

Pastor Notes

Often in my conversations with people, I hear them speak of a lot that is wrong with their lives. From their health to problems on the job, it seems we spend much energy dwelling on the situations that are less than ideal. At times this can consume us with the unfortunate result that we become devoid of the energy needed to find a resolution to these situations.

In times like these, we tend to forget that there are a lot of blessings in our lives. We get so caught up in the misfortune that we often fail to recognize them and put them to good use. These blessings include the gifts and talents that we have been given as well as skills that we have developed over the years. By making the effort to draw on these, we gain a certain confidence which, in some cases, may set our minds working to either find a resolution to the problem we face or at least find a way of reconciling ourselves with the situation.

Lent is a time of conversion and self-reflection provides an excellent opportunity for us to change our way of thinking and our outlook on life. What gifts and blessings have I been given that I haven't thought about in a while? Does my outlook on life need a lift? Take time this Lent and beyond for an attitude adjustment with positive results. You'll see the difference. It's worth the effort.

Today we welcome *Abbot Gary* and *Abbot Clement* who will be celebrating the 12:15 Mass with us. *Abbot Clement* is receiving the *Religious of the Year Award* at the *Knights of Columbus Awards Dinner* as he celebrates 60 years in the Holy Priesthood this coming May.

Congratulation Abbot Clement!