

THEME: BE A MAN - AS CHRIST WAS

**MATTHEW 20:28a “Just so, the Son
of Man did not come to be served
but to serve...”**

4001 East 101st Street - Tulsa



MEN OF THE UPPER ROOM 2025-2026 SEASON

MEN OF THE UPPER ROOM is a men's program at St Bernard's Catholic Church striving to provide an environment for men to grow in their relation with God and in their role as described by Christ in their families. Our setting in the Community Room serves well to offer a comfortable environment where the men of our church can meet other men who share their love of Christ.

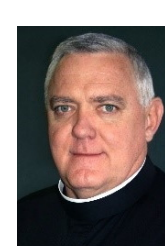
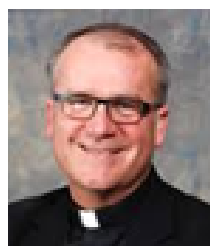
Community Room

Coffee and Donuts 6-6:30am

Presentation 6:30-6:50AM

Discussion 6:50-7:15AM

Questions? MUR@stbernardstulsa.com



Some of the Presenters for the this year.

Spring Schedule

1/14 Bishop David Konderla
1/21 Dcn Tim Sullivan, St Bernard of Clairvaux, Tulsa
1/28 Mr Brent Hansen, President, Ben-Ex Insurance
2/4 Rev Deron Spoo, Paster First Baptist Church, Tulsa
2/11 Dr Christine Miller, St Bernard of Clairvaux, Tulsa
2/18 TBA
2/25 Fr Matt Gerlach, St Anne, Broken Arrow
3/4 Dcn Vince Gruel

3/11 TBA
3/18 **SPRING BREAK**
3/25 TBA
4/1 Dcn Dave Johnson, St Benedict, Broken Arrow
4/8 Msgr Gaalaas, Conception Seminary
4/15 Ms. Cherie Hughes, Author of Convert Maker
4/22 **GROUP MASS**