



# FAITH & FAMILY CONNECTION



Dec 13th, 2021

What is kindness? It is defined as expressing genuine concern about the well-being of others; anticipating their needs. Most everyone knows what it means to be kind to others. It is a simple concept that is mentioned many times in the Bible. Yet, so many of us struggle to show unconditional kindness to others, especially those who, in our minds, don't 'deserve' kindness. In the parable of the Good Samaritan (Luke 10:25-37) Jesus says to "love your neighbor as yourself" and is then asked "who is my neighbor?" Read this passage and talk with your family about who your neighbors are that you are called to show kindness to.

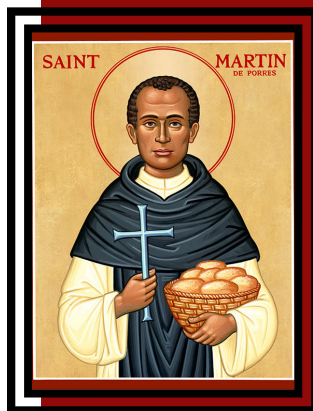
## VIRTUE OF THE WEEK: KINDNESS

"BE KIND AND COMPASSIONATE TO ONE ANOTHER, FORGIVING EACH OTHER, JUST AS IN CHRIST, GOD FORGAVE YOU."  
Ephesians 4:32



### Ideas for Families:

- **Read together:**  
**Luke 6:27-31**
- **Discuss:** How does this Luke passage challenge you to be kind? Discuss a time when someone showed you kindness and how it made you feel.
- **Pray** for opportunities to show unconditional kindness to those who are unkind to you.



St. Martin de  
Porres

St. Martin de Porres was a Dominican lay brother in Peru who did much of the manual labor around the friary. He was known among his brothers for his constant kindness. He saved novices from getting into trouble, cared for sick brothers no one else had noticed, and was even benevolent towards sick and injured animals. He viewed his tasks of cooking, cleaning, and caring for others as his way of showing God's love.