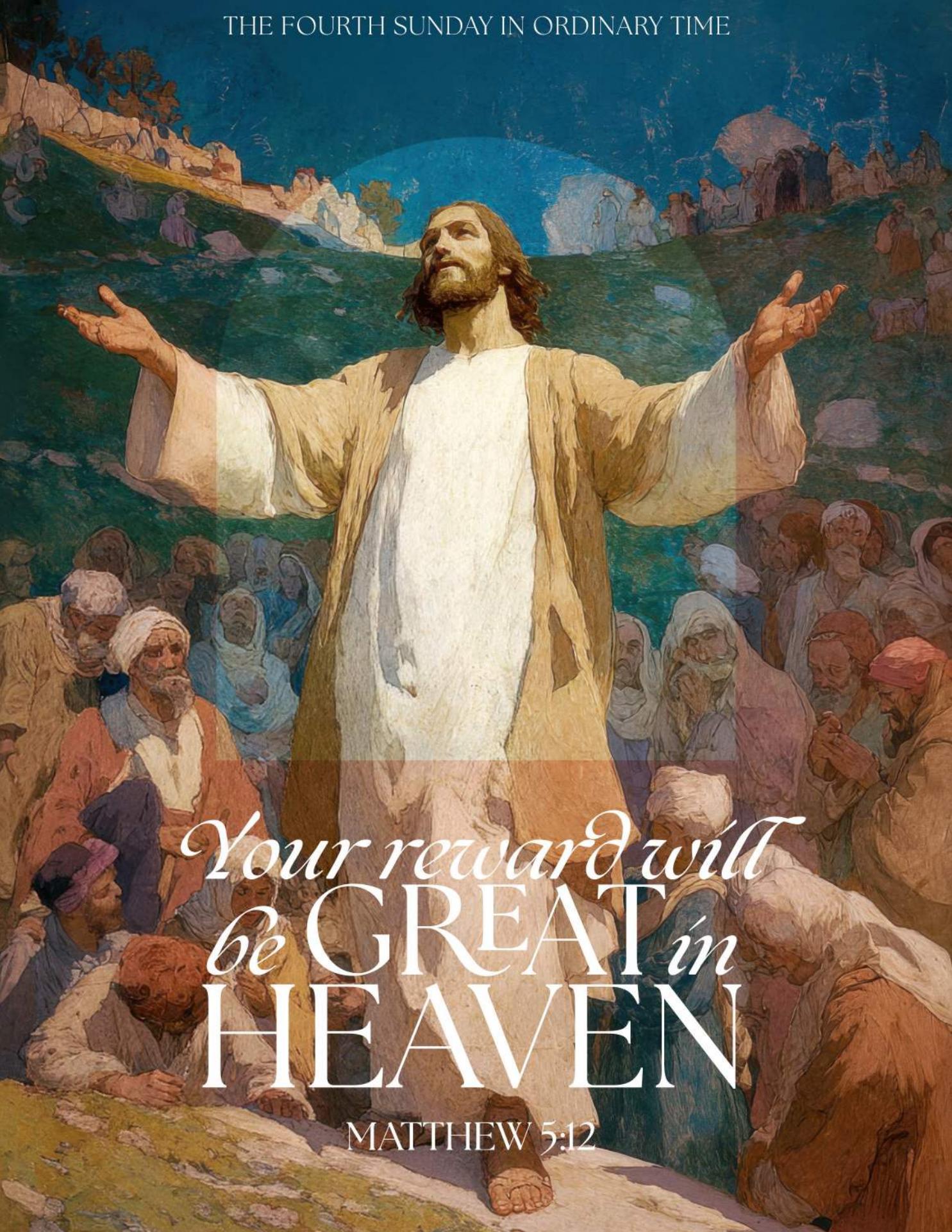


THE FOURTH SUNDAY IN ORDINARY TIME



*Your reward will
be GREAT in
HEAVEN*

MATTHEW 5:12



St. Bernard of Clairvaux

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OFFICE HOURS

Monday-Friday, 9:00 am-5:00 pm

SUNDAY MASSES

Saturday Vigil, 5:00 pm
8:00 am, 11:15 am, & 5:00 pm

WEEKDAY MASSES

Monday-Saturday, 8:30 am
Wednesdays, 6:00 pm
Main Church

ADORATION of the BLESSED SACRAMENT

Monday-Friday, 9:00 am-8:00 pm
Good Shepherd Chapel

THE HOLY ROSARY

Prayed thirty minutes before all daily and
weekend Masses except the 5:00 pm Sunday

HELPFUL INFORMATION

HEARING ASSISTANCE for MASS

 If you or a loved one need hearing assistance for Mass, please visit the Welcome Center for an instructional card to help you connect to the sound system.

CONFESIONS

Saturdays from 3:30-4:45 pm, thirty minutes before each Sunday Mass, or by appointment.

WEDDINGS

Six months' notice is required. Additional information is available on the parish website.

NEWCOMERS

To register as a parishioner, please complete the form on our website under "I'm New" or pick up a registration form & other information at the Welcome Center in the Commons.

SPECIAL REQUESTS

Please inform the Parish Office if you have a family member in the hospital or homebound.

ANOINTING OF THE SICK

If you or a loved one are seriously ill, please contact Fr. Jack or Fr. Shane as soon as possible for the Anointing of the Sick.

CHANGES

If you are moving or changing contact information, please notify the Parish Office.

Connect with Us!

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Tulsa, OK 74137

Facebook: /stbernardstulsa

Instagram: @stbernardofclairvaux

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YouTube Channel: search for "St. Bernard of Clairvaux Catholic Church"

Flocknote: to join the parish Flocknote, text **SBTULSA** to 84576 or sign up on our website

Parish Staff

