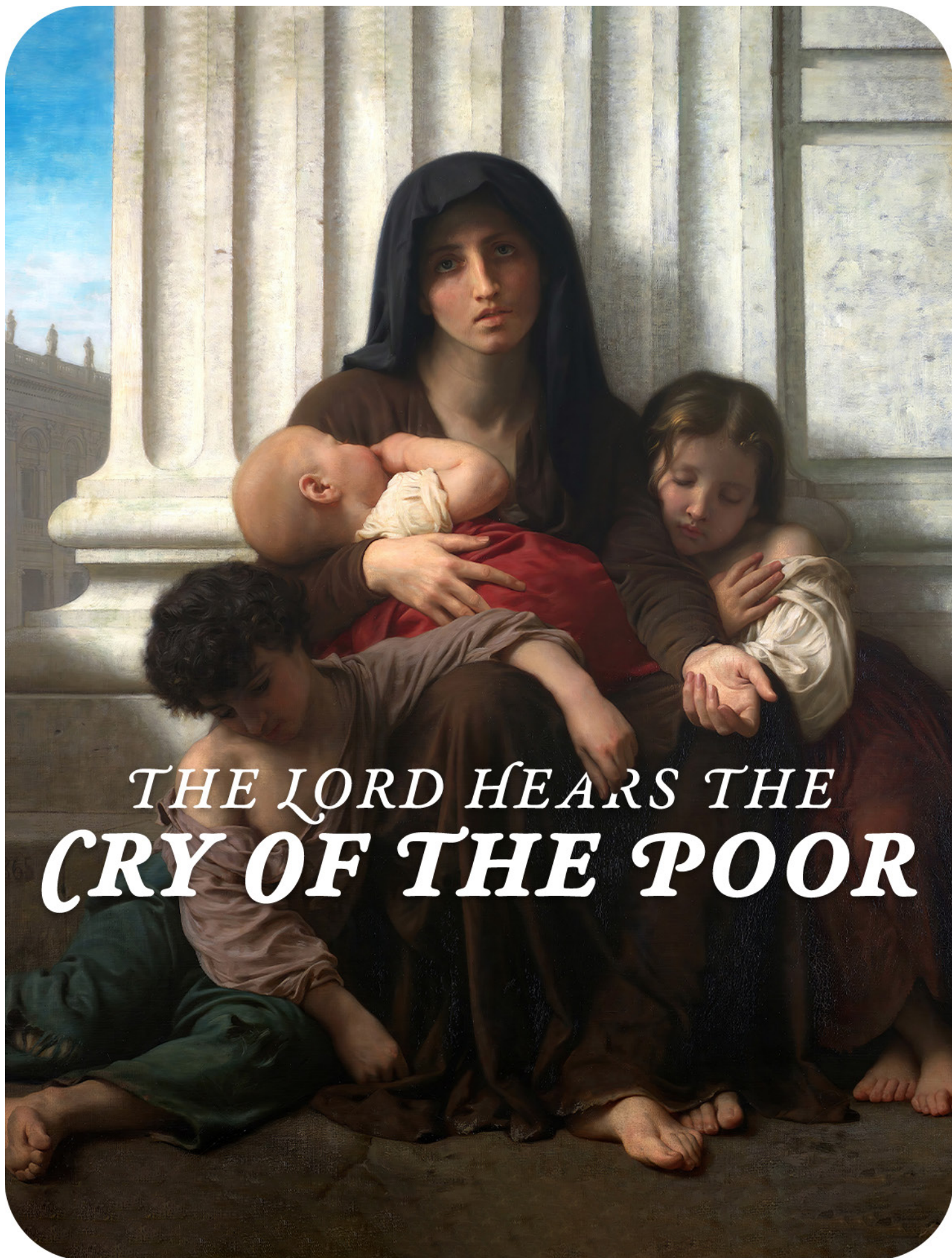




*THE LORD HEARS THE
CRY OF THE POOR*



St. Bernard of Clairvaux

4001 East 101st Street, Tulsa, OK | 918.299.9406

OFFICE HOURS

Monday-Friday, 9:00 am-5:00 pm

SUNDAY MASSES

Saturday Vigil, 5:00 pm
8:00 am, 11:15 am, & 5:00 pm

WEEKDAY MASSES

Monday-Saturday, 8:30 am
Wednesdays, 6:00 pm
Main Church

ADORATION of the BLESSED SACRAMENT

Monday-Friday, 9:00 am-8:00 pm
Good Shepherd Chapel

THE HOLY ROSARY

Prayed thirty minutes before all daily and weekend Masses *except* the 5:00 pm Sunday

