



Don't forget
to eat your
vegetables.

ST. BERNARD Lunch Menu

Fresh Vegetable Choices and Seasonal Fruit
are Offered Daily on the Fruit & Vegetable Bar

January
2019

MONDAY



TUESDAY

WEDNESDAY

THURSDAY

FRIDAY

7

Meatball Sub
Chicken Parmesan Sandwich
Crispy Chicken Salad
Fries

1

HOLIDAY

8

Italian Dippers W/Marinara Sauce
Southern Chicken on Biscuit
Chef Salad
Peas

2

HOLIDAY

9

Lasagna W/ Garlic Toast
Chicken Caesar Salad
Sub Sandwich w/ Fries
Greenbeans

3

Crispito
Turkey BLT Wrap
Tuna Salad Sandwich
Tater Tots

10

Taco in a Bag w/ Cheese, Salsa & Lettuce
Spicy Chicken Sandwich w/Fries
Hot Dog/ Fries
Roasted Corn

4

Cheeseburger Basket
Yogurt Pack
Ham & Cheese Wrap
Fries

11

Pizza Parlor
Cheese Pizza
Pepperoni Pizza
Tuna Salad Sandwich
Greenbeans

14

Chicken Tenders
Ham & Cheese Wrap
Chef Salad
Mashed Potatoes/Gravy

15

Chili w/ Cheese & Crackers
Chicken Noodle Soup with 1/2 Ham Sandwich
Tuna Salad Sandwich

16

Chicken Patty/ Fries
Chicken A LA King over Biscuit
Cheesy Broccoli Soup

17

Chicken Fajita w/ Cheese, Salsa & Lettuce
Corn Dog
Chicken Caesar Wrap
Glazed Carrots

18

Tony's Cheese Pizza
Tony's Pepperoni Pizza
Chef Salad
Greenbeans

21

No School

22

Pancakes w/ Sausage
Sausage & Egg Biscuit
Sub Sandwich
Breakfast Potatoes

23

Bacon Cheeseburger
Turkey BLT Wrap
Cheesy Potato Soup
Fries

24

Grilled Cheese w/ Tomato Soup
Crispito
Chicken Salad Sandwich
Mac & Cheese

25

Chicken Nugget w/ Roll
Ham & Cheese Wrap
Chicken Caesar Salad
Mashed Potatoes/ Corn

28

Cheesy Italian Dunkers w/ Marinara Sauce
Turkey Wrap/ Fries
Crispy Chicken Salad
Carrots

29

Build your own Baked Potato
Chicken Caesar Salad
Ham, Turkey, Cheese Wrap
Corn

30

Beefy Nachos w/ Cheese Sauce
Beef & Bean Burrito / Fries
Tuna Salad Sandwich
Peas

31

Corn Dog Basket
BBQ Rib on Bun
Chicken Noodle Soup
Fries



PRICES

Regular Lunch	\$3.50
Reduced Lunch	\$1.68
Adult	\$4.00
Milk	\$0.50
Extra Entrée	\$2.25

HARVEST OF THE MONTH

RUTABAGA
SAGE
PLUM

EXTRA INFO

Milk choice of 1% White, Skim or Chocolate Skim is included with lunch.
Entree Salads are served with Dinner Roll
For questions or comments, contact Cheryl Westenhofer at (502) 239-5178 or email cwestenhofer@stbernardlou.com

