

Meet, Greet & Eat

April's Menu – Bon Appétit!

At all Broome County Senior Centers. **Reservations are needed by noon the day before.** Menu subject to change.

A contribution of \$3.50 is requested for people age 60+ and spouse of any age. Those under age 60 are charged **\$4.50 per meal.**

No one age 60+ shall be denied a meal due to an inability or unwillingness to contribute.

Monday	Tuesday	Wednesday	Thursday	Friday
Cheese Lasagna 1 Zucchini Banana Sugar Cookie	Breakfast for Lunch 2 Waffles Eggs/Omelets Sausage, Hash Browns, Toast Fruit, Juice & Coffee	Herb Crusted Pork Loin 3 OR Citrus Herb Pollack Couscous Pilaf Peas w/Sautéed Mushrooms Fruited Gelatin w/Topping	Hot Dog Day! 4 Hot Dog w/Onions Baked Beans Red Potato Salad Root Beer Float	Salmon Patty w/Dill OR 5 Basil Chicken Breast Brown Rice Pilaf Capri Blend Vegetables Banana Cake, Vanilla Icing
Macaroni & Cheese 8 w/Stewed Tomatoes Carrots Chocolate Chip Cookie	Breakfast for Lunch 9 French Toast Eggs/Omelets Bacon, Hash Browns, Toast Fruit, Juice & Coffee	Beef Stroganoff OR 10 Vegetarian Chili Over Buttered Noodles Garden Salad w/Tomatoes & Cucumbers Vanilla Pudding w/Oranges	Roast Turkey w/Gravy 11 Mashed Potatoes w/Gravy Corn Fruit Cocktail	Meatloaf w/Gravy OR 12 Spinach Parmesan Pollack Baked Potato Summer Squash & Carrot Medley Raspberry Blackout Bar
Ham Steak w/Honey 15 Mustard Sauce Au Gratin Potatoes Peas Oatmeal Raisin Cookie	Breakfast for Lunch Pancakes Eggs/Omelets Sausage, Hash Browns, Toast Fruit, Juice & Coffee	Liver w/Onions OR 17 Chicken Cacciatore Mashed Potatoes Wax Beans w/Parsley Gingerbread Cake w/Icing	Pierogies w/ 18 Kielbasa & Onions Carrots Ice Cream Cup	Broiled Fish w/Lemon 19 OR Roast Beef Macaroni & Cheese Green Beans Fresh Apple
Meatball Parm Sub 22 Minestrone Soup Fresh Orange M&M Cookie	Breakfast for Lunch 23 Waffles Eggs/Omelets Bacon, Hash Browns, Toast Fruit, Juice & Coffee	Chicken Salad 24 w/Lettuce & Tomato on Croissant Macaroni Salad Baked Beans Peach Cobbler w/Topping	Beef Stew over Biscuit 25 Cauliflower w/Parsley Warm Spiced Peaches Applesauce Bar	Parmesan Crusted 26 Broiled Fish OR Italian Chicken Breast Quinoa Pickled Beet Salad w/Onion Strawberry Gelatin
Chicken Alfredo over 29 Pasta Spinach Carrots Banana	Breakfast for Lunch 30 French Toast Eggs/Omelets Sausage, Hash Browns, Toast Fruit, Juice & Coffee	M/W/TH/F: call by 12:00 the day before to order your lunch. \$3.50 donation requested. Lunch served at 11:45AM. Reservations are not necessary for Tuesday's "Breakfast for Lunch"; it's served 10:30AM-12:00 noon. <i>The lunch program is sponsored by the US Administration on Aging, the NY State Office for Aging, Broome County Office for Aging and JCSC participants.</i>		