Stay awake! For you do not know on which day your Lord will come. Matthew 24:42 1st Sunday of



OFFICE HOURS

Monday-Friday, 9:00 am-5:00 pm

SUNDAY MASSES

Saturday Vigil, 5:00 pm 8:00 am, 11:15 am, & 5:00 pm

WEEKDAY MASSES

Monday-Saturday, 8:30 am Wednesdays, 6:00 pm Main Church

ADORATION of the BLESSED SACRAMENT

Monday-Friday, 9:00 am-8:00 pm Good Shepherd Chapel

THE HOLY ROSARY

Prayed thirty minutes before all daily and weekend Masses except the 5:00 pm Sunday

HELPFUL INFORMATION

HEARING ASSISTANCE for MASS



If you or a loved one need hearing assistance for Mass, please visit the Welcome Center for an instructional card to help you connect to the sound system.

CONFESSIONS

Saturdays from 3:30-4:45 pm, thirty minutes before each Sunday Mass, or by appointment.

WEDDINGS

Six months' notice is required. Additional information is available on the parish website.

NEWCOMERS

To register as a parishioner, please complete the form on our website under "I'm New" or pick up a registration form & other information at the Welcome Center in the Commons.

SPECIAL REQUESTS

Please inform the Parish Office if you have a family member in the hospital or homebound.

ANOINTING OF THE SICK

If you or a loved one are seriously ill, please contact Fr. Jack or Fr. Shane as soon as possible for the Anointing of the Sick.

CHANGES

If you are moving or changing contact information, please notify the Parish Office.

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Clairvaux Catholic Church"

Flocknote: to join the parish Flocknote, text *SBTULSA* to 84576 or sign up on our website

Parish Staff

V. Rev. Jack Gleason, Pastor, frjack@stbernardstulsa.org

Rev. Shane Hewson, Associate Pastor,

frshane@stbernardstulsa.org

Deacon Richard Campbell

Deacon Pius Devasahayam

Deacon Vince Greuel

Deacon Bob Martin

Deacon Alan Mikell

Deacon Tim Sullivan, Director of RCIA and Evangelization, tsullivan@stbernardstulsa.org

Meghan Cancinos, Childcare Ministry Coordinator, childcare@stbernardstulsa.org

Michael Ellingson, *Director of Business & Facility*, meellingson@stbernardstulsa.org

Mary Isbell, Director of Parish Life, parishlife@stbernardstulsa.org

Chris Kendrick, Youth Faith Formation Coordinator, chrisk@stbernardstulsa.org

Dr. Christine Miller, Director of Adult Faith Formation, Marriage, & Family Life, aff@stbernardstulsa.org

Mary Poston, Director of Family Catechesis, Children's and Youth Faith Formation, maryp@stbernardstulsa.org

Kelly Roselle, Director of Communications, communications@stbernardstulsa.org

Hannah Schilling, Catechesis of the Good Shepherd Coordinator, hannahs@stbernardstulsa.org

Monica Stephenson, *Director of Music,* monica@stbernardstulsa.org

Tara Sudier, *Director of Preschool,* tsudier@stbernardstulsa.org

Michelle Wolfe, Parish Bookkeeper, mwolfe@stbernardstulsa.org SAINT BERNARD OF CLAIRVAUX CATHOLIC CHURCH TULSA, OK - NOVEMBER 30, 2025 FIRST SUNDAY OF ADVENT/A



Monday:

8:30 am, +Kenny Jennings

Tuesday:

8:30 am, +Lynette Bailey by M/M Gary Beniamin

Wednesday: St. Francis Xavier

8:30 am, +Nghiep & Tuan Nguyen by Kim Nguyen

Thursday: St. John Damascene

8:30 am, +Jennifer Larkin by Guzman Family Friday:

8:30 am, +Betty Joyce by Linda Clancy

Saturday: St. Nicholas

8:30 am, +Judy Klos by Marsha Cowan 5:00 pm, +Casey Zadner by M/M Mike Zadner

Sunday: Second Sunday of Advent 8:00 am, +John Emerson by M/M Tom McGeehan

5:00 pm, +Ann Romano by Carmine Romano

To request a Mass, please call the Parish Office at (918) 299-9406.

