

MENU

SEPTEMBER 2019

Monday	Tuesday	Wednesday	Thursday	Friday
<p>2</p> <p>JCSC Closed in Observance of Labor Day</p>	<p>3</p> <p><u>Breakfast for Lunch</u> Pancakes Eggs/Omelets Sausage, Hash Browns, Toast Fruit, Juice & Coffee</p>	<p>4</p> <p><u>Soup, Salad, Sandwich Bar Also Available</u> Liver w/ Onions OR Rotisserie Chicken w/ Marengo Sauce Mashed Potatoes w/ Gravy Waxed Beans Raspberry Brownie Delight</p>	<p>5</p> <p><u>Soup, Salad, Sandwich Bar Also Available</u> Two Pierogies w/ Kielbasa and Onions w/ LF Sour Cream Sliced Carrots Ice Cream Cup</p>	<p>6</p> <p>Broiled Fish w/ Lemon OR Sliced Roast Beef w/ Gravy Macaroni & Cheese Green Beans Vanilla Cake w/ Vanilla Icing</p>
<p>9</p> <p>Meatball Parmesan Sub Minestrone Soup w/ Pasta Fresh Orange M&M Cookie</p>	<p>10</p> <p><u>Breakfast for Lunch</u> Waffles Eggs/Omelets Bacon, Hash Browns, Toast Fruit, Juice & Coffee</p>	<p>11</p> <p><u>Soup, Salad, Sandwich Bar Also Available</u> Chicken Salad Croissant w/ Lettuce & Tomato Herb-Roasted Potatoes Corn Applesauce Bar</p>	<p>12</p> <p><u>Soup, Salad, Sandwich Bar Also Available</u> Beef Stew over a Biscuit California Blend Veggies Warm Spiced Peaches Chocolate Pudding w/ Whipped Topping</p>	<p>13</p> <p>Italian Chicken OR Parmesan-Crusted Broiled Fish Seasoned Quinoa Cucumber & Tomato Salad Strawberry Gelatin w/ Topping</p>
<p>16</p> <p>Chicken Alfredo over Rotini Pasta Green Beans Banana</p>	<p>17</p> <p><u>Breakfast for Lunch</u> Breakfast Sandwich Eggs/Omelets Sausage, Hash Browns, Toast Fruit, Juice & Coffee</p>	<p>18</p> <p><u>Soup, Salad, Sandwich Bar Also Available</u> \$4.25 <u>Apple Fest Day!</u> Roast Turkey w/ Dressing Apple Bread Dressing w/ Gravy Monte Carlo Blend Veggies Apple Crisp</p>	<p>19</p> <p><u>"Build Your Own Burger" Bar</u> Four Cheese Baked Penne Casserole Wax Beans w/ Parsley Orange Cranberry Crumb Bar</p>	<p>20</p> <p>Beef Burgundy OR Spinach-Parmesan Pollack Buttered Noodles California Blend Veggies Pineapple & Mandarin Oranges</p>
<p>23</p> <p>Mozzarella Pasta Bake Green Beans Banana Sugar Cookie</p>	<p>24</p> <p><u>Breakfast for Lunch</u> French Toast Eggs/Omelets Bacon, Hash Browns, Toast Fruit, Juice & Coffee</p>	<p>25</p> <p><u>Soup, Salad, Sandwich Bar Also Available</u> <u>Citrus-Herbed</u> Pollack OR Herb-Crusted Pork Loin w/ Gravy Couscous Pilaf Peas w/ Sautéed Mushrooms Fruit Gelatin w/ Topping</p>	<p>26</p> <p><u>Soup, Salad, Sandwich Bar Also Available</u> Chicken Spiedie OR Sausage Link w/ Peppers & Onions Sliced Carrots Broccoli Pasta Salad Black Forest Pudding w/ Cherries & Topping</p>	<p>27</p> <p>Basil Chicken Breast OR Salmon Patty w/ Dill Mashed Potatoes w/ Gravy Beet, Cucumber & Onion Salad LF Banana Cake w/ Vanilla Icing</p>
<p>30</p> <p>Macaroni & Cheese Stewed Tomatoes Sliced Carrots Chocolate Chip Cookie</p>	<p>Monday / Wednesday / Thursday / Friday: Reservations are needed by noon the day before. Lunch is served at 11:45AM.</p> <p>Tuesday "Breakfast for Lunch": Reservations are not necessary. Breakfast for Lunch is served 10:30AM-12:00 noon.</p> <p>A contribution of \$3.50 is requested for people age 60+ and spouse of any age. Those under age 60 are charged \$4.50 per meal. No one age 60+ shall be denied a meal due to an inability or unwillingness to contribute.</p> <p><i>The lunch program is funded by: NYSOFA, US Department of Health & Human Services—Administration on Community Living, and Broome County Office for Aging.</i></p>			