



# SEPTEMBER



## Washington Catholic School Lunch Menu

*\*This institution is an equal opportunity provider\**

| Monday                                                                                                                                         | Tuesday                                                                                                                                            | Wednesday                                                                                                              | Thursday                                                                                                                                                                       | Friday                                                                                                                       |
|------------------------------------------------------------------------------------------------------------------------------------------------|----------------------------------------------------------------------------------------------------------------------------------------------------|------------------------------------------------------------------------------------------------------------------------|--------------------------------------------------------------------------------------------------------------------------------------------------------------------------------|------------------------------------------------------------------------------------------------------------------------------|
|                                                                                                                                                | 1                                                                                                                                                  | 2                                                                                                                      | 3                                                                                                                                                                              | 4                                                                                                                            |
|                                                                                                                                                | Loaded Beef Nachos<br>Seasoned Black Beans<br>Salsa<br>Orange Slices or Juice<br>Milk<br><br>*PB Sandwich<br>*Chef Salad                           | Meatball Sub<br>Side Salad<br>Sliced Peppers w/Dip<br>Mixed Fruit<br>Cookie<br>Milk<br><br>*PB Sandwich<br>*Chef Salad | Chicken Patty Sandwich<br>Sweet Potato Fries<br>Green Beans<br>Tropical Fruit or Juice<br>Milk<br><br>*PB Sandwich<br>*Chef Salad                                              | Cheese Quesadilla<br>Corn<br>Carrot Sticks w/Dip<br>Peaches<br>Milk<br><br>*PB Sandwich<br>*Chef Salad                       |
| 7                                                                                                                                              | 8                                                                                                                                                  | 9                                                                                                                      | 10                                                                                                                                                                             | 11                                                                                                                           |
| Labor Day<br>(No School)                                                                                                                       | Beef Soft Taco<br>Refried Beans<br>Chips and Salsa<br>Mandarin Oranges or Juice<br>Milk<br>*PB Sandwich<br>*Chef Salad                             | WC Cheese Pizza<br>Corn<br>Side Salad<br>Pineapple<br>Chocolate Pudding<br>Milk<br>*PB Sandwich<br>*Chef Salad         | Cheeseburger on Bun<br>Potato Wedges<br>Green Beans<br>Tropical Fruit or Juice<br>Milk<br>*PB Sandwich<br>*Chef Salad                                                          | Grilled Cheese<br>French Fries<br>Cooked Carrots<br>Raisins<br>Milk<br>*PB Sandwich<br>*Chef Salad                           |
| 14                                                                                                                                             | 15                                                                                                                                                 | 16                                                                                                                     | 17                                                                                                                                                                             | 18                                                                                                                           |
| Chicken Strips<br>Cheesy Potatoes<br>Green Beans<br>Mixed Fruit<br>Milk<br><br>*PB Sandwich<br>*Chef Salad                                     | Chicken Fajita<br>Seasoned Black Beans<br>Chips & Salsa<br>Strawberry Cup or Juice<br>Milk<br>*PB Sandwich<br>*Chef Salad                          | Corn Dog<br>Corn<br>Potato Smiles<br>Sliced Peaches<br>Cookie<br>Milk<br>*PB Sandwich<br>*Chef Salad                   | Club Sub (turkey, ham, cheese & bacon on sub bun)<br>Sweet Potato Waffle Fries<br>Celery Sticks w/Dip<br>Sliced Apples or Juice<br>Milk<br>*PB Sandwich<br>*Chef Salad         | Fettuccine Alfredo w/Bosco Stick<br>Steamed Broccoli<br>Spinach Salad<br>Sliced Pears<br>Milk<br>*PB Sandwich<br>*Chef Salad |
| 21                                                                                                                                             | 22                                                                                                                                                 | 23                                                                                                                     | 24                                                                                                                                                                             | 25                                                                                                                           |
| Fried Chicken Leg w/Corn Muffin<br>Mashed Potatoes & Gravy<br>Green Beans<br>Cinnamon Apples<br>Milk<br><br>*PB Sandwich<br>*Chef Salad        | Taco in a Bowl<br>Corn<br>Refried Beans<br>Orange Slices or Juice<br>Milk<br>*PB Sandwich<br>*Chef Salad                                           | Bosco Sticks w/Marinara<br>Side Salad<br>Pineapple<br>Milk<br>*PB Sandwich<br>*Chef Salad                              | <b>Breakfast for Lunch</b><br>French Toast Sticks<br>Sausage Links<br>Hash Rounds<br>Grape Tomatoes<br>Yogurt<br>Mixed Berries or Juice<br>Milk<br>*PB Sandwich<br>*Chef Salad | Fish Sandwich<br>French Fries<br>Cole Slaw<br>Mixed Fruit<br>Cookies<br>Milk<br>*PB Sandwich<br>*Chef Salad                  |
| 28                                                                                                                                             | 29                                                                                                                                                 | 30                                                                                                                     | 1                                                                                                                                                                              | 2                                                                                                                            |
| <b>Kickin' Chicken Bowl</b><br>Popcorn Chicken<br>Mashed Potatoes w/Gravy<br>Corn<br>Sliced Peaches<br>Milk<br><br>*PB Sandwich<br>*Chef Salad | Chicken on the Beach<br>Fajita Chicken<br>Rice w/Queso<br>Refried Beans<br>Chips & Salsa<br>Grapes or Juice<br>Milk<br>*PB Sandwich<br>*Chef Salad | WC Pepperoni Pizza<br>Cauliflower w/Dip<br>Side Salad<br>Applesauce<br>Milk<br>*PB Sandwich<br>*Chef Salad             | Hot Dog on Bun<br>Tater Tots<br>Baked Beans<br>Banana or Juice<br>Milk<br>*PB Sandwich<br>*Chef Salad                                                                          | Spaghetti w/Marinara<br>Bosco Stick<br>Spinach Salad<br>Yogurt<br>Blueberries<br>Milk<br>*PB Sandwich<br>*Chef Salad         |