

February's Menu – Bon Appétit!

For Broome County Senior Centers. **Reservations are needed by noon the day before.** Menu subject to change. A contribution of \$3.50 is requested for people age 60+ and spouse of any age. Those under age 60 are charged \$4.50 per meal.
No one age 60+ shall be denied a meal due to an inability or unwillingness to contribute.

Senior Centers will be closed for activities and dining until further notice. Centers are offering meals to-go. Please contact your local senior center to learn more about to-go meals with curbside pickup during the month of February.

Meatball Sub 1 Wax Beans w/Parsley Fruit Cocktail Snickerdoodle Cookie	Chicken Alfredo 2 Italian Green Beans Blueberry Crisp	Lemon Pepper Pollack OR 3 Chicken Breast Marengo Roasted Potatoes Mixed Vegetables Applesauce	Meat Chili over 4 Brown Rice Broccoli Florets Corn Muffin	Meatloaf OR 5 Salmon Patty w/Dill Sauce Mashed Potatoes Sonoma Blend Vegetables Vanilla Pudding
Bacon Cheddar 8 Omelet Bake O'Brien Breakfast Potatoes Oatmeal Cranberry Cookie	Sliced Glazed Ham OR 9 Breaded Fish Mashed Sweet Potatoes Broccoli Florets Chocolate Chip Cookie	Beef Stroganoff 10 Buttered Noodles Green Beans Pineapple Upside Down Cake	Liver w/Onions OR 11 Rotisserie Chicken Mashed Potatoes Brussels Sprouts Fruit Cocktail	<i>Valentine's To-Go Luncheon</i> Roast Turkey OR 12 Broiled Fish Apple Bread Dressing Peas & Carrots Raspberry Ribbon Brownie
<i>Presidents' Day</i> <i>Senior Centers Closed</i> <i>For To-Go Meals</i> 15	Tuna Noodle Casserole 16 Sonoma Blend Vegetables Double Chocolate Cookie	Vegetarian Lasagna 17 w/Marinara Sauce Cauliflower w/Parsley Strawberry Mousse	Sweet & Sour Pork OR 18 Citrus Rubbed Pollack Brown Rice Pilaf Broccoli Florets Carrot Raisin Bar	Pub Burger OR 19 Breaded Fish Sandwich Macaroni Salad Applesauce Gelatin Cup
Pierogi w/Onions 22 Carrots Fruited Yogurt Confetti Cookie	Halupki OR 23 Kielbasa w/Onions Mashed Potatoes Mixed Vegetables Fruit Cocktail	Macaroni & Cheese 24 Stewed Tomatoes Italian Green Beans Orange Cranberry Bar	Roast Turkey 25 Mashed Sweet Potatoes Peas w/Pearl Onions Pumpkin Crisp	Herb Rubbed Pollack OR 26 Breaded Chicken Parmesan Rotini Pasta w/Marinara Sc. Italian Blend Vegetables Chocolate Pudding

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