

THE MOST HOLY EUCHARIST

a Sacrament of Initiation

I throw myself at the foot of the Tabernacle like a dog at the foot of his Master. -St. John Vianney

Scripture:

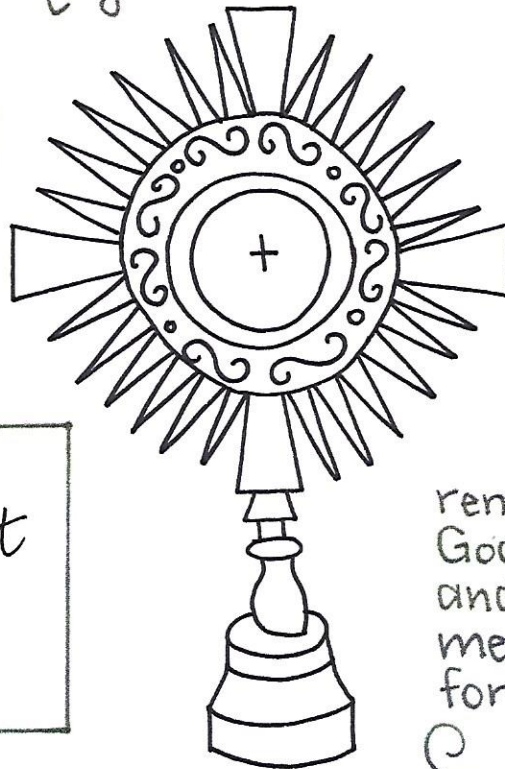
Luke 22:14-20

Catechism of the Catholic Church:

1322 - 1419

Did you know...

The Eucharist
DESTROYS
venial sin!



What does the word Eucharist strictly mean?

The word Eucharist strictly means pleasing and this Sacrament is so called because it renders us most pleasing to God by the grace it imparts, and it gives us the best means of thanking Him for all His blessings.

Monthly Challenge

- read the Bread of Life discourse (John 6)
- learn about a Eucharistic miracle (check out miracolieucharistici.org - an exhibition designed and created by Blessed Carlo Acutis)
- spend an extra few minutes in prayerful adoration of the Blessed Sacrament before or after Mass