V. Rev. Jack Gleason, Pastor,
frjack@stbernardstulsa.org

Rev. Shane Hewson, Associate Pastor,
frshane@stbernardstulsa.org

Deacon Richard Campbell

Deacon Pius Devasahayam

Deacon Vince Greuel

Deacon Bob Martin

Deacon Alan Mikell

Deacon Tim Sullivan, Director of RCIA and Evangelization, tsullivan@stbernardstulsa.org

Meghan Cancinos, Childcare Ministry Coordinator, childcare@stbernardstulsa.org

Michael Ellingson, Director of Business & Facility, meellingson@stbernardstulsa.org

Mary Isbell, Director of Parish Life, parishlife@stbernardstulsa.org

Chris Kendrick, Youth Faith Formation Coordinator, chrisk@stbernardstulsa.org

Dr. Christine Miller, Director of Adult Faith Formation, Marriage, & Family Life, aff@stbernardstulsa.org

Mary Poston, Director of Family Catechesis, Children's and Youth Faith Formation, maryp@stbernardstulsa.org

Kelly Roselle, Director of Communications, communications@stbernardstulsa.org

Hannah Schilling, Catechesis of the Good Shepherd Coordinator, hannahs@stbernardstulsa.org

Monica Stephenson, Director of Music, monica@stbernardstulsa.org

Tara Sudler, Director of Preschool, tsudler@stbernardstulsa.org

Michelle Wolfe, Parish Bookkeeper, mwolfe@stbernardstulsa.org

SAINT BERNARD OF CLAIRVAUX CATHOLIC CHURCH
TULSA, OK — FEBRUARY 1, 2026
FOURTH SUNDAY IN ORDINARY TIME/A



MASS INTENTIONS

Feb. 2-8, 2026

Monday: Presentation of the Lord

8:30 am, +JoAnn Pagel By Jean Yaeger

Tuesday: St. Blaise

8:30 am, +Tom Russiello by Clark Family

Wednesday:

8:30 am, +Mark Williams by April

Thursday: St. Agatha

8:30 am, +Fred Bendana by Flor Bendana

Friday: St. Paul Miki & Companions

8:30 am, +Robie Herman

Saturday: Blessed Virgin Mary

8:30 am, +Alexander Keith

5:00 pm, +Patrick Griffin by M/M Tom McGeehan

Sunday: Fifth Sunday in Ordinary Time

8:00 am, +Kathleen Rynn by Matt Palmeri

5:00 pm, +Tom Palmer by Hilary Clark

To request a Mass, please call the Parish Office at (918) 299-9406.

