

May's Menu – Bon Appétit!

For Broome County Senior Centers. **Reservations are needed by noon the day before.** Menu subject to change.

A suggested voluntary contribution of \$4.00 is requested for people age 60+ and spouse of any age.

Those under age 60 are charged \$5.00 per meal. *No one age 60+ shall be denied a meal due to an inability or unwillingness to contribute.*

<p>Did you know the Senior Center Lunches offer low sugar options for dessert, we call it Alternate (ALT) Just let us know when you make your reservation for your lunch. The alternate menu may be helpful to those with diabetes, those desiring to lose weight, and to those who simply prefer the alternate menu options.</p>				<p>Caribbean Jerk 5/1 Chicken OR Broiled Fish Rice & Peas Cabbage & Carrots Coconut Cream Pie</p>	
<p>Beef Stew over 4 Over a Biscuit Cut Green Beans Warm Spiced Apples Cranberry Oatmeal Cookie</p>	<p>Cinco de Mayo 5 Ancho Lime Chicken Chicken Enchilada Soup Mexicorn Key Lime Pie Cups</p>	<p>Grandma's Meatloaf 6 OR Halupki Mashed Potatoes Carrots Fresh Apple</p>	<p>Manicotti w/Sauce 7 Italian Green Beans Garden Salad Banana</p>	<p>Mother's Day Celebration 8 Chicken Cordon Bleu OR Broiled Fish w/Lemon Baked Potato Peas w/Pearl Onions Lemon Meringue Pie</p>	
<p>Turkey Tetrazzini 11 Carrots Ice Cream Cup</p>	<p>Kielbasa 12 OR Beer Battered Fish Pierogies w/Onions Broccoli Florets Sugar Cookie</p>	<p>Roasted Chicken Thigh 13 Bread Dressing French Cut Green Beans Pumpkin Pie</p>	<p>Grandma's Meatloaf 14 OR Shrimp Scampi Alfredo Pasta Spinach Fresh Orange</p>	<p>Cream of Broccoli 15 Soup Deluxe Garden Salad Applesauce Oatmeal Raisin Cookie</p>	
<p>Carbonara Sauce 18 With Chicken & Spinach Over Pasta Wax Beans w/Pimento Sherbet Cup</p>	<p>Turkey & Provolone 19 On Marble Rye Sausage Florentine Soup Cottage Cheese Pineapple</p>	<p>Salisbury Steak 20 OR Halupki Mashed Potatoes Carrots Chocolate Brownie</p>	<p>Teriyaki Chicken 21 Baked Potato Oriental Blend Vegetables Pineapples & Mandarin Oranges</p>	<p>Pub Burger 22 OR Beer Battered Fish Baked Beans Tossed Salad Blueberry Crisp</p>	
<p>Closed in Observance 25 of Memorial Day</p>	<p>Four Cheese Macaroni 26 & Cheese Stewed Tomatoes Brussels Sprouts Fresh Orange</p>	<p>Lasagna Soup 27 Deluxe Garden Salad Applesauce Chocolate Chip Cookie</p>	<p>Roasted Chicken Thigh 28 Mashed Potatoes Country Blend Vegetables Peach Cobbler</p>	<p>Chicken OR Tuna Salad 29 Croissant Vegetable Soup LF Cottage Cheese Pineapple</p>	