

October's Menu – Bon Appétit!

For Broome County Senior Centers. **Reservations are needed by noon the day before.** Menu subject to change.

A suggested voluntary contribution of \$4.00 is requested for people age 60+ and spouse of any age.

Those under age 60 are charged \$5.00 per meal. *No one age 60+ shall be denied a meal due to an inability or unwillingness to contribute.*

A friendly reminder - if you’ve made a lunch reservation and cannot attend please call and cancel, someone could be waiting for your meal.		Breaded Chicken Cutlet Sandwich Red Potato Salad Corn & Dill Salad Vanilla Pudding w/Berries	1	Grandma’s Meatloaf OR Halupki Mashed Potatoes French Cut Green Beans Chocolate Cake	2	Kielbasa OR Citrus Broiled Fish Pierogies w/Onions Peas Apple Crisp	3		
Ham & Swiss on Rye Stuffed Pepper Soup Applesauce Ice Cream Cup	6	Shrimp Scampi OR Salisbury Steak Alfredo Pasta Broccoli Florets Pineapple Cake	7	Caesar Chicken Breast OR Sausage Link Southwest Brown Rice & Bean Salad Pineapple Chocolate Chip Cookie	8	Turkey & Provolone On Marble Rye Mediterranean Pasta Salad Mandarin Oranges Harvest Pumpkin Coffeecake	9	Manicotti Wax Beans Garden Salad Confetti Cookie	10
Rotisserie Chicken Red Potato Salad Baked Beans Key Lime Pie Cups	13	Four Cheese Macaroni & Cheese Stewed Tomatoes Brussels Sprouts Mandarin Oranges	14	Teriyaki Chicken Brown Rice Pilaf Asian Blend Vegetables Pears	15	Liver w/Onions OR Roasted Chicken Mashed Potatoes Peas & Carrots Blueberry Coffeecake	16	Chicken Salad OR Egg Salad Croissant Harvest Vegetable Soup Mandarin Oranges Cranberry Oatmeal Cookie	17
Meatball Parm Sub Sausage Florentine Soup Pears Ice Cream Cup	20	Lasagna Soup Garden Salad Peaches Oatmeal Raisin Cookie	21	Roast Turkey Bread Dressing Corn Peanut Butter Pie Cups	22	Beef Burgundy OR Chicken Marsala Over Noodles French Cut Green Beans Pineapple Tidbits	23	Pub Burger OR Beer Battered Fish Roasted Potatoes Country Blend Vegetables Pumpkin Cake	24
Chicken Thigh OR Kielbasa Pierogies w/Onions Diced Beets Lemon Pudding	27	BBQ Pulled Chicken Sandwich Macaroni & Cheese Three Bean Salad Sherbet Cup	28	Beef Stroganoff Over Buttered Noodles Carrots Peach Cobbler	29	Roast Pork w/Apricot OR Broiled Fish w/Lemon Scalloped Potatoes Hawaiian Coleslaw Cinnamon Applesauce	30	Happy Halloween! Chicken Cordon Bleu OR Beer Battered Fish Baked Potato Peas w/Pearl Onions Red Velvet Pie Cups	31