

First Sunday of Lent
March 10, 2019

Friends,

Jesus spent 40 days in the desert fasting and under frequent if not constant temptation. He refused each and every attempt at Satan's cunning deceptions, fasted through the entire 40 days and continually acknowledged and gave thanks to the father for the world he created. Jesus understood that God the Father brought him into this world to testify to the truth and through his great sacrifice, open the gates of heaven to us all.

As we embark on our Lenten journey the Lord draws our attention to the fact that we are sinners and that sin is what stands between us and Heaven.

We began our 40 days of trial on Ash Wednesday and as we continue on this journey we keep in mind how God brought us out of Egypt away from our oppressors leading us to a land flowing with milk and honey. We are tempted daily just as our Lord was by Satan in the dessert but seldom do we resist these temptations.

The season of Lent gives us many opportunities to resist temptation, turn away from sin, gain absolution for our short comings and refresh our souls in preparation for God's great gift of Heaven. We MUST follow his commandments, take advantage of his divine mercy and bow down before him in his presence for everyone who calls on the name of the Lord will be saved.

"Be with me, Lord, when I am in trouble for you are my defender and protector, you are my God and in you I trust"

Joe Mizera