F-4. We will study *The Chosen* Season 5. Please contact Sandra Waelder at 918-230-4779 for more info.

Thursday Morning Bible Study—

Thursdays, 9:30 am, in room G-8. For info, call Sharon Lechtenberg at 918-381-7869.

MARRIAGE & FAMILY LIFE

Moms Ministry

Meet other moms with school-aged children! We meet on Fridays, from 9:30-11:30 am in room G-8. Childcare is available each week and for older kids on distance learning days. Join our email list to receive updates at: SBTULSA.flocknote.com/Moms

Family Friendly Wednesdays

On Wednesday evenings, St. Bernard's offers Adult Faith Formation, Childcare Ministry for children ages 0-11, Middle School Youth Group, and a variety of events for the family!

CHILDCARE MINISTRY

Childcare is available for the weekend Masses, Family-Friendly Wednesdays, Moms' Ministry, and more! We welcome children on a first-come, first-served basis. Certain events require advanced registration. Questions? Email Meghan Cancinos at childcare@stbernardstulsa.org.

Around Our Parish

DISCIPLESHIP MAKERS INDEX

DMI is a 75-question survey tool that invites parishioners to reflect on their discipleship journey and enables parish leaders to make data-driven decisions to help parishioners grow in their faith. The results of the DMI survey will be shared with parishioners in the coming months and we will have the ability to compare our results with local, regional and national trends. Survey is live! Visit our website, social media, or Friday E-News for the link!

BAPTISM CLASS

Baptism Class is this Thursday, Oct. 23, from 7:00-8:00 pm in the Community Room with Fr. Jack. Please join us if you are planning to have a child baptized.

CHILDCARE MINISTRY HIRING

We're hiring more childcare attendants, so send in your application today. Questions? Please email Meghan Cancinos at childcare@stbernardstulsa.org. **Job description and application available at**: www.stbernardstulsa.org/childcare-ministry

BOXES OF JOY

Boxes of Joy start this weekend, Oct. 18/19, through Nov. 1. Please do not put cash or checks in the boxes. Shipping is \$9/box. crosscatholic.org/box-of-joy/



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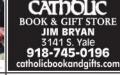
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