

3RD SUNDAY OF LENT

WELLING UP TO
Eternal Life.

JOHN 4:14



St. Bernard of Clairvaux

4001 East 101st Street, Tulsa, OK | 918.299.9406

OFFICE HOURS

Monday-Friday, 9:00 am-5:00 pm

SUNDAY MASSES

Saturday Vigil, 5:00 pm
8:00 am, 11:15 am, & 5:00 pm

WEEKDAY MASSES

Monday-Saturday, 8:30 am
Wednesdays, 6:00 pm
Main Church

ADORATION of the BLESSED SACRAMENT

Monday-Friday, 9:00 am-8:00 pm
Good Shepherd Chapel

THE HOLY ROSARY

Prayed thirty minutes before all daily and weekend Masses *except* the 5:00 pm Sunday

HELPFUL INFORMATION

HEARING ASSISTANCE for MASS

 If you or a loved one need hearing assistance for Mass, please visit the Welcome Center for an instructional card to help you connect to the sound system.

CONFESSIONS

Saturdays from 3:30-4:45 pm, thirty minutes before each Sunday Mass, or by appointment.

WEDDINGS

Six months' notice is required. Additional information is available on the parish website.

NEWCOMERS

To register as a parishioner, please complete the form on our website under "I'm New" or pick up a registration form & other information at the Welcome Center in the Commons.

SPECIAL REQUESTS

Please inform the Parish Office if you have a family member in the hospital or homebound.

ANOINTING OF THE SICK

If you or a loved one are seriously ill, please contact Fr. Jack or Fr. Shane as soon as possible for the Anointing of the Sick.

CHANGES

If you are moving or changing contact information, please notify the Parish Office.

Connect with Us!

(918) 299-9406
www.stbernardstulsa.org

4001 East 101st Street
Tulsa, OK 74137

Facebook: /stbernardstulsa

Instagram: @stbernardofclairvaux

Twitter: @stbernardtulsa

YouTube Channel: search for "St. Bernard of Clairvaux Catholic Church"

Flocknote: to join the parish Flocknote, text **SBTULSA** to 84576 or sign up on our website

Parish Staff

V. Rev. Jack Gleason, Pastor,
frjack@stbernardstulsa.org

Rev. Shane Hewson, Associate Pastor,
frshane@stbernardstulsa.org

Deacon Richard Campbell

Deacon Pius Devasahayam

Deacon Vince Greuel

Deacon Bob Martin

Deacon Alan Mikell

Deacon Tim Sullivan, Director of RCIA and Evangelization, tsullivan@stbernardstulsa.org

Meghan Cancinos, Childcare Ministry Coordinator, childcare@stbernardstulsa.org

Michael Ellingson, Director of Business & Facility, meellingson@stbernardstulsa.org

Mary Isbell, Director of Parish Life, parishlife@stbernardstulsa.org

Chris Kendrick, Youth Faith Formation Coordinator, chrisk@stbernardstulsa.org

Dr. Christine Miller, Director of Adult Faith Formation, Marriage, & Family Life, aff@stbernardstulsa.org

Mary Poston, Director of Family Catechesis, Children's and Youth Faith Formation, maryp@stbernardstulsa.org

Kelly Roselle, Director of Communications, communications@stbernardstulsa.org

Hannah Schilling, Catechesis of the Good Shepherd Coordinator, hannahs@stbernardstulsa.org

Monica Stephenson, Director of Music, monica@stbernardstulsa.org

Tara Sudler, Director of Preschool, tsudler@stbernardstulsa.org

Michelle Wolfe, Parish Bookkeeper, mwolfe@stbernardstulsa.org

SAINT BERNARD OF CLAIRVAUX CATHOLIC CHURCH
TULSA, OK — MARCH 8, 2026
THIRD SUNDAY OF LENT/A



MASS INTENTIONS

March 9-15, 2026

Monday: St. Frances of Rome

8:30 am, +Kimberly Jestice by M/M Bo Borchers

Tuesday:

8:30 am, +Fred Bendana by Flor Bendana

Wednesday:

8:30 am, Sp. Int. Tom Larkin by M/M Russ Wolf

Thursday:

8:30 am, +Pat Nickel by her Family

Friday:

8:30 am, +Drew Doyle by Rose Burns

Saturday:

8:30 am, +Jack Rader by Kathy Rader

5:00 pm, +John Think Le by Anh Tran

Sunday: Fourth Sunday of Lent

8:00 am, +Velma Volt by Denis Ridgon

5:00 pm, +Estlita Gutierrez by Manje & Vin Roman

To request a Mass, please call the Parish Office at (918) 299-9406.

