

January's Menu – Bon Appétit!

For Broome County Senior Centers. **Reservations are needed by noon the day before.** Menu subject to change. A contribution of \$3.50 is requested for people age 60+ and spouse of any age. Those under age 60 are charged \$4.50 per meal.
No one age 60+ shall be denied a meal due to an inability or unwillingness to contribute.

Senior Centers will be closed for activities and dining until further notice. Centers are offering meals to-go. Please contact your local senior center to learn more about to-go meals with curbside pickup during the month of January.

					1 <i>New Year's Day</i> <i>Centers Closed for To-Go Meals</i>
Cheesy Sausage Pasta Bake 4 Broccoli Florets Fruit Cocktail Sugar Cookie	Halupki OR Breaded Chicken Parmesan 5 Mashed Potatoes Italian Green Beans Honey Bran Muffin	Swedish Meatballs 6 Buttered Noodles California Mixed Vegetables Apple Crisp	Macaroni & Cheese 7 Stewed Tomatoes Peas & Carrots Chocolate Pudding	Chicken Breast Marsala OR Broiled Fish w/Lemon 8 Herb Roasted Potatoes Italian Blend Vegetables Double Chocolate Cookie	
Turkey Tetrizzini 11 Hot Beets Fruited Yogurt Oatmeal Cranberry Cookie	Liver w/Onions OR Meatloaf 12 Mashed Potatoes Carrots Gelatin Cup	Classic Meat Lasagna 13 Green Beans Bread Pudding	Swiss Steak 14 Buttered Noodles Corn Cinnamon Spiced Apples	Spinach Parm Pollack OR Sliced Glazed Ham 15 Au Gratin Potatoes Peas w/Pearl Onions Vanilla Pudding	
Beef Stew over a Biscuit 18 Cauliflower Warm Spiced Peaches Chocolate Chip Cookie	Pub Burger OR Tuna Salad Sandwich 19 Baked Potato Baked Beans Fruited Yogurt	Stuffed Pepper Casserole 20 Broccoli Florets Cherry Crisp	Cranberry Orange Glazed Turkey Breast 21 Mashed Sweet Potatoes Green Bean Casserole Pumpkin Cookie	Kielbasa w/Onions OR Breaded Fish 22 Pierogi w/Onions Mixed Vegetables Lemon Poppyseed Muffin	
Beef Stroganoff 25 Buttered Noodles Sliced Carrots Gelatin Cup	Rotisserie Chicken OR Crispy Baked Pollack 26 Chantilly Potatoes Brussels Sprouts Orange Cranberry Bar	American Goulash 27 Peas Fruit Cocktail Raspberry Ribbon Bar	Chicken Salad Croissant 28 Pickled Beet Salad Applesauce Carrot Raisin Bar	Citrus Rubbed Pollack OR Chinese Pepper Steak 29 Brown Rice Broccoli Florets Mandarin Oranges	

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