



Don't forget
to eat your
vegetables.

St. Bernard Lunch Menu

Fresh Vegetable Choices and Seasonal Fruit
are Offered Daily on the Fruit & Vegetable Bar

February
2019

MONDAY



TUESDAY

WEDNESDAY

THURSDAY

FRIDAY

4

Spaghetti w/meat sauce
OR
Chicken Salad Sandwich
OR
Turkey BLT Wrap
Greenbeans

5

Ham & Tater Tot Bake OR
Italian Dippers w/marinara
Sauce OR
Crispy Chicken Salad
Glazed Carrots

6

Chicken Nuggets/ Roll
OR
BBQ Rib on Bun
OR
Chef Salad
Mashed Potatoes/ Gravy

7

Soft Taco w/ Cheese ,
Lettuce & Salsa OR
Spicy Chicken Sandwich
OR
Ham & Cheese Wrap
Roasted Corn

8

Pizza Parlor OR
Yogurt Pack OR
Chicken Caesar Salad
Roasted Broccoli

Tony's Cheese Pizza OR
Tony's Pepperoni Pizza
OR
Cheesy Potato Soup
Side Salad

11

Chicken & Cheese
Quesadilla OR
Ham, Egg & Cheese
Biscuit OR
Chicken Caesar Wrap
Spiced Pinto Beans

12

Chicken Tenders / Roll
OR
Sub Sandwich OR
Crispy Chicken Salad
Mashed Potatoes/ Corn

13

Corn Dog OR
Sloppy Joe OR
Chef Salad
Fries

14

NO SCHOOL

15

NO SCHOOL

18

NO SCHOOL

19

Pancakes w/ Sausage
OR
Biscuit w/ Sausage Gravy
OR
Chicken Caesar Salad
Breakfast Potatoes

20

French Bread Pizza OR
BBQ Rib on Bun OR
Tuna Salad Sandwich
California Blend

21

BBQ Chicken Sandwich
OR
Crispito OR
Cheesy Broccoli Soup
Fries

22

Cheeseburger Basket OR
Yogurt Pack OR
Turkey Cranberry Wrap
Fries

25

Chili w/ Cheese &
Crackers OR
Chicken Noodle Soup w
1/2 Ham Sandwich OR
Chicken Caesar Salad
Carrots

26

Crispy Chicken Sandwich
OR
Chili Dog OR
Turkey BLT Wrap
Tater Tots

27

Chicken Bacon Ranch
Melt OR
Chicken Fajita w/ Salsa,
Lettuce & Cheese OR
Chef Salad
Peas

28

Beefy Nachos w/ cheese
sauce OR
Turkey Wrap OR
Taco Salad
Refried Beans



PRICES

Regular	\$3.50
Teacher	\$4.00
Adult	\$4.00
Milk	.50
Extra Entrée	\$2.25



EXTRA INFO

Milk choice of 1% White, Skim or Chocolate
Skim is included with lunch.
Entree Salads are served with Dinner Roll
For questions or comments, contact
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or email cwestenhofer@stbernardlou.com