Please consider St. Bernard's in your estate and trust planning. Thank you!

What's Happening

NOVEMBER

30—Coat Drive Ends

DECEMBER

1—Advent by Candlelight

3—Children's Choir Practice #1

3—Parents Night Out

3—Men of the Upper Room

6—Journey to Bethlehem

7—Seeds of Faith

10—Family Game Night

10—Children's Choir Practice #2

12—Our Lady of Guadalupe Celebration

17—Children's Choir Practice #3

18—Senior Luncheon

19-High School Lock-In

23-Children's Choir Dress Rehearsal

24/25—Infirm & Retired Priests 2nd Collection

Family Catechesis & Children's Faith Formation

Mary Poston, Director Hannah Schilling, Coordinator

JOURNEY TO BETHLEHEM—NEXT WEEKEND!

All families are invited to join us for "Journey to Bethlehem," an interactive Advent experience this coming Saturday, Dec. 6th, 9:00-11:00 am! This event is replacing the event formally known as Breakfast with Santa. Families will enjoy a delicious pancake breakfast and hot cocoa bar, then participate in activities designed to help enter into the Advent season. Please email Mary at maryp@stbernardstulsa.org to volunteer!

SEEDS OF FAITH

Families with children between the ages of 0-6 years are invited to join us for our new program, "Seeds of Faith," next Sunday, Dec. 7, from 9:00-11:00 am, in G8. We will offer a continental breakfast, ageappropriate, faith-based activities, a short lesson, and resources for you to take home and use throughout the month. Plus, meet other young families from around our parish!

Preschool

Tara Sudler, Director

This month our classes are learning about various Saints in recognition of All Saints Day, as well as Thanksgiving, Native Americans, and Pilgrims. We continue to work on learning the Ten Commandments, as well as memorized prayer. Please contact Tara Sudler at tsudler@stbernardstulsa.org or (918) 299-9432 if you have any questions or want to learn more!



Online Giving

Thank you for your generous support of our parish!

Youth Faith Formation

Mary Poston, Director Chris Kendrick, Coordinator

HIGH SCHOOL YOUTH

High School Faith Circles

(Contact: Mary Poston)
Updates coming soon!

High School Confirmation

(Contact: Mary Poston)
Updates coming soon!

High School Sunday Nights

(Contact: Chris Kendrick)
High School resumes to kick off the Frist
Week of Advent in the Youth Room from 6:00
-8:00 pm. We're a couple of weeks away
from our High School Lock In on Dec. 19th!
We kick this night off at 8:00 pm in the gym.
Register with Chris Kendrick at
chrisk@stbernardstulsa.org!

MIDDLE SCHOOL YOUTH

Middle School Wednesdays

(Contact: Chris Kendrick)
Middle School meets this Wednesday, Dec.
3rd, in the gym from 6:30-8;00 pm. Join us as we start off the Advent Season and begin preparing ourselves for the birth of Jesus.

Choir

Monica Stephenson, Director

CHILDREN'S CHRISTMAS CHOIR

Calling all children in grades 1st—6th to join the Children's Christmas Choir!

Practices are in the Sanctuary after 6:00 pm Mass:

Wednesday, Dec. 3, 6:30-7:00 pm Wednesday, Dec. 10, 6:30-7:00 pm Wednesday, Dec. 17, 6:30-7:00 pm

Children <u>must commit</u> to at least two (2) Wednesday practices. The dress rehearsal on Tuesday, Dec. 23, at 10:00 am is <u>required</u>. For more information, contact Music Director Monica Stephenson at (918) 406-6598.

Faith & Family

Deacon Tim Sullivan

GOD'S PLAN FOR YOUR MARRIAGE

So, for a married couple, how would you discern God's personal, subjective will for you and your family? Not His objective will for all married couples, but His unique plan just for you?

