



NOTRE DAME SCHOOL OF BETHLEHEM

1835 Catasauqua Road, Bethlehem, PA 18018
Phone # 610-866-2231 * www.ndbethlehemschool.org

Daily Symptom Monitoring

Please complete this checklist on a daily basis with your child to monitor for symptoms of COVID-19.

Has your child been exposed to anyone with a confirmed case of COVID-19 in the past 14 days?

If yes, the student should stay home from school. The student can return to school 14 days after the last time that they had close contact with someone diagnosed with COVID-19.

Column A If you checked 1 or more symptoms, student should stay home from school	Column B If you have checked 2 or more symptoms, student should stay home from school.
<ul style="list-style-type: none">○ Fever (100.4 or higher)○ Cough○ Shortness of breath○ Difficulty breathing○ Nausea or vomiting○ Diarrhea	<ul style="list-style-type: none">○ Lack of smell or taste (without congestion)○ Sore throat○ Chills○ Muscle pain○ Headache○ Congestion or runny nose

1. For a current list of symptoms see CDC's website:
<https://www.cdc.gov/coronavirus/2019-ncov/symptoms-testing/symptoms.html>
2. The temperature considered a fever during screening differs based on how temperature is taken. Any fever reported by an employee, even if no thermometer was used, should be considered as symptomatic.

Scenario	Exclude from School	Return to School
#1 No Symptoms	No	Not applicable
#2 COVID-19 Symptoms	Yes	<p>Individuals should contact their physician or healthcare provider to determine if they should be tested for COVID-19.</p> <ul style="list-style-type: none"> ➤ Individuals who are prescribed a COVID-19 test are required to remain at home until the results of the test come back. ➤ If a COVID-19 test is not prescribed or the test is negative, return to school if the individual has not had a fever for at least 24 hours without fever reducing medicine. If a COVID-19 test is not prescribed, the individual must provide a physician's note stating the test was not prescribed upon his or her return to school. ➤ Per school policy, any individual absent for three or more days must provide a physician's note upon his or her return to school. ➤ If the test is positive, follow return to school guidelines under Scenario #3.
#3 Positive COVID-19 Test with Symptoms	Yes	<ul style="list-style-type: none"> ➤ Individuals who have tested positive for COVID-19 cannot return to school until they have been isolated at home for at least 14 days after the onset of symptoms. Individuals must be fever free for at least 24 hours without fever reducing medicine and provide a physician's note on the day of their return.
#4 Close Contact with or Household Member of Someone with COVID-19	Yes	<p>Individuals should be tested for COVID-19.</p> <ul style="list-style-type: none"> ➤ Close contact is defined as having been within 6 feet while not wearing personal protective equipment of an individual who has tested positive. ➤ A household member is defined as someone residing in the same home as an individual who has tested positive. ➤ Any student or staff member must remain at home and follow the quarantine directives issued by the Department of Health.
#5 Travel Quarantines	Yes	<ul style="list-style-type: none"> ➤ If a family travels outside Pennsylvania to another state or area designated by Pennsylvania as high risk, the family should notify the school's administration. Family members will be expected to adhere to Pennsylvania's established quarantine period. ➤ The school's administration and district nurse will maintain frequent contact with the PA Department of Health to identify close contacts of confirmed COVID-19 cases and obtain the PA Department of Health's recommendations for notifications, exclusions, and closures.