What's Happening

FEBRUARY

1—Seeds of Faith

3—"At His Feet" Family Adoration Night

6—Triviafest

14/15—Fr. Jirak Preaching at Masses

15-17—Parish Lenten Mission

18—Ash Wednesday

19—Men's ACTS Retreat Kick-Off

19—Senior Luncheon

21/22—Faith & Works Collection

22—Coffee & Donuts

26—Baptism Class

Online Giving



Thank you for your generous support of our parish.

Please consider St. Bernard's in your estate and trust planning.
Thank you!

Family Catechesis & Children's Faith Formation

Mary Poston, Director
Hannah Schilling, Coordinator

SEEDS OF FAITH

This Sunday, February 1st!

Families with children between the ages of 0-6 years are invited to join us for our new program, "Seeds of Faith" this Sunday, Feb. 1st, from 9:00-11:00 am, **in G8**. We will offer a continental breakfast, age-appropriate, faith based activities, a short lesson, and resources for you to take home and use throughout the month. Plus, enjoy time to meet other young families from around our parish!

"AT HIS FEET"—A NIGHT OF EUCHARISTIC ADORATION FOR FAMILIES

This Tuesday, Feb. 3rd, 6:00-6:30 pm

All families are invited to join us for a special evening of Adoration this Tuesday, Feb. 3rd. This special time is designed especially for little ones, featuring songs, prayer tools, and mediation, to help introduce families to the beauty of Eucharistic Adoration. While children are always welcome to our chapel during Adoration, we know it can feel like a big step for young hearts. That's why we set aside this time for our families to share in this meaningful experience.

Preschool

Tara Sudler, Director

Preschool enrollment for the 2026-27 school year is open! Register online soon to secure your spot.

www.stbernardstulsa.org/preschool

If you would like to learn more about our faith-based program or schedule a tour, please contact Tara Sudler at (918) 299-9432 or tsudler@stbernardstulsa.org.

Youth Faith Formation

Mary Poston, Director
Chris Kendrick, Coordinator

HIGH SCHOOL YOUTH

High School Faith Circles

(Contact: Mary Poston)

H.S. Faith Circles updates coming soon!

High School Confirmation

(Contact: Mary Poston)

H.S. Confirmation updates coming soon!

High School Sunday Nights

(Contact: Chris Kendrick)

High School Youth continues meeting every Sunday! Grow in your faith with us!

MIDDLE SCHOOL YOUTH

Middle School Wednesdays

(Contact: Chris Kendrick)

Middle School Youth continues meeting every Wednesday. Join us!

Business Office

Michael Ellingson, Director

MID-FISCAL YEAR FINANCIAL UPDATE

The parish's fiscal year runs July through June. Through December, 2025, our Sunday collections were \$1,100,192 vs. our planned Sunday income of \$1,107,288. We are \$79,115 under planned budget for operating expenses. Our net cash flow fiscal year-to-date is \$213,899. Our cash reserves are strong, so the Parish Finance Council authorized an additional pre-payment toward principle on our mortgage for the purchase of Harvest Church of \$500,000. The balance on our original \$2.2 million dollar loan will then stand at \$1.3 million with this and prior payments towards principle that we have made so far in the year that we have owned the property. The Business Office will do another update in July on the balance of the year, but should you have any questions in the meantime, the Business Office is available as well as any Finance Council member. Thank you for your continued generosity toward our parish!

Faith & Family

Deacon Tim Sullivan

THE SECURITY PROBLEM

We're all tempted by security, to have enough of whatever we need in reserve to cover any eventualities that take place. This drives us to enhance our material and financial resources.