HELPFUL INFORMATION

HEARING ASSISTANCE for MASS

 If you or a loved one need hearing assistance for Mass, please visit the Welcome Center for an instructional card to help you connect to the sound system.

CONFESSIONS

Saturdays from 3:30-4:45 pm, thirty minutes before each Sunday Mass, or by appointment.

WEDDINGS

Six months' notice is required. Additional information is available on the parish website.

NEWCOMERS

To register as a parishioner, please complete the form on our website under "I'm New" or pick up a registration form & other information at the Welcome Center in the Commons.

SPECIAL REQUESTS

Please inform the Parish Office if you have a family member in the hospital or homebound.

ANOINTING OF THE SICK

If you or a loved one are seriously ill, please contact Fr. Jack or Fr. Shane as soon as possible for the Anointing of the Sick.

CHANGES

If you are moving or changing contact information, please notify the Parish Office.

Connect with Us!

(918) 299-9406
www.stbernardstulsa.org

4001 East 101st Street
Tulsa, OK 74137

Facebook: /stbernardstulsa

Instagram: @stbernardofclairvaux

Twitter: @stbernardtulsa

YouTube Channel: search for "St. Bernard of Clairvaux Catholic Church"

Flocknote: to join the parish Flocknote, text SBTULSA to 84576 or sign up on our website

Parish Staff

V. Rev. Jack Gleason, Pastor,
frjack@stbernardstulsa.org

Rev. Shane Hewson, Associate Pastor,
frshane@stbernardstulsa.org

Deacon Richard Campbell

Deacon Pius Devasahayam

Deacon Vince Greuel

Deacon Bob Martin

Deacon Alan Mikell

Deacon Tim Sullivan, Director of RCIA and Evangelization, tsullivan@stbernardstulsa.org

Meghan Cancinos, Childcare Ministry Coordinator,
childcare@stbernardstulsa.org

Michael Ellingson, Director of Business & Facility, meellingson@stbernardstulsa.org

Mary Isbell, Director of Parish Life,
parishlife@stbernardstulsa.org

Chris Kendrick, Youth Faith Formation Coordinator,
chrisk@stbernardstulsa.org

Dr. Christine Miller, Director of Adult Faith Formation, Marriage, & Family Life,
aff@stbernardstulsa.org

Mary Poston, Director of Family Catechesis, Children's and Youth Faith Formation,
maryp@stbernardstulsa.org

Kelly Roselle, Director of Communications,
communications@stbernardstulsa.org

Hannah Schilling, Catechesis of the Good Shepherd Coordinator, hannahs@stbernardstulsa.org

Monica Stephenson, Director of Music,
monica@stbernardstulsa.org

Tara Sudler, Director of Preschool,
tsudler@stbernardstulsa.org

Michelle Wolfe, Parish Bookkeeper,
mwolfe@stbernardstulsa.org

SAINT BERNARD OF CLAIRVAUX CATHOLIC CHURCH
TULSA, OK — OCTOBER 26, 2025
THIRTIETH SUNDAY IN ORDINARY TIME/C



MASS INTENTIONS

Oct. 27-Nov. 2, 2025

Monday:

8:30 am, +Peter & Rylene Foegelle by M/M
John Zink

Tuesday: Sts. Simon and Jude

8:30 am, +JoAnn Pagel by Jean Jaeger

Wednesday:

8:30 am, +Ann Nguyen by Paul Nguyen

Thursday:

8:30 am, +Susan Stegemann by Tom
McGeehan

Friday:

