

# March's Menu – Bon Appétit!

For Broome County Senior Centers. **Reservations are needed by noon the day before.** Menu subject to change.  
A contribution of \$4.00 is requested for people age 60+ and spouse of any age. Those under age 60 are charged \$5.00 per meal.

*No one age 60+ shall be denied a meal due to an inability or unwillingness to contribute.*

				<b>Pork Loin</b> 3/1 <b>Or Herbed Fish w/Lemon</b> Roasted Potatoes Corn Applesauce
<b>Meatball Parmesan Sub</b> 4 Minestrone Soup Fruit Cup Lorna Doone Cookies	<b>Roasted Chicken</b> 5 Mashed Potatoes Country Blend Vegetables Pineapple	<b>Roast Turkey</b> 6 Apple Bread Dressing Winter Squash Pumpkin Cake	<b>Ham Au Jus</b> 7 <b>OR Citrus Rubbed Fish</b> Pasta Fagioli Soup Mandarin Oranges Spice Cake	<b>Salisbury Steak</b> 8 <b>OR Herbed Broiled Fish</b> Cheesy Potatoes Cut Green Beans Oatmeal Cookie
<b>Four Cheese</b> 11 <b>Macaroni &amp; Cheese</b> Stuffed Pepper Soup Carrots Chocolate Chip Cookie	<b>Halupki</b> 12 <b>OR Chicken Cutlet</b> Mashed Potatoes Peas w/Pearl Onions Mandarin Oranges	<b>Pub Burger</b> 13 <b>OR Tuna Salad Sandwich</b> Broccoli Cheddar Soup Fruit Cup Chocolate Cake	<b>Vegetable Lasagna</b> 14 <b>Casserole</b> Wax Beans w/Pimento Garden Salad Snickerdoodle Cookie	<b>St. Patrick's Day Party!</b> <b>Corned Beef</b> 15 <b>OR Beer Battered Fish</b> Roasted Potatoes Baby Carrots Key Lime Pie Cups <div>\$5.00</div>
<b>Breaded Chicken</b> 18 <b>Sandwich</b> Beef Vegetable Soup Peaches Oatmeal Raisin Cookie	<b>Pierogies w/Kielbasa</b> 19 Carrots Chocolate Chip Cookie	<b>Teriyaki Chicken</b> 20 <b>OR Liver w/Onions</b> Roasted Red Potatoes Oriental Blend Vegetables Tapioca Pudding w/Mandarin Oranges	<b>Manicotti</b> 21 Cauliflower w/Parsley Garden Salad Peach Cobbler	<b>Turkey &amp; Provolone</b> 22 <b>OR Egg Salad</b> <b>On Marble Rye Bread</b> Bacon Corn Chowder Fruit Cup Sugar Cookie
<b>Ziti Sausage Bake</b> 25 Carrots Wax Beans Double Chocolate Chip Cookie	<b>Breaded Fish</b> 26 <b>OR Pub Burger</b> Canadian Cheese Soup Pea Salad Banana	<b>Chicken Salad</b> 27 <b>Croissant</b> Mushroom & Roasted Garlic Soup Cottage Cheese Pineapple	<b>Chicken Florentine</b> 28 <b>OR Halupki</b> Mashed Potatoes California Blend Vegetables Chocolate Brownie	<b>Beef Stroganoff</b> 29 <b>Or Broiled Fish w/Lemon</b> Buttered Noodles Winter Squash Apple Crisp

*Funded by: NYSOFA, US Dept. of Health & Human Services – Administration on Community Living and Broome County Office for Aging*