



St. Joseph the Worker



Family Activity Planner for February 2019

Sunday	Monday	Tuesday	Wednesday	Thursday	Friday	Saturday
						1 Set family goals for the month with each person participating.
2 Groundhog Day: Mom or Dad, give someone a special kiss today.	3 Plan a family talent show for next weekend.	4 Pass on a smile. Happiness is contagious!	5 Acknowledge your teenage children's gifts.	6 Send a plate of goodies to a "favorite person."	7 Take a surprise dinner to someone who is pregnant.	8 Throw a party and have your children as guests of honor.
9 Make valentines for elderly neighbors and friends.	10 Pray for unborn children.	11 Family Discussion: If I only had one day to live, how would I spend it?	12 Ask the children for their ideas about an upcoming family decision.	13 Parents: Share with your children who God is to you.	14 Valentine's Day	15 Start a memory quilt: Each member helps prepare a patch.
16 Enjoy a night in with Family Game Night.	17 Family Discussion: How is our family important to the world?	18 Feed scraps of bread to the birds today. (Don't forget to moisten the bread).	19 Be prepared for an emergency – have a fire drill. And don't forget to check the batteries in your smoke detectors	20 Learn a new song as a family; then share it with another family.	21 Everyone pick a job and clean the house together.	22 Feast Day of the Chair of St. Peter: Take time to pray for our current pope, past popes and future popes.
23 Parents: Talk about your family traditions.	24 Share some of your family resources with another family today.	25 Compliment each member of your family.	26 Ash Wednesday: Attend mass and receive ashes together.	27 Family Discussion: How have we progressed on our family goals this month?	28 NO MEAT. Visit a nursing home: Spread your family's cheer.	29 Visit a shut-in friend.