For example, in 2007, I had a job which my wife and I expected to last until my retirement. Then the Holy Spirit suddenly prompted me to resign that position and search for a new job. We ended up leaving Tulsa, our home for over 30 years, and moving to upstate New York. A friend of mine phoned me to check on how we were doing. He called our leaving Tulsa "counterintuitive," a nice way of saying "crazy." After five years, my wife sensed that it was time to return to Tulsa, which was confirmed by the Holy Spirit. We came home.

It's hard enough for one person to discern God's personal, subjective will. But, if you're married, who hears God's voice, the husband or the wife? The first step is for both the husband and wife to believe that the Holy Spirit is actively communicating to each of them on a regular basis. Step two is to share these communications with each other and develop a sense of respect, trust and openness for what each of them is experiencing. Step three is praying for the Holy Spirit to guide them in making a decision. This process applies to small issues and big ones. It keeps life exciting.

"That is why a man leaves his father and mother and clings to his wife, and the two of them become one flesh." Genesis 2:24

Adoration of the Blessed Sacrament

Please call the Parish Office at (918) 299-9406 to take an hour with our Lord.

Fridays 3:00-4:00 pm

Mass Assignments

Mary Isbell, Director

WEEKEND OF DEC. 6/7, 2025

Saturday — 5:00 pm

<u>Servers</u>: Emerson Snider, Valerie Austin <u>Readers</u>: Nathaniel Mallavarapu, Richard

Incremona

EMHCs: James & Lisa Phelan, Robert Swank, Greg Ryan, Greg Lukeman, Ray

Alsdorf

Ushers: Team A-1 (Barbara Powell, Clifford

Ginn, 3 Ushers needed)
Greeters: Jim Chin

Sunday — 8:00 am

Servers: Owen & Alex Mahan
Readers: Tonya Marlow, Deb Dill
EMHCs: Mike Oliver, Loc Ngo, Charles
Harrison, Kristi Tran, Syd Monaghan
Ushers: Team A-2 (Mike McCann, Joe
Pixley, Doc Wallace, 3 Ushers needed)

Sunday — 11:15 am

Servers: Seth & Judah Poston
Readers: Mary Poston, Barry Corum
EMHCs: Andrea Gibson, Diane Bechtel,
Zane Zarecki, 3 EMHCs needed
Ushers: Team A-3 (Annie Jones, Tara
Sudler, Victoria Vo, Gina Wilson, 1 Usher
needed)

Sunday — 5:00 pm

Servers: Xavier Friel, Darcy Ferguson
Readers: Connie Sullivan, Louanne Smith
EMHCs: Sue & John Ramsey, Lesa & Paul
Clark, Shelley Travers, Manuel Matos
Ushers: Team A-4 (Francis Peek, Jesus
Vega, Andrew Clark, John Travers)

Thank you all for serving!

Parish Life

Mary Isbell, Director

SENIOR LUNCHEON

Seniors 55 & up are invited to the Senior Luncheon on Thursday, Dec. 18th, from 11:30 am to 1:00 pm in the Community Room! Attendees are invited to bring a dessert to share with the group. PLEASE RSVP by Tuesday, Dec. 16th, so that there's enough food. To RSVP, call the Parish Office or email parishlife@stbernardstulsa.org.

SPIRIT OF HOSPITALITY— WELCOME CENTER & USHERS

Put the Spirit of Hospitality into action by volunteering at the **Welcome Center**. This is a simple but impactful ministry where volunteers greet parishioners 15 minutes before and after Mass. Would you please consider offering your time to help create a welcoming environment for all who come to worship? Youth who need service hours are also welcome to volunteer—we'd love to have your help!

We also greatly need **Ushers** at the Saturday, 5:00 pm Mass. Your commitment would be to only serve the first Saturday of each month. If you're interested in volunteering for either ministry or would like more info, please email Mary Isbell at parishlife@stbernardstulsa.org.

