
INTRODUCING

SAINT
ZITA'S *hands*

FINDING KEYS TO A *holier* LIFE



Calling on all moms and girls! What is Saint Zita's Hands? It is a new group designed for girls in the third grade all the way through Seniors in high school. Have you ever wondered what possibilities are out there for yourself, or your daughter? Do you want to serve the Lord somehow, but not know where to begin? Where does a young lady fit within today's Catholic Church? What can you or your daughter do to help the Church and the community?

St. Zita's Hands will explore the possibilities of God's calling to our lives as females, while also learning more about the Catholic faith, all the while serving our family of parishes! Each month, the hope is to take part in assisting one of the parishes within the St. Henry Family with upkeep, followed by fellowship in learning about a devotion within our Catholic faith, and an activity which would lead to raising funds for a need within our churches or community.

The group would meet once a month on the First Saturdays following the 8:00am Mass. The hopes are to finish the meeting at 11:30am. There will be fellowship shared over a packed lunch following the 11:30am meeting end time for those who are interested. We plan to have our introductory meeting on **Saturday, April 22**, following mass at St. Bernard in the St. Bernard church basement to introduce the group to those interested.

The mission of St. Zita's Hands is to help girls find joy in their femininity within the Church, to grow deeper in their Catholic faith, discover the vocation to which God calls them in His Church, to learn devotions and virtues of the faith, to participate in acts of mercy and charity, and to learn our responsibilities within the Church. We know this is not possible through one encounter, but by planting seeds and watering them through time so they may blossom into great works of God. Through the intercession of St. Zita, we pray this will be possible for all the girls who encounter the group. We will learn to "trust her with the keys" on our journey to a holier life.



To make this group possible, we need adult volunteers and girls willing to explore the possibilities that are before them in the life God has blessed them with. If you are interested, please use the signup on the back of this flyer and return to the office, in the collection basket, or directly to Kelly Jo Siefring.

If you have any questions or concerns, please reach out to:
Kelly Jo Siefring - call/text: 419-852-9884 - kellyjosiefring@gmail.com

ST. ZITA, pray for us! JESUS, MARY, AND JOSEPH, pray for us!

Portrait Art © Tracy L. Christianson

☐ YES! My daughter(s) is interested in joining St. Zita's Hands!

Daughter Name: _____ Age: _____ Grade: _____

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Daughter Name: _____ Age: _____ Grade: _____

☐ YES! I am willing to assist at the meetings for St. Zita's Hands!

Name: _____ Phone: _____ *circle one* call | text

Email: _____ SafeParish Certified *circle one* yes | no | plan to

(PLEASE CUT ON THE DOTTED LINES AND RETURN THIS PORTION TO KELLY JO SIEFRING)



As mentioned before, there is a need for adult volunteers and girls willing to explore the possibilities that are before them in the life God has blessed them with. Mothers of signed up girls are invited along with those who do NOT have children participating! Perhaps you are an individual who is passionate about sharing God's purpose for us as women and young ladies? Or, even, a

young lady who would like to share her faith? Do you just want to be apart of something positive in our cluster family? You are welcome to signup to assist at our meetings, as well. **Please note**, any volunteers working with youth or employees of the St. Henry Cluster *must be* **SafeParish certified**. This can be done by going to <https://www.sthenrycluster.com/safeparish>

Mothers and guardians, if you are NOT Safe Parish certified, please consider doing so. I would like to create a rotation for helpers to lighten the load on those that are currently SafeParish certified. This rotation will be compiled and handed out at the May meeting. **Adult assistance is necessary to make all this possible**. Your understanding is greatly appreciated. If you know you will be unavailable to make it to a particular month's meeting, please do let me know and I will be sure to not schedule you on that month. If you have any questions or concerns, please reach out to Kelly Jo.



The introductory meeting will be **Saturday, April 22** following the 8:00am Mass in the St. Bernard church basement. We plan on starting the meeting at 9:15 for those not able to attend mass.

I am asking that all children are accompanied by their mother, if possible, so they can know what the experience of St. Zita's

Hands entails. During this meeting we will be introduced to St. Zita and talk about what we will be doing at all of our monthly meetings, which will begin on May 6th following the 8:00am Mass in the St. Bernard church basement. We plan on starting the meeting at 9:15 for those not able to attend mass that day. Beginning in May, St. Zita's Hands will go in a four month rotation to the other parishes.

We plan on having a baking activity for that day for all to partake in. Please be sure to confirm your attendance with the slip above to ensure we have enough supplies. The first meeting is NOT a commitment. It is a way for you to experience what our meetings will be like each month. Minor release forms will be available this day to fill out for all who want to signup for the remainder of the year! We are looking forward to sharing in this experience with you!

ST. ZITA, *pray for us!* JESUS, MARY, AND JOSEPH, *pray for us!*