So what does the Bible say? It's reassuring, but only in a way that seems quite challenging. We hear in Scripture that we should "seek first the kingdom of God" and all the earthly things we need will be given us. St. Paul writes to St. Timothy that "if we have food and clothing, we should be content with that."

Shakespeare also joined in recommending an austere focus. Iago, a character in Othello, says that "Poor and content is rich and rich enough." Hecate, a character in MacBeth, proclaims that "Security is mortals chiefest enemy." Why? Because our desire for security can lead to excesses that lead us away from the path that God calls us to.

In the mind of Jesus, what we have, we hold as stewards, for our own basic needs and to share with those less fortunate. Our true security is in our faith and trust in God. We must work as we can to support ourselves, praying for the Holy Spirit to guide us to follow God's specific, personal will for us and our families.

"Do good, be rich in good works, generous and ready to share... so as to win the life that is true life." 1 Timothy 6:16

Communications

Kelly Roselle, Director



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communications@stbernardstulsa.org

Mass Assignments

Mary Isbell, Director

WEEKEND OF FEB. 7/8, 2026

Saturday — 5:00 pm

Servers: Rick & Jared Robak

Readers: Nathaniel Mallavarapu, Treak Tasker

EMHCs: Margaret Hingey, Phyllis Webb, Marcia & John Kapura, Greg Lukeman, Charlotte Richert

Ushers: Clifford Ginn, Brad Walker, Manuel Matos, Dennis Drexler, **1 Usher needed**

Sunday — 8:00 am

Servers: Xavier Friel, Bill Bauman

Readers: Brook Reutter, **1 Reader needed**

EMHCs: John & Cathye Hotaling, Sid Monaghan, Patti Miller, Mike Oliver,

1 EMHC needed

Ushers: Chad Briggs, Bill Condrin, Brett Driscoll, Jim Flahive, Minwoo & Alex Kwon

Sunday — 11:15 am

Servers: Seth & Judah Poston

Readers: Mary Poston, Ebere Mbam

EMHCs: Okja Chung, Becky Brambl, Julian Urrea, Zane Zarecki, **2 EMHCs needed**

Ushers: Alan Butler, Nick Hahn, Martin Waelder, Gina Wilson, **1 Usher needed**

Greeters: Bob Washatka

Sunday — 5:00 pm

Servers: Santi Pereira, **1 Server needed**

Readers: Karen Johnson, Yvonne Elias

EMHCs: Robert Swank, Jessica Engelbrecht, Leith Watkins, Louanne Smith, Jim Shelton, **1 EMHC needed**

Ushers: Joel Dash, Thomas Eureste, **3 Ushers needed**

Parish Life

Mary Isbell, Director

OFFERTORY PROCESSION

We welcome parishioners to bring up the gifts at Mass during the offertory procession. It's a great way to mark a special occasion in your family. If you would like to volunteer, please talk to an usher before Mass.

SENIOR LUNCHEON

Save the date for our next Senior Luncheon on February 19!

COFFEE & DONUTS

Our next Coffee & Donuts is on February 22nd, following the 8:00 am Mass in the Community Room. Please join us for fellowship and refreshments.

Adult Faith Formation, Marriage, & Family Life

Dr. Christine Miller, Director
sbtulsa.flocknote.com/Update

ADULT FAITH FORMATION

Sunday Readings Bible Study

Sundays, 9:15 am, room G-6.

Seekers of Truth

Updates coming soon!

Healing the Whole Person

Wednesdays, Jan. 7th-March 25th, from 6:00 to 8:00 pm, room G-8. Registration is now closed. To be added to a waitlist, please visit: sbtulsa.flocknote.com/signup/223050 Questions? Contact Christine Miller at aff@stbernardstulsa.org.