Adult Faith Formation, Marriage, & Family Life

Dr. Christine Miller, Director sbtulsa.flocknote.com/Update

ADULT FAITH FORMATION

Sunday Readings Bible Study Sundays, 9:15 am, room G-6.

Thursday Morning Bible Study—

Thursdays, 9:30 am, in room G-8. For info, call Sharon Lechtenberg at 918-381-7869.

Seekers of Truth

On break until Jan. 13, 2026!

Healing the Whole Person

Grow in freedom & peace through a journey of inner healing guided by the exceptional presentations by Catholic psychologist Dr. Bob Schuchts and Sr. Miriam James Heidland, SOLT. Would you like to join the waitlist for our next session? Visit sbtulsa.flocknote.com/signup/223050. The schedule for 2026 will be released soon. Questions? Contact Christine at aff@stbernardstulsa.org.

MARRIAGE & FAMILY LIFE

Moms Ministry

Meet other moms with school-aged children!

We meet on Fridays, from 9:30-11:30 am in room G-8. Childcare is available each week and for older kids on distance learning days. Join our email list to receive updates at: SBTULSA.flocknote.com/Moms

Family Friendly Wednesdays

On Wednesday evenings, St. Bernard's offers Adult Faith Formation, Childcare Ministry for children ages 0-11, Middle School Youth Group, and a variety of events for the family! Coming up next:

—Dec 3: Parents Night Out, 6:00-8:00 pm —Dec 10: Family Game Night, 6:00-8:00 pm

CHILDCARE MINISTRY

Childcare is available for the weekend Masses, Family-Friendly Wednesdays, Moms' Ministry, and more! We welcome children on a first-come, first-served basis. Certain events require advanced registration. Questions? Email Meghan Cancinos at childcare@stbernardstulsa.org.

Around Our Parish

BLOOD DRIVE—THANK YOU!

St. Bernard's had another successful Blood Drive! We had 27 participants, resulting in 24 whole blood units donated. A sincere thank you goes out to all of our wonderful donors!

OUR LADY OF GUADALUPE CELEBRATION

Friday, December 12th

Join us for a Rose Procession, Mass, fried tamales, and Mexican hot cacao as we honor the Patroness of the Americas! The novena for Our Lady of Guadalupe begins Dec. 3rd. Prayer cards available in the commons.

5:30 pm—Rosary in the Church

5:50 pm—Rose Procession in the Commons (roses provided)

6:00-6:45 pm—Mass

6:45 pm—Fried tamales and cacao in Gym

WINTER COAT DRIVE

Thousands of Oklahomans go through our cold winters without a warm coat. Please join our Knights of Columbus in (continued)

in making a meaningful impact in our community by donating new or gently used coats in the bin located in the Commons, Nov. 8-30. Infant and plus-size adult coats are often in most need. Thank you for your generosity!

2026 BAPTISM CLASSES

Are you planning to have a child baptized in the new year? Mark your calendar, and please plan to attend a class. Classes are in the Community Room with Fr. Jack from 7:00 to 8:00 pm.

Jan. 22 Feb. 26 March 26 April 23 May 28 June 25

A MESSAGE FROM OUR STAFF

The staff of St. Bernard's wishes you, your family, and your loved ones a safe, blessed and very happy Thanksgiving. We also wish you a blessed and peaceful Advent as we prepare for Christmas!

Do you or a loved one need prayers? Submit your prayer request today!

www.stbernardstulsa.org/prayer-line

Around Our Diocese

INVITATION TO PERSONAL PRAYER

Learn to pray using different prayer practices, such as contemplation, meditation, repetition, awareness prayer, etc., focusing on the Word of God. Thursday, Jan. 29th—March 26th, 6:30-8:00 pm, via Zoom. Register by Dec. 31st!

Cost is \$50 for materials & book. To register or if you have questions, please contact Lisa Berry, trained facilitator, at lisa.berry.amdg@gmail.com. If you are interested but need a different day or time, please contact Lisa to coordinate.





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