What's Happening

MARCH

11—Deacon Information Night
15—St. Gregory's Prayer for St. Bernard's
17—Silver Singles Event
21—Total Consecration to Mary Mass
21/22—Second Collection
24/25—Perpetual Adoration
25—Solemnity of the Annunciation Event
26—Parish Penance Rite
26—Baptism Class
27-29—No Fear High School Youth Retreat

APRIL

2—Holy Thursday Seven Churches Pilgrimage
3—Good Friday
4—Holy Saturday
5—Easter
12—Divine Mercy Sunday
15—Date Night

Family Catechesis & Children's Faith Formation

Mary Poston, Director
Hannah Schilling, Coordinator

DATE NIGHT

April 15th, 6:30-8:00 pm

Step away from the daily hustle and enjoy dinner, meaningful conversation, and a practical, hope-filled talk from an experienced married couple who understands the realities of young family life. Childcare will be offered but space is limited and rsvp is required. To RSVP, please email Hannah Schilling at hannahs@stbernardstulsa.org.

Preschool

Tara Sudler, Director

Preschool enrollment for the 2026-27 school year is open! Register online soon to secure your spot!

www.stbernardstulsa.org/preschool

If you would like to learn more about our faith-based program or schedule a tour, please contact Tara Sudler at (918) 299-9432 or tsudler@stbernardstulsa.org.

Online Giving



Thank you for your generous support of our parish. Please consider St. Bernard's in your estate and trust planning. Thank you!

Prayer Requests

To request prayers for yourself or a loved one, please email **Gabi Ford** at gford@stbernardstulsa.org.

Youth Faith Formation

Mary Poston, Director
Chris Kendrick, Coordinator

HIGH SCHOOL YOUTH

ST. BERNARD'S HIGH SCHOOL YOUTH RETREAT

NO FEAR

I sought the Lord, and He answered me, and delivered me from all my fears.
Psalm 34:4

Join us at Sky Ranch
in Quapaw, OK

March 27-29, 2026

Drop off Friday 4:30 pm
Pick up 2pm @ St. Bernard's

Cost: \$175
Scholarships available

Register here:



Contact us:
chris@stbernardstulsa.org
maryp@stbernardstulsa.org



Adoration of the Blessed Sacrament

Please call the Parish Office at (918) 299-9406 to take an hour with our Lord. He is waiting for you!

Mondays
11:00 am-Noon
urgent need

Tuesdays
10:00-11:00 am
5:00-6:00 pm

Wednesdays
4:00-5:00 pm

Thursdays
11:00 am-12:00 pm
5:00-6:00 pm

Fridays
1:00-2:00 pm

Faith & Family

Deacon Tim Sullivan

THE CATHOLIC DUTY TO EVANGELIZE

"For the Christian community is never closed in upon itself. The life of the Christian community... only acquires its full meaning when it becomes a witness, when it evokes admiration and conversion, and when it becomes the preaching and proclamation of the Good News. Thus it is the whole Church that receives the mission to evangelize, and the work of each individual member is important for the whole.

Take a Christian or a handful of Christians who... radiate in an altogether simple and unaffected way their faith in values that go beyond current values ..Through this witness these Christians stir up irresistible questions in the hearts of those who see how they live: Why are they like this? Why do they live in this way? What or who is it that inspires them?... Such a witness is already a silent proclamation of the Good News and a very powerful and effective one....

Nevertheless this always remains insufficient, because even the finest witness will prove ineffective in the long run if it is not explained...and made explicit by a clear and unequivocal proclamation of the Lord Jesus. The Good News proclaimed by the witness of life sooner or later has to be proclaimed by the word of life. There is no true evangelization if the name, the teaching, the life, the promises, the kingdom and the mystery of Jesus of Nazareth, the Son of God are not proclaimed."

From *Evangelization in the Modern World* by Pope St. Paul VI

Communications

Kelly Roselle, Director



Scan the QR code to follow us on social media!

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communications@stbernardstulsa.org

Mass Assignments

Mary Isbell, Director

WEEKEND OF MARCH 14/15, 2026

Saturday — 5:00 pm

Servers: Chris Kendrick, **1 Server needed**
Readers: Greg Lukeman, Charlotte Richert
EMHCs: James & Lisa Phelan, Margaret Hingey, Marcia & John Kapura, Harriet Kushnerick
Ushers: Ray Alsdorf, Curt Andrews, Jim Chin, Phillip Daniel, Lonnie Iannazzo

Sunday — 8:00 am

Servers: Jamie & Bill Bauman
Readers: Cindy Streif, Deb Dill
EMHCs: Lauren & Loc Ngo, Syd Monaghan, Mike Oliver, Paul Nguyen, Kristi Tran
Ushers: Brett Driscoll, Mike Ellingson, Charles Harrison, Eric Saleh, Bernie Stolfa, Doc Wallace
Greeters: John & Cathye Hotaling

Sunday — 11:15 am

Servers: Elijah Clink, Shiloh McMahon
Readers: Nick Hahn, Rita Buedden
EMHCs: Robert Swank, Okja Chung, Becky Brambl, John Grace, Lisa Williams, Brad Walker
Ushers: Manuel Calvin, Hari & Rachael Rama, Brett Driscoll, **1 Usher needed**
Greeters: Maureen & Bob Washatka

Sunday — 5:00 pm

Servers: Hunter & Makayla Klaus
Readers: Yvonne Elias, Lesa Clark
EMHCs: Sue Ramsey, Jim Shelton, Louanne Smith, Leith Watkins, Manuel Matos, **1 EMHC needed**
Ushers: Brent & Linda Forth, **3 Ushers needed**

Thank you all for serving our parish family!

