

## Centering Prayer Ministry Presents 2019-20 Calendar of Events

### Introduction to Centering Prayer Workshop:

August 16-18	St. Gertrude's Monastery, Cottonwood, Idaho
	Register on line at <a href="http://stgertrudes.org">stgertrudes.org</a>
September 26 & Oct 3	St. Mark's Catholic Church
January 8,15,22,29	St. Michael's Cathedral
Mar 4,11,18,25 & Apr 1	Covenant Presbyterian Church

### Wednesday Mornings of Reflection:

Nazareth Retreat Center  
4450 N Five Mile Road  
9 a.m. to noon

October 9, 2019  
December 11, 2019 – Advent  
May 13, 2020

### United in Prayer:

Saint Stephen's Episcopal Church  
2206 N Cole Road  
March 18, 2020 from 9 a.m. to 2 p.m.

### Centering Prayer Retreats:

Intensive 7-Day Retreat

St. Gertrude's Monastery, Cottonwood, ID  
March 30 – April 5, 2020

**Contact:** [www.Spirit-Center.org](http://www.Spirit-Center.org)

Weekend Retreat

Ascension Priory, Jerome, Idaho  
June 19 – 22, 2020

Contact: Ann Marie Reuter, [reuterannmarie@yahoo.com](mailto:reuterannmarie@yahoo.com)

**Contact:** Marti Taylor 208-939-3351 or [martitaylor14@gmail.com](mailto:martitaylor14@gmail.com)

## Centering Prayer Events

**The Centering Prayer Ministry offers three distinct events during the year:**

**“Morning of Reflection/Day of Reflection”** A time to get away from your normal patterns of life and reflect on God’s movement in your life and discern God’s will for your life. The event is filled with different prayer styles: Lectio Divina, Audio Divina, or Visio Divina, spiritual exercises, meditative walk, and Centering Prayer.

### **“The Introduction to Centering Prayer Workshop”**

“Be still and know that I Am God” Psalm 46:10.

If you are looking for a deeper relationship with God and want to learn a meditative or contemplative way to pray, then you are cordially invited to attend an Introduction to Centering Prayer Workshop. This event provides information and training on Centering Prayer, and consists of four conferences:

- Conference One: An Introduction and History of Centering Prayer, and Prayer as Relationship;
- Conference Two: The Method of Centering Prayer (which consists of four guidelines) and the First 20-minute Period of Centering Prayer;
- Conference Three: Thoughts and Use of the Sacred Word and the Second 20-minute Period of Centering Prayer;
- Conference Four: Deepening Our Relationship with God and follow-up activities

August 16 - 18 – Monastery of St. Gertrude, Cottonwood, ID

Sept 26 and Oct 3 – Saint Mark’s Catholic Church

January 8, 15 22, & 29, 2020 – Saint Michael’s Episcopal Cathedral

Wednesdays in Lent 2020 – Covenant Presbyterian Church of Boise

### **Retreats**

The purpose of a retreat is to take time away from our daily routine and rest in God. We immerse ourselves in the practice of Centering Prayer in an atmosphere of profound silence with a community of fellow contemplative participants.

Intensive Retreat

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March 30 – April 5, 2020

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Weekend Retreat

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June 19-22, 2020

Contact: [reuteranmarie@yahoo.com](mailto:reuteranmarie@yahoo.com)