

November's Menu – Bon Appétit!

For Broome County Senior Centers. **Reservations are needed by noon the day before.** Menu subject to change.

A suggested voluntary contribution of \$4.00 is requested for people age 60+ and spouse of any age.

Those under age 60 are charged \$5.00 per meal. *No one age 60+ shall be denied a meal due to an inability or unwillingness to contribute.*

Four Cheese Macaroni & Cheese Stewed Tomatoes Brussels Sprouts Mandarin Oranges	3	Teriyaki Chicken Brown Rice Pilaf Asian Blend Vegetables Ice Cream Cup	4	Grandma's Meatloaf OR Shrimp Scampi Alfredo Pasta Broccoli Florets Peaches	5	Lemon Basil Chicken OR Sausage Link Roasted Potatoes California Blend Vegetables Pumpkin Cake	6	Turkey w/Provolone OR Tuna Salad Chicken Noodle Soup Applesauce Oatmeal Cookie	7
Veterans Day Recognition Broccoli Cheese Chicken Mashed Potatoes Country Blend Vegetables Peanut Butter Pie Cups	10	Senior Centers Closed For Veterans Day Recognition	11	Meatball Parm Sub Sausage Soup Pears White Chocolate Macadamia Cookie	12	Roasted Chicken Thigh OR Halupki Mashed Potatoes Peas & Carrots White Oreo Cake	13	Chicken Cutlet OR Crab Cake Baked Potato Coleslaw Harvest Pumpkin Coffeecake	14
Beef Stew over Over a Biscuit Cut Green Beans Warm Spiced Apples Cranberry Oatmeal Cookie	17	Breaded Chicken Roasted Potatoes Cottage Cheese Peaches	18	Thanksgiving Luncheon Roast Turkey Bread Dressing Corn Cranberry Sauce Pumpkin Pie	19	Manicotti Italian Green Beans Garden Salad Tapioca Pudding	20	Pub Burger OR Hot Dog Baked Beans Red Potato Salad Ice Cream Cup	21
BBQ Chicken Breast OR Kielbasa Pierogies w/Onions Broccoli Florets Lemon Pudding	24	Beef Burgundy Over Buttered Noodles Peas & Carrots Peaches	25	Salisbury Steak OR Halupki Mashed Potatoes French Cut Green Beans Sherbet Cup	26	Senior Centers Closed Happy Thanksgiving	27	Senior Centers Closed	28