8:30 am, Sp. Int. Christina Jones & Family

Saturday: All Saints Day

8:30 am, +Todd Lechtenberg by M/M Tony
Lechtenberg

5:00 pm, +Alexander Degan

Sunday: All Souls' Day

8:00 am, +Mark Meussner by Cathy
Meussner

5:00 pm, +Mike Baker by Paige & Becky
Baker

**To request a Mass, please call the Parish
Office at (918) 299-9406.**

What's Happening

OCTOBER

26—Pathways

26—Coffee & Donuts

29—Faith Circles & HS Conf. Adoration

NOVEMBER

1—All Saints Day

2—All Souls Day

2—Seeds of Faith

2—Chosen & Sent

2—Boxes of Joy Due

8/9—Christmas Card Sale

9—Pathways

9—Church Tour

9—Newcomer Welcome Breakfast

15/16—Christmas Card Sale

16—Chosen & Sent

20—Senior Luncheon

22—Faith Circles

23—Pathways

Family Catechesis & Children's Faith Formation

Mary Poston, Director
Hannah Schilling, Coordinator

SEEDS OF FAITH

Families with children between the ages of 0-6 years are invited to join us for our brand new program, *Seeds of Faith*, next Sunday, **Nov. 2nd, from 9:00-11:00 am in G8.** **Please note that this is a room change from where we met last time!** We will offer a continental breakfast, age-appropriate and faith-based activities, a short lesson, and resources for you to take home and use throughout the month. Plus, enjoy time to meet other young families of our parish!

PATHWAYS

We look forward to seeing everyone for sessions on Nov. 9 & 23.

CHOSEN & SENT (3-8 GRADE CONF.)

We had a great first session and look forward to walking alongside each family for Confirmation preparation. Our next sessions are Nov. 2 & 16! Don't forget to do your family activity!

Preschool

Tara Sudler, Director

This month our religion lessons center around our Blessed Mother and the Holy Rosary, plus reciting the Hail Mary. We are incorporating the season of Fall in our curriculum as well. Please contact Tara Sudler at (918) 299-9432 or tsudler@stbernardstulsa.org if you have any questions or want to learn more!



Online Giving

*Thank you for your generous
support of our parish!*

Youth Faith Formation

Mary Poston, Director
Chris Kendrick, Coordinator

HIGH SCHOOL YOUTH

High School Faith Circles

(Contact: Mary Poston)

Join us for Adoration on Oct. 29th!

High School Confirmation

(Contact: Mary Poston)

Join us for Adoration on Oct. 29th!

High School Sunday Nights

(Contact: Chris Kendrick)

Join us every Sunday for High School Youth, in the gym from 6:00-8:00 pm. This is where faith, fun, and friends come together each week.

MIDDLE SCHOOL YOUTH

Middle School Wednesdays

(Contact: Chris Kendrick)

Middle School Youth meets every Wednesday from 6:30-8:00 pm in the gym, and we invite you to join us for the 6:00 pm daily Mass beforehand! Each night is filled with activities, fellowship, and opportunities to grow deeper in faith. We look forward to seeing you!

Young Adult Faith Formation

Chris Kendrick, Coordinator

"IGNITE" BIBLE STUDY

Gathering around a campfire, we dive into Scripture and meaningful conversation about God, the person of Jesus Christ, and the wisdom of His Word. Study meets every other Tuesday at 6:45 pm at the outside basketball courtyard, weather permitting. Join us for fellowship, prayer, and discussion!

**Do you or a loved one need prayers?
Submit your prayer request today!**
www.stbernardstulsa.org/prayer-line

Faith & Family

Deacon Tim Sullivan

WHAT'S WRONG; WHAT'S POSSIBLE

Two of the biggest problems for any individual, married couple, family or organization are to see objectively what needs correction and to perceive in a creative, accurate way what is possible.

There's always a challenge caused by the "momentum of what's always been done." People and organizations typically adopt a style of functioning that becomes ingrained and hard to change. We may not be open at all to suggestions about how things could and should be different.