Parish Life

Mary Isbell, Director

OFFERTORY PROCESSION

We welcome parishioners to bring up the gifts at Mass during the offertory procession. It's a great way to mark a special occasion in your family. If you would like to volunteer, please talk to an usher before Mass.

Adult Faith Formation, Marriage, & Family Life

Dr. Christine Miller, Director
sbtulsa.flocknote.com/Update

ADULT FAITH FORMATION

Sunday Readings Bible Study

Sundays, 9:15 am, room G-6.

Seekers of Truth

Seekers of Truth is studying *Catholicism* by Bishop Barron. They meet in room F-4 on Tuesdays from 6:30 to 8:30 pm. If interested, please contact Sandra Waelder at 918-230-4779.

Healing the Whole Person

Wednesdays, Jan. 7th-March 25th, from 6:00 to 8:00 pm, room G-8. Registration is now closed. To be added to a waitlist, please visit:

sbtulsa.flocknote.com/signup/223050

Questions? Contact Christine Miller at aff@stbernardstulsa.org.

Freedom in Christ

Thursdays, Jan. 29-March 19, 6:00-8:00 pm, room G-8. Facilitated by Lindy Roberts.

Questions? Please contact Christine at aff@stbernardstulsa.org.

MARRIAGE & FAMILY LIFE

Moms Ministry

Meet other moms with school-aged children! We meet on Fridays, from 9:30-11:30 am in room G-8. Childcare is available each week for preschool-aged children and for older kids on distance learning days. Join our email list to receive updates at:

SBTULSA.flocknote.com/Moms

CHILDCARE MINISTRY

Childcare is available for the weekend Masses, Friday Morning Moms' Ministry, and more! We welcome children on a first-come, first-served basis. Certain events require advanced registration. Questions? Please Email Childcare Coordinator Meghan Cancinos at childcare@stbernardstulsa.org.

Around Our Parish

TOTAL CONSECRATION TO MARY

All parishioners are invited to the Diocesan Legion of Mary's Total Consecration to Mary on Saturday, March 21st, for a High Mass at 10:00 am at St. Bernard's.

WE ARE HIRING!

We are hiring a new Childcare Ministry Attendant! Please email Meghan Cancinos at childcare@stbernardstulsa.org for more information and to receive an application.

DEACON INFORMATION NIGHT



Have you ever felt called by God to serve the Church as a deacon? Men who are discerning the diaconate, along with their wives, are invited to attend our upcoming **Deacon Information Night this Wednesday, March 11 at**

6:30 pm in the Community Room, following the 6:00 pm Mass. This session offers an overview of the diaconate, the formation process, and the ministry of service in our diocese. For dates and location details about Deacon Information Nights hosted at other parishes, please visit the Diocese of Tulsa website by scanning the QR code.

LENT AT ST. BERNARD'S

Fridays in Lent (nursery open)

6:00 pm - Mass

6:30 pm - Lenten Meal (see menu below)

7:15 pm - Stations

3/13—Baked potato & salad bar

3/20—Homemade soups, bread, & salad

3/27—Fried fish, mac & cheese, coleslaw, hush puppies

03/21-22-Second Collection

World Villages for Children, a school in Mexico with 3,500 girls rescued from trafficking, homelessness, and impoverishment, provides free education & housing while reintegrating girls back into their communities.

03/24-25-Perpetual Adoration



8:00 pm on 24th until 8:00 am on the 25th in the Good Shepherd Chapel.

Please scan the QR code to sign up for an hour with Jesus!

03/25-Solemnity of the Annunciation



5:30 pm - Rosary

6:00 pm - Mass

6:30 pm - Dinner & presentation by Deacon Lamar Yarbrough in gym

Please scan the QR code to RSVP for dinner!

Help needed with set-up, dinner, and clean-up! To volunteer, please contact Chantal Pixley to volunteer at (918) 605-9388 or chantalpix@cox.net.

03/26-Parish Penance Rite (nursery open)

Six confessors available from 5:30-7:00 pm

SILVER SINGLES

Silver Singles is having a salad potluck on March 17th, from 12:00-3:00 pm, in the Community Room. Wear green! There will be a cooking demo, a celebration of March birthdays, and Ann's musical group will provide entertainment. This social group is open to all seniors age 65 & up who are widows, widowers, or divorced. Join us!

Special Note!

ST. GREGORY'S MONKS PRAY FOR ST. BERNARD'S

The monks of St. Gregory's Abbey in Shawnee, OK, will offer their daily prayers for St. Bernard of Clairvaux Parish next Sunday, March 15th. The monks offer these prayers as part of their celebration of the 150th anniversary of the beginning of the Mission to establish the Catholic Church in Oklahoma and the arrival of two Benedictine monks, the Founders of their Community. The monks are praying for each parish in Oklahoma, naming one parish each day.



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