THEME: BE A MAN - AS CHRIST WAS

MATTHEW 20:28a "Just so, the Son of Man did not come to be served but to serve..."

4001 East 101st Street - Tulsa



MEN OF THE UPPER ROOM 2025-2026 SEASON

Community Room

Coffee and Donuts 6-6:30am Presentation 6:30-6:50AM Discussion 6:50-7:15AM

Ouestions? MUR@stbernardstulsa.com

MEN OF THE UPPER ROOM is a men's program at St Bernard's Catholic Church striving to provide an environment for men to grow in their relation with God and in their role as described by Christ in their families. Our setting in the Community Room serves well to offer a comfortable environment where the men of our church can meet other men who share their love of Christ.

















Some of the Presenters for the this year.

Fall Schedule

9/17	Fr Jack Gleason, Pastor St Bernard of Clairvaux	11/5	Mr Brent Hansen, President of BenEx Insurance
9/24	Dcn Alan Mikell, St Bernard of Clairvaux	11/12	Dcn Kevin Stephenson, St Francis Hospital Counselor
10/1	Fr John O'Neill, Pastor St Joseph Muskogee	11/19	Fr Shane Hewson, Associate Pastor St Bernard of Clairvaux
10/8	Fr Bryan Brooks, Pastor St Benedict, Broken Arrow	11/26	THANKSGIVING BREAK - NO MEETING
10/15	Dcn Kevin Sartorius, CEO Catholic Charities	12/3	Mt Steve Kunzweiler, Tulsa District Attorney
10/22	Mr Jim O'Dea, Teacher at Regent Preparatory School	12/10	Dcn Lamar Yarbrough, St Francis Xavier, Tulsa
0/29	Fr Jim Caldwell, Chaplain at St Francis Hospital	12/17	GROUP MASS