I strongly recommend that married couples, whether they have children in the home or not, have a regular practice of meeting to reflect on their relationship. The meeting should start with prayer for guidance of the Holy Spirit, to help us see what we have trouble seeing. Then the couple should examine the various aspects of married life to determine what and how to improve. For this to work, the couple has to be open, trusting and not defensive.

Our faith life is one of those areas where we can be on automatic pilot. There's a tendency to focus on what we are doing and not on whether we are growing. This can be an institutional problem for the Church. For over six decades, tens of millions of people have left the Catholic Church. It doesn't seem that there is an accurate understanding of why this is happening or what to do about it.

"Now to him who is able to accomplish far more than all we ask or imagine, by the power at work within us, to him be glory in Christ Jesus." Ephesians 3:20-21

Eucharistic Adoration

Please call the Parish Office at (918) 299-9406 to take an hour with our Lord.

Tuesdays

12:00-1:00 pm

Fridays

11:00 am-12:00 pm
3:00-4:00 pm

Mass Assignments

Mary Isbell, Director

WEEKEND OF NOV. 1/2, 2025

Saturday — 5:00 pm

Servers: Piper & Jett Wilson

Readers: John Hotaling, Charles Harrison

EMHCs: Cathye Hotaling, Margaret Hingey, John & Marcia Kapura, Ellen Barton, Phillip Doerpinghaus

Ushers: Team A-1 (Barbara Powell, **4 Ushers Needed**)

Sunday — 8:00 am

Servers: Hunter Hickman, Isabel Engelbrecht

Readers: Becky Brambl, Chad Briggs

EMHCs: Syd Monaghan, Bonnie Niebergall, Minwoo & Julia Kwon, Jessica Engelbrecht, Tonya Marlow

Ushers: Team A-2 (Mike McCann, Mike Oliver, Joe Pixley, Doc Wallace)

Sunday — 11:15 am

Servers: Xavier Friel, Santi Pereira, Elijah Clink, Judah Poston

Readers: Rita Buedden, Ebere Mbam

EMHCs: Lauren Ngo, Lisa Williams, Sharon Lechtenberg, Brad Walker, **2 EMHCs Needed**

Ushers: Team A-3 (Victoria Vo, Diane Bechtel, Annie Jones, Tara Sudler, Gina Wilson)

Sunday — 5:00 pm

Servers: Cooper Courtney, Owen Mahan

Readers: Molly Saleh, Lesa Clark

EMHCs: Paul Clark, William Ferguson, Manuel Matos, Sue Ramsey, Linda Forth, **1 EMHC Needed**

Ushers: Team A-4 (Thomas Eureste, Andrew Clark, John Ramsey, Jesus Vega)

Parish Life

Mary Isbell, Director

THANK YOU, OFFICER THOMPSON!

A huge thank you to Officer Ryan Thompson for leading our Church Security Awareness session last Sunday. His information was incredibly helpful. We're so grateful to have someone from our own church family who is willing to share his knowledge and expertise with us. Thanks again, Ryan — we appreciate you!

ALTAR FLOWERS

This weekend's altar flowers are sponsored by Jim & Peggy Chin in honor of their Wedding Anniversary. Congratulations, and God bless you both!

COFFEE & DONUTS THIS SUNDAY

Coffee & Donuts is this Sunday, Oct. 26th, after the 8:00 am Mass in the Community Room. Enjoy refreshments & meet friends!

ALL SOULS DAY

Parishioners are invited to bring a framed photo of a loved one who has passed away in the past year. Photos will be displayed in November as we remember and pray for the souls of our beloved dead. *Please bring your framed photo to the church Nov. 1-2 and place it on the table in the Narthex with your name and phone number on the back.* A Book of the Dead will be available to write names of loved ones who passed away at any time.

SPIRIT OF HOSPITALITY— WELCOME CENTER & USHERS

Volunteers are needed at the **Welcome Center**. This is a simple but impactful ministry where volunteers greet parishioners 15 minutes before and after Mass. Would you please help create a welcoming environment for all who come to worship with us? We also greatly need **Ushers** at the Saturday, 5:00 pm Mass. Your commitment for this position would only be to serve the first Saturday of each month. To volunteer or get more info, contact Mary: parishlife@stbernardstulsa.org.

