



Don't forget
to eat your
vegetables.

ST. BERNARD Lunch Menu

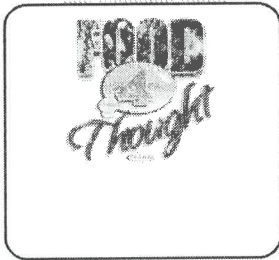
Fresh Vegetable Choices and Seasonal Fruit
are Offered Daily on the Fruit & Vegetable Bar

March
2019

MONDAY



TUESDAY



WEDNESDAY

THURSDAY

FRIDAY

4
Meatball Sub
OR Sub Sandwich
OR Cheesy Potato Soup
Fries

5
Pancakes w/ Sausage
OR Biscuit w/ Sausage Gravy
OR Turkey Wrap
Breakfast Potatoes

6
ASH WEDNESDAY
Grilled Cheese
OR Baked Potato
OR Tuna Salad Sandwich
Mac & Cheese

7
Chicken A La King over Biscuit
OR French Bread Pizza
Or Ham & Cheese Wrap
Greenbeans

8
Pizza Parlor Pizza
Cheese or Pepperoni
OR Chicken Caesar Salad
Greenbeans

11
Chicken Fajita w/ Salsa, Lettuce & Cheese
OR Southern Chicken on Biscuit/ Fries
OR Turkey Cranberry Wrap/ Fries

12
Lasagna w/ Garlic Toast
OR Corn Dog
OR Chicken Caesar Salad
Greenbeans

13
Grilled Ham & Cheese Sandwich
OR Crispito
OR Chef Salad
Fries

14
Chicken Tenders w/ Roll
OR Spicy Chicken Sandwich
OR Chicken Bacon Ranch Melt
Mashed Potatoes/ Gravy

15
Tony's Cheese Pizza
OR Yogurt Pack
OR Tuna Salad Sandwich
Corn

18
Chili w/ cheese & crackers
OR Chicken Noodle Soup w/ 1/2 Ham Sandwich
OR Chicken Caesar Salad
Carrots

19
Bacon & Tater Tot Bake
OR Chili Dog
OR Chicken Noodle Soup
Fries

20
Cheeseburger
OR Chicken Parmesan Sandwich
OR Chef Salad
Fries

21
Taco in a bag w/ cheese, lettuce & salsa
OR Beef & Bean Burrito
OR Taco Salad
Refried Beans

22
Cheesy Italian Dunkers w/ Marinara Sauce
OR Baked Potato
OR Fish on Bun
Fries

25
Chicken & Cheese Quesadilla
OR Ham, Egg & Cheese Biscuit
OR Turkey Wrap
Glazed Carrots

26
Sloppy Joe
OR Chicken Patty
OR Turkey BLT Wrap
Tater Tots

27
Popcorn Chicken Bowl
OR Crispy Chicken Salad
OR BBQ Rib on Bun
Mashed Potatoes / Corn/ Roll

28
Corn Dog
OR BBQ Chicken On Bun
OR Chef Salad
Fries

29
Cheesy Nachos / Salsa Refried Beans, Lettuce
OR Cheesy Potato Soup
OR Tuna Salad Sandwich
California Blend

PRICES

Regular	\$3.50
Milk	.50
Adult	\$4.00
Teacher	\$4.00
Extra Entrée	\$2.25

HARVEST OF THE MONTH

EXTRA INFO

Milk choice of 1% White, Skim or Chocolate Skim is included with lunch.
Entree Salads are served with Dinner Roll
For questions or comments, contact Cheryl Westenhofer at 502- 239-5178 x123 or email cwestenhofer@stbernardlou.com