

# MENU

# MAY 2019

Monday	Tuesday	Wednesday	Thursday	Friday
<p><b>Monday / Wednesday / Thursday / Friday:</b> Reservations are needed by noon the day before. Lunch is served at 11:45AM.</p> <p><b>Tuesday's "Breakfast for Lunch":</b> Reservations are <b>not</b> necessary. It is served 10:30AM-12:00 noon.</p> <p>A contribution of \$3.50 is requested for those age 60+; \$4.50 for those under age 60.</p> <p><i>The lunch program is sponsored by the US Administration on Aging, the NY State Office for Aging, Broome County Office for Aging and JCSC participants.</i></p>				
		1	2	3
		<p><b>Braised Mexican Pork OR Italian Chicken</b> Mexican Rice Peas Lemon Pudding w/ Topping</p>	<p><b>Cheese Baked Penne Casserole</b> Broccoli Zucchini Orange Cranberry Bar</p>	<p><b>Beef Burgundy OR Spinach Parmesan Pollack</b> Summer Squash &amp; Carrots Buttered Noodles Pineapple &amp; Mandarin Oranges</p>
6	7	8	9	10
<p><b>Cheese Lasagna Bake</b> Zucchini Banana Sugar Cookie</p>	<p><b>Breakfast for Lunch</b> Pancakes Eggs/Omelets Bacon, Hash Browns, Toast Fruit, Juice &amp; Coffee</p>	<p><b>Herb Crusted Pork Loin OR Citrus Herbed Pollack</b> Couscous Pilaf Peas w/Sautéed Mushrooms Fruited Gelatin w/ Topping</p>	<p><b>Hot Dog OR Chicken Spiedies on Roll</b> Baked Beans Red Potato Salad Black Forest Pudding</p>	<p><i>Mother's Day Luncheon</i> <b>Salmon Patty w/ Dill OR Basil Chicken</b> Brown Rice Capri Veggies Banana Cake w/ Icing</p>
13	14	15	16	17
<p><b>Macaroni &amp; Cheese</b> Stewed Tomatoes Sliced Carrots Chocolate Chip Cookie</p>	<p><b>Breakfast for Lunch</b> Waffles Eggs/Omelets Sausage, Hash Browns, Toast Fruit, Juice &amp; Coffee</p>	<p><b>Sliced Turkey w/ Gravy OR Liver w/ Onions</b> Mashed Potatoes w/Gravy Corn Fruit Cocktail</p>	<p><b>Beef Stroganoff</b> Buttered Noodles Garden Salad Vanilla Pudding w/ Mandarin Oranges</p>	<p><b>Meatloaf w/Gravy OR Spinach Parmesan Pollack</b> Baked Potato w/ Sour Cream Summer Squash &amp; Carrots Raspberry Brownie Delight</p>
20	21	22	23	24
<p><b>Ham Steak w/ Honey Mustard Sauce</b> Au Gratin Potatoes Peas Oatmeal Raisin Cookie</p>	<p><b>Breakfast for Lunch</b> French Toast Eggs/Omelets Bacon, Hash Browns, Toast Fruit, Juice &amp; Coffee</p>	<p><i>BBQ Chicken Luncheon</i> <b>Rotisserie Chicken</b> Baked Beans Red Potato Salad Strawberry Shortcake</p> <p><b>\$4.25</b></p>	<p><b>Pierogies w/ Kielbasa &amp; Onions</b> Sliced Carrots Ice Cream Cup</p>	<p><b>Broiled Fish w/ Lemon OR Sliced Roast Beef</b> Macaroni &amp; Cheese Green Beans Fresh Whole Apple</p>
27	28	29	30	31
<p><b>JCSC is Closed in Observance of Memorial Day!</b></p>	<p><b>Breakfast for Lunch</b> Breakfast Sandwich on an English Muffin Eggs/Omelets Sausage, Hash Browns, Toast Fruit, Juice &amp; Coffee</p>	<p><b>Chicken Salad Croissant</b> Baked Beans Macaroni Salad Peach Cobbler</p>	<p><b>Beef Stew over Biscuit</b> Cauliflower w/ Parsley Warm Spiced Peaches Applesauce Bar</p>	<p><b>Italian Chicken OR Parmesan Crusted Broiled Fish</b> Seasoned Quinoa Beet Salad Strawberry Gelatin</p>