Freedom in Christ

Thursdays, Jan. 29-March 19, 6:00-8:00 pm, room G-8. Facilitated by Lindy Roberts. This course will help you find a deeper freedom in Christ. It includes video presentations and group discussion. Reading and reflection outside of class is highly recommended. By the end of the course you will: Discover The Five Keys® to freedom and be able to use them; learn how to forgive from the heart; renounce the enemy's lies; listen to the Father's voice and receive His blessing; be prepared for an Joan of Arc Prayer Ministry session for healing and freedom. Cost of the course is equal to your book order. See the online registration for details. Questions? Please contact Christine at aff@stbernardstulsa.org.

Great Adventure Bible Study: Hebrews

Thursdays, Jan. 22-March 5, 9:30-11:00 am, room G-8. This study by Ascension Press draws out the meaning of the book of Hebrews in a simple way, so that you can more fully receive and grow in the treasures God has given in the New (continued)

Covenant. To join this course, please text Sharon Lechtenberg at 918-381-7869.

MARRIAGE & FAMILY LIFE

Moms Ministry

Meet other moms with school-aged children! We meet on Fridays, from 9:30-11:30 am in room G-8. Childcare is available each week for preschool-aged children and for older kids on distance learning days. Join our email list to receive updates at:

SBTULSA.flocknote.com/Moms

CHILDCARE MINISTRY

We are hiring a new attendant! Please contact Meghan Cancinos for more information and to receive an application.

Childcare is available for the weekend Masses, Friday Morning Moms' Ministry, and more! We welcome children on a first-come, first-served basis. Certain events require advanced registration. Questions? Please Email Childcare Coordinator Meghan Cancinos at childcare@stbernardstulsa.org.

Around Our Parish

PARISH LENTEN MISSION



Lent is right around the corner, and so is our Parish Lenten Mission! Join us for *Parish Fully Alive: Evangelization, Discipleship, and Stewardship for a Parish on Mission*, Sunday, Feb. 15th through Tuesday, Feb. 17th. We welcome Fr. John

Jirak as our mission presenter, who is a priest and the Vicar General of the Diocese of Wichita. Fr. Jirak will preach at all of the Masses on Feb. 14th & 15th leading up to the mission:

Sunday, 2/15, at 6:30 pm

Monday, 2/16, at 9:30 am & 6:30 pm

Tuesday, 2/17, at 9:30 am & 6:30 pm

There will be a reception for Fr. Jirak after the final evening session.

2026 TRIVIAFEST

The annual Knights of Columbus Triviafest is coming up on Friday, February 6th! **Tables are on sale now.** Please visit the table in the commons for info before & after Mass!

EXTENDED ADORATION SAVE THE DATE

Save the date for extended adoration, March 24-25. March 25th is the Feast of the Annunciation, when Our Lady said "yes" to being the Mother of God. The evening starts with the Holy Rosary at 5:30 pm, then Mass at 6:00 pm, dinner in the gym from 6:30-7:15 pm, and concluding with a presentation by Deacon Lamar Yarbrough from 7:30-8:00 pm. All are welcome! RSVP to come, and childcare will be available to those who sign up ahead of time.

Adoration of the Blessed Sacrament

Please call the Parish Office at (918) 299-9406 to take an hour with our Lord. He is waiting for you!

Mondays

9:00-10:00 am

Thursdays

11:00 am-12:00 pm
5:00-6:00 pm

Tuesdays

5:00-6:00 pm

Fridays

1:00-2:00 pm

Wednesdays

4:00-5:00 pm

Around Our Diocese

DADDY & DAUGHTER MASQUERADE DANCE

Calling all dads! Take your daughter(s) out for a special night of fun, dancing, and special memories on Friday, Feb. 13th, from 6:00-8:00 pm at St. Benedict's in McGuire Hall. Admission is \$10 for fathers, and \$5 for daughters. The evening is hosted by the American Heritage Girls. Questions? Please contact Christal Bell at (918) 671-4854.



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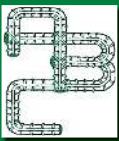
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