SENIOR LUNCHEON

Thank you to everyone who attended the Senior Luncheon last week! It was a fun time celebrating Oktoberfest together! Special thanks to Andi Bahlinger, Denise Cramer, Luz Allwein, Virginia Turner, and Troy Isbell for your incredible help with decorating, set-up, serving, and clean-up. We couldn't have done it without you! **Save the date for our next Senior Luncheon on 11/20!**

CHURCH TOUR—ALL WELCOME!

Are you interested in learning about (cont.)

the rich history of St. Bernard's and exploring the church building? Join us on Sunday, Nov. 9th, at 10:00 am in the North Commons (area outside of the gym) for a tour and some fascinating facts. All are welcome, both newcomers and established parishioners.

NEWCOMER WELCOME BREAKFAST

If you've joined our parish anytime over the past year — welcome! We are so glad you're here and warmly invite you and your family to a complimentary breakfast at the Knights of Columbus Pancake Breakfast on Sunday, Nov. 9th, after the 8:00 am Mass.

The table outside the gym will have your welcome bag and a breakfast ticket for you and your family. If you're not able to attend, your ticket will be good for a future pancake breakfast. To get your ticket, please email Mary Isbell at parishlife@stbernardstulsa.org or stop by the Parish Life Office.

Adult Faith Formation, Marriage, & Family Life

Dr. Christine Miller, Director
sbtulsa.flocknote.com/Update

ADULT FAITH FORMATION

Healing the Whole Person

Wednesdays, Sept. 17th-Nov. 19th, 6:00-8:00 pm. Registration is full. To be added to the waitlist for the next session, please contact Christine at aff@stbernardstulsa.org.

Sunday Readings Bible Study

Sundays, 9:15 am, room G-6.

Seekers of Truth

Tuesdays, 6:30-8:30 pm in F-4. We will study *The Chosen* Season 5. Please contact Sandra Waelder at 918-230-4779 for more info.

Thursday Morning Bible Study—

Thursdays, 9:30 am, in room G-8. For info, call Sharon Lechtenberg at 918-381-7869.

MARRIAGE & FAMILY LIFE

Moms Ministry

Meet other moms with school-aged children! We meet on Fridays, from 9:30-11:30 am in room G-8. Childcare is available each week and for older kids on distance (continued)

learning days. Join our email list to receive updates at: SBTULSA.flocknote.com/Moms

Family Friendly Wednesdays

On Wednesday evenings, St. Bernard's offers Adult Faith Formation, Childcare Ministry for children ages 0-11, Middle School Youth Group, and a variety of events for the family!

CHILDCARE MINISTRY

Childcare is available for the weekend Masses, Family-Friendly Wednesdays, Moms' Ministry, and more! We welcome children on a first-come, first-served basis. Certain events require advanced registration. Questions? Email Meghan Cancinos at childcare@stbernardstulsa.org.

Around Our Parish

"AMERICA PRAYS" PRAYER GROUP

The St. Bernard's America Prays Prayer Group meets every Friday at 9:15 am in G-5 for one hour. All are invited to join in praying for our country. This group arose from President Trump's request to pray for our nation as we approach the 250th anniversary of our country's independence.

ADVENT BY CANDLELIGHT

Save the date for Advent by Candlelight on Monday, Dec. 1st, at 7:00 pm in the gym. This year's featured speaker is Dr. Christine Miller. Contact Kathy Sands at 918-625-9836/lukent007@yahoo.com to hostess a table, RSVP as a guest, or get more info.

CHRISTMAS CARDS SALE

The Knight of Columbus are selling "Keep Christ in Christmas" cards in the commons before and after Mass for two weekends only: Nov. 8th/9th & 15th/16th. Limited supply!

DISCIPLESHIP MAKERS INDEX

Survey is live! Visit our website, social media, or Friday E-News for the link! The DMI is a 75-question survey tool that invites parishioners to reflect on their discipleship journey and enables parish leaders to make data-driven decisions to help parishioners grow in their faith.



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